



VIRTUAL COMPETITIONS

Information Guide



UCA & UDA are proud to continue to offer virtual competition options for teams to compete from the comfort of their gyms & studios against teams across the country. The 2025-2026 Virtual Competitions allow programs to virtually go head-to-head at events by recording their routines via the CheerMatch App and upload their videos to be scored by a UCA or UDA trained judging panel. Routine videos, results and more will be shared following the event.

Who can participate in the Virtual Competition Series?

All UCA performance routine and Game Day routine divisions will be offered. UDA will offer all school and all star divisions. UDA Solo divisions will only be offered in the UDA – Solo Showdown. Please visit uca.Varsity.com or uda.Varsity.com for a complete list of divisions.

How will divisions be determined for the event?

UCA and UDA will split divisions in the best interest of providing a competitive environment. When/if a division has 11 or more teams, additional splits may be offered. When/if a division has less than 3 teams, they may be combined into the same age/size division.

Event Dates and Deadlines

Please note registration deadlines are firm and cannot be changed or extended. Payment must be paid in full and digital waivers submitted by the registration deadline date in order to participate.

- **UDA – Solo Showdown**
 - Registration Deadline: 10/01/2025
 - Email Instruction: 10/07/2025
 - Video Capture Window: 10/08/2025 – 10/13/2025
 - Event on Varsity TV (Subscription Required): 10/19/2025
 - Score Sheets Emailed & Results Posted: 10/20/2025
- **UCA – November Virtual**
 - Registration Deadline: 11/05/2025
 - Email Instruction: 11/11/2025
 - Video Capture Window: 11/12/2025 – 11/17/2025
 - Event on Varsity TV (Subscription Required): 11/23/2025
 - Score Sheet Emailed & Results Posted: 11/24/2025
- **UCA/UDA – December Virtual**
 - Registration Deadline: 12/03/2025
 - Email Instruction: 12/10/2025
 - Video Capture Window: 12/11/2025 – 12/16/2025
 - Event on Varsity TV (Subscription Required): 12/21/2025
 - Score Sheet Emailed & Results Posted: 12/22/2025

Qualifying Virtual Events

The UCA November Virtual is open to all teams looking for early feedback from the judges. We will allow cheer teams to receive a bid to NHSCC in states where UCA does not hold a qualifying regional close enough to compete. (States such as OK, NM, NV, MT, HI, AK) Prior approval through the UCA office must be granted for bid eligibility. Teams will be ranked, and bids will be awarded to approved teams only. Awards are sent to top teams in each division.

The UCA/UDA December Virtual is open to all teams looking for additional feedback from the judges. Cheer teams who have already competed at an in-person event and not awarded a bid may be eligible to compete for a bid to NHSCC if competing in the same division. Prior approval through the UCA office must be granted for bid eligibility. Teams will be ranked, and bids will be awarded to approved teams only. Awards are sent to top teams in each division.

How will a Virtual Competition work?

Shortly after the registration deadline passes, teams will receive an email from CheerMatch with app download instructions and login information/passwords as well as video recording instructions and FAQs. Once this information is sent, teams will have a 6-day video capture window to record their video and submit it to CheerMatch. Teams will be given **TWO (2)** capture opportunities, 1 coach selected submission will be scored.

All routines will be judged with sound and available for Varsity TV subscriber viewing with sound for 48 hours once the event goes live. After 48 hours, the routines will be available without sound for Varsity TV subscribers. After 5 days, routines will be available on demand, free of charge without sound for the duration of the competition season.

What awards will be given?

Banners will be awarded to the top 10 teams in each division.

Where can we view the results from the Virtual Competition events?

Results will be available on Varsity TV (results video and full rankings are free to view, even if you do not have a subscription) on the Monday after the event. Score sheets will be sent to all coaches approximately one hour after results are posted on Varsity TV.

Virtual Event Waivers

Team rosters will be required for teams to participate in each Virtual Competition. All teams will be required to email their roster. A signed Roster form must be completed and submitted via email to UCAScoring@varsity.com or UDAScoring@varsity.com.

A virtual waiver form will need to be submitted per athlete once per event. [Click HERE to complete a waiver form online](#). Coaches can check to see athlete waivers in their myVarsity portal.

Music Guidelines

All routines will be judged with sound and available for Varsity TV subscriber viewing with sound for 48 hours once the event goes live. After 48 hours, the routines will be available without sound for Varsity TV subscribers. After 5 days, routines will be available on demand, free of charge without sound for the duration of the competition season.

How do people watch the event?

To view the videos on the event day, you need an active Varsity TV subscription.

What kind of video do I need to submit?

Teams must submit a video recording of their routine taken in their practice facility. Videos must be one take, with sound–edited footage will not be accepted. All 4 corners of the floor should be visible when possible and athletes must perform on a NFHS approved surface. The program must own rights to this video and consent to it being posted on Varsity TV for use in the Virtual Regional Competition.

Teams will be given **TWO (2)** opportunities to film and upload their routine for the event using the CheerMatch App and upload link. There is no need to purchase additional equipment or internet services for your program – simply film on your phone! Make sure that you are closely following the video set from CheerMatch with further instructions to ensure you are submitting the video properly.

What should my team wear?

Teams may submit videos in their practice wear or uniforms. Please keep in mind that all NFHS Rules and Standards on uniforms must be maintained, or a deduction will be assessed, and your video will not be available on Varsity TV.

How will teams be scored?

For Competitive Events, once routine videos are filmed and uploaded, a Varsity Spirit certified judging panel will score the routines in our Simple Score system. Score sheets will be emailed to coaches the day following judging. Coaches will then have 3 hours from the time they receive their scoresheets to submit an AccuScore review request.

Teams will receive a link to our Score Review process, prior to the start of the event and will be able to follow the steps similar to a live event for reviews. Our Score Review experts will review your score sheets and follow up with your program on any changes or clarifications prior to the awards announcements.

Can I compete at a live event and record that same routine for a virtual event the following weekend?

No, routines must be filmed in your practice facility and may not be used for multiple events, live or virtual.

Can I compete in more than one virtual event in a weekend and use the same routine for both?

While you may compete at more than one virtual event in a weekend, you will need to film separate routines and submit your performances for scoring using the one of the two capture links provided by CheerMatch for that specific event.

Disqualification

Any team that does not adhere to the terms and procedures of these "Rules and Regulations" will be subject to disqualification from the competition, will automatically forfeit any right to any prizes or awards presented by the competition, and may also forfeit the opportunity to participate in a competition or the following year.

Questions

For further questions or assistance, please contact the following:

- Universal Cheerleaders Association – UCAScoring@varsity.com
- Universal Dance Association – UDAScoring@varsity.com
- CheerMatch - support@cheermatch.com