

USA Cheer – Which Membership Is Right for Me?



In a continuing effort to protect athletes and coaches, Varsity Spirit has partnered with USA Cheer, the USA Federation for Sport Cheer. Additional details about each membership option, as well as FAQs, are available on the [Varsity Spirit page](#) of the USA Cheer Membership site.

Summer Camp 2026 Details:

Free for adult coaches and team personnel attending a Varsity Spirit camp lasting two or more days.

Complete membership requirements at least 2 weeks before camp

Code for Membership: VARSITY2026

Varsity Spirit CHEER Camps: All adults attending an overnight camp in an official capacity with the team, participating at camp and/or serving in a supervisory capacity of the team must have a USA Cheer Membership. For adults other than chaperones, the Cheer Coach Membership is recommended, but either the Cheer Coach, STUNT Coach, Dance Coach, Youth Coach or Professional Membership satisfies this requirement. All parent chaperones are required to hold a Professional Membership. For teams intending to compete this season, at least one coach per program is required to hold a USA Cheer Coach Membership, which includes the mandatory safety training requirement. Membership is strongly recommended for all other coaches and team personnel that attend home camps, day camps and clinics.

Varsity Spirit DANCE Camps: All adults attending an overnight camp in an official capacity with the team, participating at camp and/or serving in a supervisory capacity of the team must have a USA Cheer Membership. For adults other than chaperones, the Dance Coach Membership is recommended, but either the Dance Coach, STUNT Coach, Cheer Coach, Youth Coach or Professional Membership satisfies this requirement. All parent chaperones are required to hold a Professional Membership. For teams intending to compete this season, at least one coach per program is required to hold a USA Cheer Coach Membership, which includes the mandatory safety training requirement. Membership is strongly recommended for all other coaches and team personnel that attend home camps, day camps and clinics.

Varsity Spirit CHEER Competitions/Championships: All school coaches, choreographers and personnel wishing to access the warmup area, backstage or coaches' box must have a USA Cheer Membership. At least one coach, preferably the head coach, must have the Cheer Coach Membership. The Cheer Coach, STUNT Coach or Professional Membership is acceptable for all other personnel. For Youth/Recreation teams, the Youth Coach Membership is acceptable.

Varsity Spirit DANCE Competitions/Championships: All school coaches, choreographers and personnel wishing to access the warmup area, backstage or coaches' box must have a USA Cheer Membership. The Dance, Cheer Coach, STUNT Coach or Professional Membership is acceptable. For Youth/Recreation teams, the Youth Coach Membership is acceptable.

Are you attending an OVERNIGHT CAMP?



Cheer Coach Membership, STUNT, Dance, or Professional Membership
All adults staying overnight must have one or the other.

Are you attending a HOME CAMP/DAY CAMP/CLINIC?



None required.
However, the Coach, Professional, Dance, or STUNT Membership is always recommended.

Are you planning to compete at a Varsity Spirit Competition or National Championship?



Cheer Coach Membership or STUNT Membership
ONE coach MUST have this membership.
ALL other coaches must have either Coach or Professional Membership.

*The safety course that is required for the **Cheer Coach membership** is an additional charge (if you do not have a current certificate). If you do not wish to purchase the safety course at this time, you can change your membership type to Professional – which does not have the safety course requirement. You will want to log back into your account and select the "Upgrade/Change Membership" on the home screen. From there you can select the appropriate membership type.*