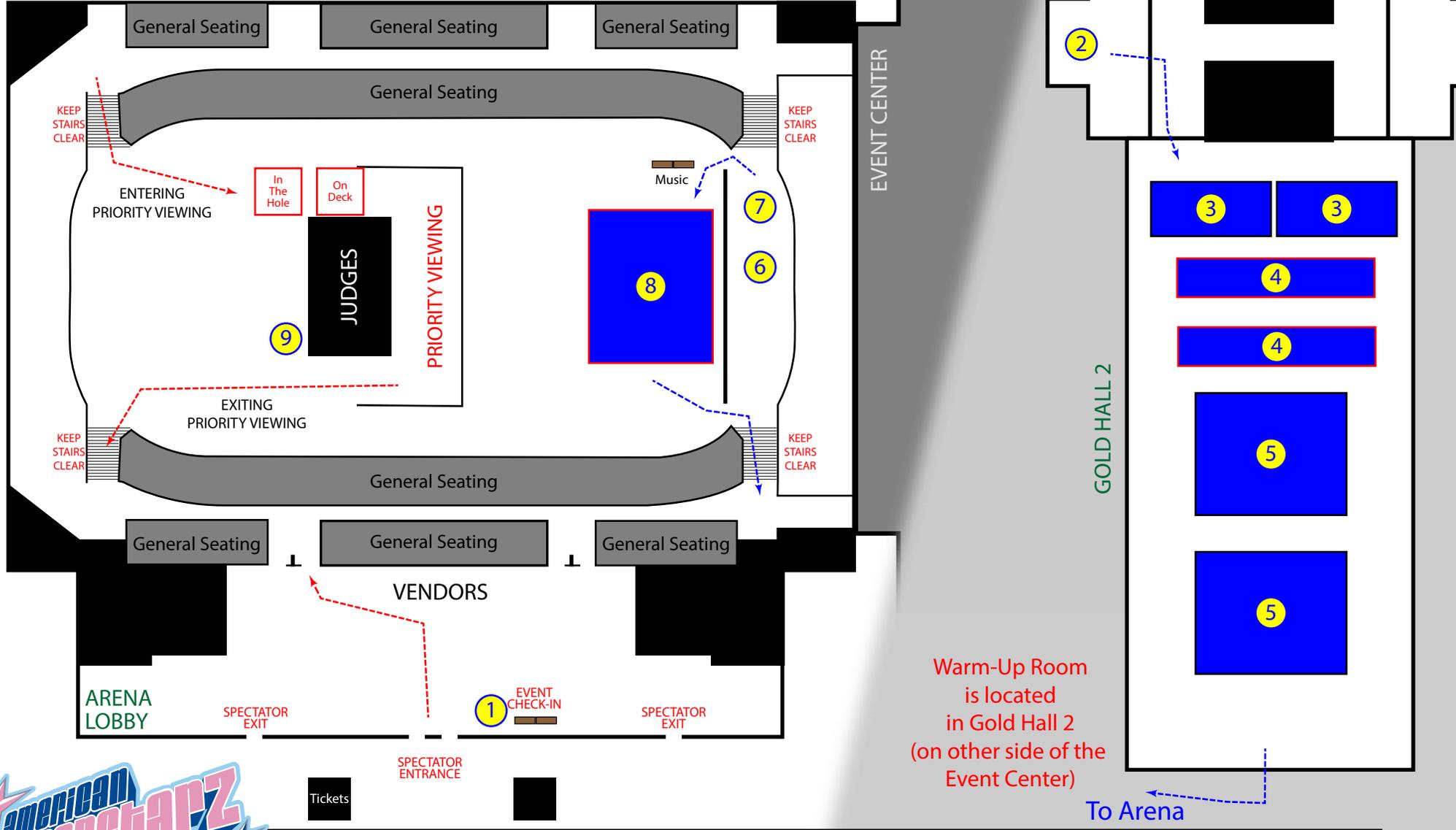


# The American Superstarz - Raleigh - Nationals

Feb 7-8, 2026

Cabarrus Arena & Events Center



Warm-Up Room is located in Gold Hall 2 (on other side of the Event Center)

To Arena

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>① EVENT CHECK-IN TURN IN PAPER WORK &amp; SECURE CREDENTIALS</li> <li>② WARM-UP CHECK-IN REPORT AT LEAST 10 MINUTES BEFORE 1ST MAT STATION</li> <li>③ 18' X 42' MAT 8 MINUTES</li> <li>④ 12' X 70' SPRING STRIP 8 MINUTES</li> </ul> | <ul style="list-style-type: none"> <li>⑤ 42' X 54 FOAM FLOOR 8 MINUTES</li> <li>⑥ IN THE HOLE</li> <li>⑦ ON DECK</li> <li>⑧ PERFORMANCE FLOOR GOOD LUCK!</li> <li>⑨ SCORE SHEET TABLE DON'T FORGET TO REVIEW YOUR SCORE SHEETS</li> </ul> |
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