VIRTUAL COMPETITION INFORMATION GUIDE

NCA & NDA are proud to continue offering virtual competition opportunities designed to give regional championship experience for teams that may not have an accessible event nearby. The 2026-2027 Virtual Competitions allow programs to compete from their own gyms and studios against teams across the country by recording their routines through the CheerMatch app and uploading their videos to be scored by an NCA or NDA trained judging panel. Routine videos, results and more will be shared following the event.

Who can participate in the Virtual Competition?

All NCA & NDA divisions are offered.

How will divisions be determined for the event?

For NCA, we will follow the splitting divisions guidelines outlined on our 2026-2027 Division Listing. For NDA, we will follow the splitting divisions guidelines outlined in the 2026-2027 Division Listing.

Event Dates and Deadlines

Please note registration deadlines are firm and cannot be changed or extended. Payment must be paid in full and digital waivers submitted by the registration deadline date in order to participate.

- **NCA – November – Virtual Regional**
  - Registration Deadline: 11/5/2026
  - Email Instruction: 11/10/2026
  - Video Capture Window: 11/11/2026 – 11/15/2026
  - Event on Varsity TV (Subscription Required): 11/18/2026
  - Score Sheets Emailed: 11/19/2026
  - Results Posted: 11/20/2026

- **NCA & NDA – December – Virtual Regional**
  - Registration Deadline: 12/3/2026
  - Email Instruction: 12/8/2026
  - Video Capture Window: 12/9/2026 – 12/13/2026
  - Event on Varsity TV (Subscription Required): 12/16/2026
  - Score Sheets Emailed: 12/17/2026
  - Results Posted: 12/18/2026

How will a Virtual Competition work?

Shortly after the registration deadline passes, teams will receive an email from CheerMatch with app download instructions and login information/passwords as well as video recording instructions and FAQs. For coaches who are new to the platform, you may request a “test” capture after receiving your login instructions. We recommend using this option to familiarize yourself with the recording process prior to initiating capture for your competition performance(s).

Once the event begins, teams will have a 5-day video capture window to record their video and submit it to CheerMatch. Teams will be given **TWO (2)** capture opportunities. The coach will select (1) of these captures to be submitted for scoring. You can film on any desired date during the capture window, but your performance must be captured directly within the CheerMatch (Varsity Compete) app.

All routines will be judged with sound and available for Varsity TV subscriber viewing with sound for 48 hours once the event goes live. After 48 hours, the routines will be available without sound for Varsity TV subscribers. After 5 days, routines will be available on demand, free of charge without sound for the duration of the competition season.

What awards will be given?
Teams placing 1st through 3rd will receive a team plaque, with 1st Place also receiving a championship banner. Teams placing 4th and below will receive a pennant.

Where can we view the results from the Virtual Competition events?
All results and scores will be posted on Varsity TV at the conclusion of the event. Additional information regarding awards reveals will be coming soon!

Virtual Event Waiver
Customers and athletes will only need to complete one waiver, with the exception of Disney events. When creating a new myVarsity account or signing in for the first time, customers and athletes will be prompted to complete the required waiver. The waiver will automatically be sent to the email address associated with their account for signature. Once the waiver has been signed, the completed status will appear in their myVarsity account; users may need to refresh the page for the updated status to populate.

Completed athlete waivers will also appear within the team roster, allowing coaches to easily track each athlete's waiver status. Coaches will be able to see whether a waiver has been received or completed. In addition, the myVarsity to-do list will notify customers and parents when a waiver still needs to be completed.

Music Guidelines
All routines will be judged with sound and available for Varsity TV subscriber viewing with sound for 48 hours once the event goes live. After 48 hours, the routines will be available without sound for Varsity TV subscribers. After 5 days, routines will be available on demand, free of charge without sound for the duration of the competition season.

How do people watch the event?
To view the videos on the event day, you need an active Varsity TV subscription.

What kind of video do I need to submit?
Teams must submit a video recording of their routine taken in their practice facility. Videos must be one take, with sound – edited footage will not be accepted. All 4 corners of the floor should be visible when possible and athletes must perform on a NFHS approved surface. The program must own rights to this video and consent to it being posted on Varsity TV for use in the Virtual Competition.

There is no need to purchase additional equipment or internet services for your program – simply film on your phone! Make sure that you are closely following the video sent from CheerMatch with further instructions to ensure you are submitting the video properly.

What should my team wear?
Teams may submit videos in their practice wear or uniforms. Please keep in mind that all NFHS Rules and Standards on uniforms must be maintained, or a deduction will be assessed, and your video will not be available on Varsity TV.

How will teams be scored?
Once routine videos are filmed and uploaded, an NCA & NDA trained judging panel will score the routines in our Simple Score system. Score sheets will be emailed to coaches the day following judging by 9:00 AM Central Time. Coaches will then have 3 hours to submit an AccuScore review request.

Teams will receive a link to our AccuScore review process prior to the start of the event and will be able to follow the steps similar to a live event for reviews. Our AccuScore experts will review your score sheets and follow up with your program on any updates or clarifications prior to the awards announcements.

Can I compete at a live event and record that same routine for a virtual event the following weekend?
No, routines must be filmed in your practice facility and may not be used for multiple events, live or virtual.

Can I compete in more than one virtual event in a weekend and use the same routine for both?
While you may compete at more than one virtual event in a weekend, you will need to film separate routines and submit your performances for scoring using the one of the two capture links provided by CheerMatch for the specific event.

Disqualification
Any team that does not adhere to the terms and procedures of these "Rules and Regulations" will be subject to disqualification from the competition, will automatically forfeit any right to any prizes or awards presented by the competition, and may also forfeit the opportunity to participate in a competition or the following year.

Questions
For further questions or assistance, please contact the following:

- National Cheerleading Association – ncascoring@varsity.com
- National Dance Association – ndascoring@varsity.com
- CheerMatch – support@cheermatch.com

**Varsity Spirit reserves the right to amend this document, bid event listings and bid distributions at any time.*