



Varsity Performing Arts

2026 - 2027

Rule Change Sheet

VPA Eligibility Policy

- Groups must contain a majority (greater than 50%) of musician in their pep band ensemble.
- All athletes and performers must compete as their registered school spirit squad member (cheer, dance, band) throughout the regional and national weekend.
 - Example: Band members must compete as band members the entire weekend.

Uniform Guidelines

- **All participant uniforms** must cover the midriff when standing at attention. Covered midriff does include flesh or nude colored body suits and liners; however, fringe would not count as a cover.
- Jewelry as part of the costume is allowed.
 - Smart devices are not allowed in any performance or warm-up.

Performance Routine Guidelines

- Approved props are: foam fingers, rally towels, signs, poms, batons, sunglasses, flags/flyovers and/or megaphones.
- Prop approvals or prop questions can be submitted to PerformingArts@varsity.com and must be received at least 2 weeks prior to your event.
 - Props may be safely placed, dropped, or discarded off the performance surface but not hit/banged on the floor anywhere within the performance area.
- Baton tosses are limited to 3 revolutions and **should mostly remain** central on the body.
 - Tosses cannot exceed the height of the performer's extended arm position.
- Color guard/majorettes/auxiliary performers must use some form of equipment for the majority of their routine.

Time Limitations

- The first note of music or the first choreographed movement by a member of the band will start the timing of the performance. **Examples include vocals, tap offs, calls to attention or horns-up, whistle's or count offs.**

Competition Performance Area

- Approximate floor size: 10 Panel, Marley markers on gym floor OR marley floor at approved venues (53.5' X 53.5')
- Staging, formations, choreography and crowd engaging elements are encouraged.
- The performance area is not standardized from venue to venue; however, the performance surface is.

Pep Band Performance Routine Format

- Pep Bands must play a minimum of 3 selections.

Additional Considerations

- Groups may not play or perform at any point in the middle of traffic, walkways, or any other place that disrupts the contest flow or spectator traffic. Groups in violation of this may be assessed a deduction of up to 1 point per infraction.

A full list of rules and regulations can be found on our website [HERE](#).