



BY VARSITY SPIRIT

3-DAY COLLEGE CAMP SCHEDULE

CAMP LOCATION & CAMP DATES



BY VARSITY SPIRIT

Day 1		Day 2		Day 3	
9a-12p	Registration		<i>Breakfast</i>		<i>Breakfast</i>
1:00p	Opening Session/Staff Intros	8:15a	Coaches' & Athlete Skills Workshop - NEW!	8:45a	Open Practice & Warm up
1:30p	Collaboration Class w/ UDA & UCA/UDA Coaches' & Captain's Meeting	8:30a	Leadership Training / Warmup & "Spirit Seminar" Game Planning Class / R.E.a.L Talk / Safety Awareness & Coaches' Meeting #2/Roundtable	9:30a	Game Day Competition (<i>Game Day Timeout / Sideline</i>)
2:00p	Partner Stunt /Troubleshooting Class #1 & Qualification	9:15a	Partner Stunt Class/Troubleshooting #2	9:45a	Performance Timeout Final Evaluation - NEW!
3:15p	Game Planning Class / Pyramid Foundations & <i>Coaches' Meeting #1</i>	10:15a	Game Day Timeout Private Coaching	10:30a	Break, Pictures
4:00p	Basket Toss Safety Demo	11:15a	Basket Toss Class & Qualification	10:45a	Game Day Division Awards
4:05p	Basket Toss Basic Technique Class	12:00p	<i>Lunch</i>	11:00a	Break
4:30p	Sideline Private Coaching	2:00p	Game Day Timeout Evaluation	11:10a	UDA Presentation
5:00p	<i>Dinner</i>	2:15p	Pyramid Class #2 - <i>Transitions & Dismounts</i>	11:20a	Mascot Follies
		3:15p	Skills Private Coaching	11:30a	Final Camp Awards
6:30p	Sideline Evaluations	4:00p	Performance Timeout Private Coaching		
6:45p	Pyramid Class #1	5:00p	<i>Dinner</i>		
7:45p	Skills Private Coaching #1	6:30p	Performance Timeout Evaluation		
8:30p	Team Leader Meetings	6:45p	Skills Elective Stations - NEW!		
8:45p	Announcements & Dismissal	7:30p	Game Day w/ Team Leader - " <i>putting it all together w/ mascots</i> "		
		8:00p	Team Building & Coaches Roundtable		
		8:30p	Announcements & Dismissal		

Camp Information
HCM:
HI:
Location:
Dining:
Coaches' Meetings:
Camp Store:

Skills Elective Stations
- Basket Toss Workshop
- Pyramid Workshop
- Stunt Class: *Transitions & Dismounts*
- Open Practice