



**VARSITY
SPIRIT**

PERFORMANCE RECREATION AGE GRID

2026 - 2027



2026 2027 PERFORMANCE RECREATION DIVISIONS

This document contains the competitive recreational cheer division offerings for the 2026-2027 season.

The age grid provides a list of divisions that may be offered by an Event Producer. An Event Producer does not have to offer every division listed.

All Recreational teams must be classified as one of the following:

AFFILIATED

The program must be affiliated with, report to, and be governed by an organization such as; YMCA, Boys and Girls Club, City/County Parks and Recreational Program, American Youth Cheer, Pop Warner Association, or other community run program not associated with All Star. Each team must cheer for a sport during the 2026-2027 cheer season

NON-AFFILIATED

Organization may be independent of town/city organization/clubs. Team does not necessarily cheer for a supported, sports program. Team is not affiliated with an All Star program.

CLASSIFICATIONS

At the beginning of the season a program must classify if they are Affiliated or Non Affiliated. This must be verified before the first competition. Once the team's affiliation has been declared, it may not change unless authorized by the Varsity Scoring division. An Affiliated team may move into a Non Affiliated division if they are the only team in the Affiliated division.

Affiliated and Non Affiliated Recreational cheerleading organizations can register teams in Performance Advanced and/or Performance Elite Divisions.

Performance routines may be performed on a spring or foam floor. Check with your event producer to determine what type of floor will be used at the competition.

PERFORMANCE RECREATIONAL DIVISIONS

There are two division offerings for Performance Recreation: Performance Elite or Performance Advanced. In both divisions, the routine format will be all music routines. The difference between Performance Elite and Performance Advanced are as follows:

Performance Elite:

No cheer allowed; tosses may be performed.
Routine Max: 2:30 minutes

Performance Advanced:

Cheer may be performed, however will not be scored. Tosses are prohibited. Routine Max: 2:30 minutes

Performance Recreational divisions may be offered at All Star events. Both Affiliated and Non Affiliated Performance Recreational divisions will be combined. The Affiliated and Non Affiliated may split based on the event registrations. Teams will follow the USASF routine rules and the Varsity Performance Recreational criteria for scoring. All Performance Recreational teams attending a Varsity All Star event must receive a bid to attend an end-of-the-season event - The Quest, Recreational Summit and the U.S. Finals.

VARSITY RECREATIONAL DIVISION SPLIT GUIDELINES

Varsity Spirit guidelines for SPLITTING divisions are in the best interest of providing a competitive environment. Once there are 3 or more teams in each of their respective divisions/level, the event producer may split the division.

When following the split guidelines, the event producer **MAY** move to the next step even if unable to split by an earlier step.

Definitions for this section:

MAY means that an event producer is permitted to split but is not required. Anything that reads may is left to the discretion of the event producer.

SPLITTING RECREATIONAL DIVISIONS

1st Split: by Affiliated/Non Affiliated - Once there are 3 or more teams in each of their respective divisions/level, the event producer may split the division.

2nd Split: by Team Size - Divisions may split into team size, when there are 3 or more teams within the respective divisions. Team size will be split by the following:

Performance Elite Small: 5-22
Performance Elite Large: 23-36

Performance Advanced Small: 5-19
Performance Advanced Large: 20-36



2026 2027 PERFORMANCE RECREATION DIVISIONS

AFFILIATED AND NON AFFILIATED

DIVISIONS for 2026-2027			
DIVISION	BIRTH YEARS	GENDER	# of PARTICIPANTS
RECREATIONAL LEVEL 1			
12-18 Years Old	6/1/2008 - 2014	F/M	5-36 members
14Y	2012 and Later	F/M	5-36 members
12Y	2014 and Later	F/M	5-36 members
10Y	2016 and Later	F/M	5-36 members
8Y	2018 and Later	F/M	5-36 members
6Y	2020 and Later	F/M	5-36 members
RECREATIONAL LEVEL 2.1 (Level 2 Building skills, Level 1 Tumbling skills.)			
12-18 Years Old	6/1/2008 - 2014	F/M	5-36 members
12Y	2014 and Later	F/M	5-36 members
RECREATIONAL LEVEL 2			
12-18 Years Old	6/1/2008 - 2014	F/M	5-36 members
14Y	2012 and Later	F/M	5-36 members
12Y	2014 and Later	F/M	5-36 members
10Y	2016 and Later	F/M	5-36 members
RECREATIONAL LEVEL 3.1 (Level 3 Building skills, Level 1 Tumbling skills.)			
12-18 Years Old	6/1/2008 - 2014	F/M	5-36 members
14Y	2012 and Later	F/M	5-36 members
RECREATIONAL LEVEL 3			
12-18 Years Old	6/1/2008 - 2014	F/M	5-36 members
14Y	2012 and Later	F/M	5-36 members
12Y	2014 and Later	F/M	5-36 members
RECREATIONAL LEVEL 4.2 (Level 4 Building Skills, Level 2 Tumbling Skills)			
12-18 Years Old	6/1/2008 - 2014	F/M	5-36 members
RECREATIONAL LEVEL 4			
12-18 Years Old	6/1/2008 - 2014	F/M	5-36 members
8-14 Years Old	2012-2018	F/M	5-36 members

The age of the athlete will be **determined by the birth year** for the competitive season.

EXHIBITION AND CHEERABILITIES - DIVISIONS for 2022-2023					
DIVISION	BIRTH YEARS	GENDER	# of PARTICIPANTS	ROUTINE STRUCTURE	COMPETITIVE SURFACE
RECREATIONAL EXHIBITIONS					
18 & Younger	6/1/2008 and Later	F/M	5-36 members	2:30 minute maximum	Spring or Foam Floor
CHEERABILITIES EXHIBITIONS					
Any Age	Any	F/M	5-36 members	2:30 minute maximum	Spring or Foam Floor

The age of the athlete will be **determined by the birth year** for the competitive season.

DIVISIONS for 2026-2027							
BIRTH YEAR	6Y	8Y	10Y	12Y	14Y	8-14	12-18
2020 AND LATER	X	X	X	X	X		
2019		X	X	X	X		
2018		X	X	X	X	X	
2017			X	X	X	X	
2016			X	X	X	X	
2015				X	X	X	
2014				X	X	X	X
2013					X	X	X
2012					X	X	X
2011							X
2010							X
2009							X
6/1/08							X