



# ACP TULSA SHOWDOWN

## NOVEMBER 1, 2026

### MABEE CENTER

DOORS OPEN FOR COACHES' CHECK IN - 8:45 AM

DOORS OPEN FOR SPECTATORS - 9 AM

| Performance Hall | Compete  | Program                           | Team                 | Competition Division                  | Judge Panel           | Warm-Up Location | Warm-Up Check In | Warm Up - Tumble                      | Warm Up - Stunt | Warm Up - Full Floor |
|------------------|----------|-----------------------------------|----------------------|---------------------------------------|-----------------------|------------------|------------------|---------------------------------------|-----------------|----------------------|
| Arena            | 10:00 AM | Twist & Shout Edmond              | Favor                | L1 Mini - Novice - Restrictions       | B                     | Annex Gym        | 9:30 AM          | 9:40 AM                               | 9:44 AM         | 9:48 AM              |
| Arena            | 10:04 AM | Twist & Shout Edmond              | Kindness             | L1 Mini - Novice - Restrictions       | A                     | Annex Gym        | 9:34 AM          | 9:44 AM                               | 9:48 AM         | 9:52 AM              |
| Arena            | 10:08 AM | Twist & Shout Norman              | Angels               | L1 Youth - Novice - Restrictions      | B                     | Annex Gym        | 9:38 AM          | 9:48 AM                               | 9:52 AM         | 9:56 AM              |
| Arena            | 10:12 AM | Twist & Shout Edmond              | Faith                | L1 Youth - Novice - Restrictions      | A                     | Annex Gym        | 9:42 AM          | 9:52 AM                               | 9:56 AM         | 10:00 AM             |
| Arena            | 10:16 AM | Twist & Shout Tulsa               | Blessings            | L1 Youth - Novice - Restrictions      | B                     | Annex Gym        | 9:46 AM          | 9:56 AM                               | 10:00 AM        | 10:04 AM             |
| Arena            | 10:20 AM | Twist & Shout Norman              | Passion              | L2 Youth - Novice - Restrictions      | A                     | Annex Gym        | 9:50 AM          | 10:00 AM                              | 10:04 AM        | 10:08 AM             |
| Arena            | 10:24 AM | Twist & Shout Edmond              | Love                 | L1 Tiny - Novice - Restrictions       | B                     | Annex Gym        | 9:54 AM          | 10:04 AM                              | 10:08 AM        | 10:12 AM             |
| Arena            | 10:28 AM | Twist & Shout Edmond              | Velocity             | L2 Junior - Novice - Restrictions     | A                     | Annex Gym        | 9:58 AM          | 10:08 AM                              | 10:12 AM        | 10:16 AM             |
| Arena            | 10:32 AM | SoCo Intensity                    | Steel                | L2.2 Youth - PREP                     | B                     | Annex Gym        | 10:02 AM         | 10:12 AM                              | 10:16 AM        | 10:20 AM             |
| Arena            | 10:36 AM | Thunder Extreme                   | Wind                 | L1 Junior - D2                        | A                     | Annex Gym        | 10:06 AM         | 10:16 AM                              | 10:20 AM        | 10:24 AM             |
| Arena            | 10:40 AM | Twist & Shout Edmond              | Wonder               | L2.2 Youth - PREP                     | B                     | Annex Gym        | 10:10 AM         | 10:20 AM                              | 10:24 AM        | 10:28 AM             |
| Arena            | 10:44 AM | Twist & Shout Edmond              | Trust                | L2 Junior                             | A                     | Annex Gym        | 10:14 AM         | 10:24 AM                              | 10:28 AM        | 10:32 AM             |
| Arena            | 10:48 AM | Twist & Shout Edmond              | Grace                | L1.1 Mini - PREP                      | B                     | Annex Gym        | 10:18 AM         | 10:28 AM                              | 10:32 AM        | 10:36 AM             |
| Arena            | 10:52 AM | Twist & Shout Norman              | Promise              | L2 Junior                             | A                     | Annex Gym        | 10:22 AM         | 10:32 AM                              | 10:36 AM        | 10:40 AM             |
| Arena            | 10:56 AM | Twist & Shout Edmond              | Hope                 | L2.2 Mini - PREP                      | B                     | Annex Gym        | 10:26 AM         | 10:36 AM                              | 10:40 AM        | 10:44 AM             |
| Arena            | 11:00 AM | Cheer Explosion                   | Flare                | L2 Junior - D2                        | A                     | Annex Gym        | 10:30 AM         | 10:40 AM                              | 10:44 AM        | 10:48 AM             |
| Arena            | 11:04 AM | Twist & Shout Tulsa               | Mercy                | L1.1 Tiny - PREP                      | B                     | Annex Gym        | 10:34 AM         | 10:44 AM                              | 10:48 AM        | 10:52 AM             |
| Arena            | 11:08 AM | Thunder Extreme                   | Lightning            | L2 Junior - D2                        | A                     | Annex Gym        | 10:38 AM         | 10:48 AM                              | 10:52 AM        | 10:56 AM             |
| Arena            | 11:12 AM | Twist & Shout Tulsa               | Eden                 | L1.1 Mini - PREP                      | B                     | Annex Gym        | 10:42 AM         | 10:52 AM                              | 10:56 AM        | 11:00 AM             |
| Arena            | 11:16 AM | Twist & Shout Edmond              | Wisdom               | L3 Junior - Flex                      | A                     | Annex Gym        | 10:46 AM         | 10:56 AM                              | 11:00 AM        | 11:04 AM             |
| Arena            | 11:20 AM | Twist & Shout Norman              | Joy                  | L1.1 Youth - PREP                     | B                     | Annex Gym        | 10:50 AM         | 11:00 AM                              | 11:04 AM        | 11:08 AM             |
| Arena            | 11:24 AM | Twist & Shout Norman              | Crush                | L3 Junior - Flex                      | A                     | Annex Gym        | 10:54 AM         | 11:04 AM                              | 11:08 AM        | 11:12 AM             |
| Arena            | 11:28 AM | SoCo Intensity                    | Storm                | L2.1 Youth - PREP                     | B                     | Annex Gym        | 10:58 AM         | 11:08 AM                              | 11:12 AM        | 11:16 AM             |
| Arena            | 11:32 AM | TEXAS CHEER ALLstars              | Phoenix              | L3 Junior - Flex - D2                 | A                     | Annex Gym        | 11:02 AM         | 11:12 AM                              | 11:16 AM        | 11:20 AM             |
| Arena            | 11:36 AM | SoCo Intensity                    | Slay                 | L2.2 Mini - PREP                      | B                     | Annex Gym        | 11:06 AM         | 11:16 AM                              | 11:20 AM        | 11:24 AM             |
| Arena            | 11:40 AM | Cheers & More                     | Renegades            | L3 Junior - D2                        | A                     | Annex Gym        | 11:10 AM         | 11:20 AM                              | 11:24 AM        | 11:28 AM             |
| Arena            | 11:44 AM | Cheers & More                     | Regal                | L2.2 Junior - PREP - D2               | B                     | Annex Gym        | 11:14 AM         | 11:24 AM                              | 11:28 AM        | 11:32 AM             |
| Arena            | 11:48 AM | SoCo Intensity                    | Icon                 | L4 Junior - Flex - D2                 | A                     | Annex Gym        | 11:18 AM         | 11:28 AM                              | 11:32 AM        | 11:36 AM             |
| Arena            | 11:52 AM | Twist & Shout Tulsa               | Justice              | L3.1 Junior - PREP                    | B                     | Annex Gym        | 11:22 AM         | 11:32 AM                              | 11:36 AM        | 11:40 AM             |
| Arena            | 11:56 AM | Cheers & More                     | Rubies               | L4 Junior - D2                        | A                     | Annex Gym        | 11:26 AM         | 11:36 AM                              | 11:40 AM        | 11:44 AM             |
| Arena            | 12:00 PM | Cheers & More                     | Royalty              | L3.2 Senior - PREP - D2               | A                     | Annex Gym        | 11:30 AM         | 11:40 AM                              | 11:44 AM        | 11:48 AM             |
| Arena            | 12:04 PM | Thunder Extreme                   | Electric             | L4 Junior - D2                        | B                     | Annex Gym        | 11:34 AM         | 11:44 AM                              | 11:48 AM        | 11:52 AM             |
| AWARDS #1        |          |                                   |                      |                                       |                       |                  |                  |                                       |                 | LUNCH BREAK          |
|                  |          | L1 Mini - Novice - Restrictions   | L1 Junior - D2       |                                       | L3 Junior - Flex      |                  |                  | L2.2 Junior - PREP - D2               |                 |                      |
|                  |          | L1 Youth - Novice - Restrictions  | L2.2 Youth - PREP    | L1.1 Tiny - PREP                      | L2.1 Youth - PREP     |                  |                  | L4 Junior - Flex - D2                 |                 |                      |
|                  |          | L2 Youth - Novice - Restrictions  | L1.1 Mini - PREP     | L2 Junior - D2                        | L3 Junior - Flex - D2 |                  |                  | L3.1 Junior - PREP                    |                 |                      |
|                  |          | L1 Tiny - Novice - Restrictions   | L2 Junior            | L1.1 Mini - PREP                      | L2.2 Mini - PREP      |                  |                  | L3.2 Senior - PREP - D2               |                 |                      |
|                  |          | L2 Junior - Novice - Restrictions | L2.2 Mini - PREP     | L1.1 Youth - PREP                     | L3 Junior - D2        |                  |                  |                                       |                 |                      |
| Arena            | 1:00 PM  | Advanced Cheer Crew               | Chrome               | L2 Youth - D2                         | B                     | Annex Gym        | 12:30 PM         | 12:40 PM                              | 12:44 PM        | 12:48 PM             |
| Arena            | 1:04 PM  | Tribe Cheer                       | Spear 4              | L4 - U18                              | A                     | Annex Gym        | 12:34 PM         | 12:44 PM                              | 12:48 PM        | 12:52 PM             |
| Arena            | 1:08 PM  | Cheer Explosion                   | Ignite               | L1 Youth - Flex - D2                  | B                     | Annex Gym        | 12:38 PM         | 12:48 PM                              | 12:52 PM        | 12:56 PM             |
| Arena            | 1:12 PM  | Advanced Cheer Crew               | Titanium             | L1 Mini - D2                          | A                     | Annex Gym        | 12:42 PM         | 12:52 PM                              | 12:56 PM        | 1:00 PM              |
| Arena            | 1:16 PM  | McAlester Stars                   | Sapphires            | L1 Youth - D2                         | B                     | Annex Gym        | 12:46 PM         | 12:56 PM                              | 1:00 PM         | 1:04 PM              |
| Arena            | 1:20 PM  | Twist & Shout Edmond              | Glory                | L4 Junior - Flex                      | A                     | Annex Gym        | 12:50 PM         | 1:00 PM                               | 1:04 PM         | 1:08 PM              |
| Arena            | 1:24 PM  | SoCo Intensity                    | Shine                | L2 Youth - Flex - D2                  | B                     | Annex Gym        | 12:54 PM         | 1:04 PM                               | 1:08 PM         | 1:12 PM              |
| Arena            | 1:28 PM  | Twist & Shout Norman              | Bliss                | L4 Junior - Flex                      | A                     | Annex Gym        | 12:58 PM         | 1:08 PM                               | 1:12 PM         | 1:16 PM              |
| Arena            | 1:32 PM  | SoCo Intensity                    | Infinity             | L3 Youth - Flex - D2                  | B                     | Annex Gym        | 1:02 PM          | 1:12 PM                               | 1:16 PM         | 1:20 PM              |
| Arena            | 1:36 PM  | McAlester Stars                   | Diamond Divas        | L2 Senior - D2                        | A                     | Annex Gym        | 1:06 PM          | 1:16 PM                               | 1:20 PM         | 1:24 PM              |
| Arena            | 1:40 PM  | Twist & Shout Tulsa               | Judges               | L3 Youth - Flex                       | B                     | Annex Gym        | 1:10 PM          | 1:20 PM                               | 1:24 PM         | 1:28 PM              |
| Arena            | 1:44 PM  | Thunder Extreme                   | Flash                | L2 Senior - D2                        | A                     | Annex Gym        | 1:14 PM          | 1:24 PM                               | 1:28 PM         | 1:32 PM              |
| Arena            | 1:48 PM  | SoCo Intensity                    | Ice                  | L4.2 Senior - D2                      | B                     | Annex Gym        | 1:18 PM          | 1:28 PM                               | 1:32 PM         | 1:36 PM              |
| Arena            | 1:52 PM  | Twist & Shout Tulsa               | Platinum             | L3 Senior Coed                        | A                     | Annex Gym        | 1:22 PM          | 1:32 PM                               | 1:36 PM         | 1:40 PM              |
| Arena            | 1:56 PM  | SoCo Intensity                    | Sapphire             | L5 Junior - D2                        | B                     | Annex Gym        | 1:26 PM          | 1:36 PM                               | 1:40 PM         | 1:44 PM              |
| Arena            | 2:00 PM  | Cheer Explosion                   | Surge                | L3 Senior - D2                        | A                     | Annex Gym        | 1:30 PM          | 1:40 PM                               | 1:44 PM         | 1:48 PM              |
| Arena            | 2:04 PM  | Tribe Cheer                       | Smoke                | L5 Junior Coed                        | B                     | Annex Gym        | 1:34 PM          | 1:44 PM                               | 1:48 PM         | 1:52 PM              |
| Arena            | 2:08 PM  | Advanced Cheer Crew               | Senior Platinum      | L3 Senior - D2                        | A                     | Annex Gym        | 1:38 PM          | 1:48 PM                               | 1:52 PM         | 1:56 PM              |
| Arena            | 2:12 PM  | Twist & Shout Edmond              | Heart                | L5 Senior                             | B                     | Annex Gym        | 1:42 PM          | 1:52 PM                               | 1:56 PM         | 2:00 PM              |
| Arena            | 2:16 PM  | Tribe Cheer                       | Mystic               | L3 - U18 Coed                         | A                     | Annex Gym        | 1:46 PM          | 1:56 PM                               | 2:00 PM         | 2:04 PM              |
| Arena            | 2:20 PM  | SoCo Intensity                    | Stealth              | L5 Senior - D2                        | B                     | Annex Gym        | 1:50 PM          | 2:00 PM                               | 2:04 PM         | 2:08 PM              |
| Arena            | 2:24 PM  | Twist & Shout Tulsa               | Euphoria             | L4 Senior                             | A                     | Annex Gym        | 1:54 PM          | 2:04 PM                               | 2:08 PM         | 2:12 PM              |
| Arena            | 2:28 PM  | Advanced Cheer Crew               | Steel                | L5 Senior - D2                        | B                     | Annex Gym        | 1:58 PM          | 2:08 PM                               | 2:12 PM         | 2:16 PM              |
| Arena            | 2:32 PM  | TEXAS CHEER ALLstars              | Lady Lightning       | L4 Senior - D2                        | A                     | Annex Gym        | 2:02 PM          | 2:12 PM                               | 2:16 PM         | 2:20 PM              |
| Arena            | 2:36 PM  | Thunder Extreme                   | Zeus                 | L5 Senior - D2                        | B                     | Annex Gym        | 2:06 PM          | 2:16 PM                               | 2:20 PM         | 2:24 PM              |
| Arena            | 2:40 PM  | Thunder Extreme                   | Shock                | L4 Senior - D2                        | A                     | Annex Gym        | 2:10 PM          | 2:20 PM                               | 2:24 PM         | 2:28 PM              |
| Arena            | 2:44 PM  | Cheers & More                     | Reign                | L5 Senior Coed - D2                   | B                     | Annex Gym        | 2:14 PM          | 2:24 PM                               | 2:28 PM         | 2:32 PM              |
| Arena            | 2:48 PM  | Tribe Cheer                       | Renegades            | L4 - U18 Coed                         | A                     | Annex Gym        | 2:18 PM          | 2:28 PM                               | 2:32 PM         | 2:36 PM              |
| Arena            | 2:52 PM  | City Belle Athletics              | Mavericks            | Exhibition                            | B                     | Annex Gym        | 2:22 PM          | 2:32 PM                               | 2:36 PM         | 2:40 PM              |
| Arena            | 2:56 PM  | City Belle Athletics              | Mustangs             | L1 - Traditional Rec - Advanced - 8Y  | A                     | Annex Gym        | 2:26 PM          | 2:36 PM                               | 2:40 PM         | 2:44 PM              |
| Arena            | 3:00 PM  | SoCo Intensity                    | Shadow               | L6 Limited Coed - XSmall              | A                     | Annex Gym        | 2:30 PM          | 2:40 PM                               | 2:44 PM         | 2:48 PM              |
| Arena            | 3:04 PM  | City Belle Athletics              | Broncos              | L1 - Traditional Rec - Advanced - 12Y | B                     | Annex Gym        | 2:34 PM          | 2:44 PM                               | 2:48 PM         | 2:52 PM              |
| AWARDS #2        |          |                                   |                      |                                       |                       |                  |                  |                                       |                 |                      |
|                  |          | L4 Junior - D2                    | L2 Youth - Flex - D2 | L2 Senior - D2                        | L3 - U18 Coed         |                  |                  | L1 - Traditional Rec - Advanced - 8Y  |                 |                      |
|                  |          | L2 Youth - D2                     | L4 Junior - Flex     | L5 Junior - D2                        | L4 Senior             |                  |                  | L6 Limited Coed - XSmall              |                 |                      |
|                  |          | L1 Mini - D2                      | L3 Youth - Flex - D2 | L3 Senior Coed                        | L5 Senior - D2        |                  |                  | L1 - Traditional Rec - Advanced - 12Y |                 |                      |
|                  |          | L1 Youth - Flex - D2              | L5 Junior Coed       | L5 Senior - D2                        | L4 Senior - D2        |                  |                  |                                       |                 |                      |
|                  |          | L4 - U18                          | L3 Youth - Flex      | L3 Senior - D2                        | L5 Senior Coed - D2   |                  |                  |                                       |                 |                      |
|                  |          | L1 Youth - D2                     | L4.2 Senior - D2     | L5 Senior                             | L4 - U18 Coed         |                  |                  |                                       |                 |                      |

Updated 10/29/26