



# 2025 - 2026 UCA All Star National Championship Divisions



## All Star Cheer Elite Tier CLUB Divisions offered at UCA

Level	Division	Eligibility by Birth Year	Gender	Team Size
1	Tiny	2018-2020	Female/Male	5-30 Members
1	Mini	2016-2019	Female/Male	5-30 Members
1	Youth	2013-2018	Female/Male	5-30 Members
1	Youth Flex	2012-2020	Female/Male	5-30 Members
1	Junior	2010-2017	Female/Male	5-30 Members
1	Junior Flex	2009-2019	Female/Male	5-30 Members
1	Senior	6/1/06-2013	Female/Male	5-30 Members
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2	Mini	2016-2019	Female/Male	5-30 Members
2	Youth	2013-2018	Female/Male	5-30 Members
2	Youth Flex	2012-2020	Female/Male	5-30 Members
2	Junior	2010-2017	Female/Male	5-30 Members
2	Junior Flex	2009-2019	Female/Male	5-30 Members
2	Senior	6/1/06-2013	Female/Male	5-30 Members
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3	Youth	2013-2018	Female/Male	5-30 Members
3	Youth Flex	2012-2020	Female/Male	5-30 Members
3	Junior	2010-2017	Female/Male	5-30 Members
3	Junior Flex	2009-2019	Female/Male	5-30 Members
3	Senior	6/1/06-2013	Female Only	5-30 Members
3	Senior Coed	6/1/06-2013	Female/Male (1 of More)	5-30 Members
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4	Youth	2013-2018	Female/Male	5-30 Members
4	Junior	2010-2017	Female/Male	5-30 Members
4	Junior Flex	2009-2018	Female/Male	5-30 Members
4	Senior	6/1/06-2013	Female/Male	5-30 Members
4	Senior Coed	6/1/06-2013	Female/Male (1 of More)	5-30 Members
4	Senior Open	5/31/08 & Before	Female/Male	5-24 Members
4	Senior Open Coed	5/31/08 & Before	Female/Male (1 of More)	5-24 Members
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4.2	Senior	6/1/06-2013	Female/Male	5-30 Members
4.2	Senior Coed	6/1/06-2013	Female/Male (1 of More)	5-30 Members
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5	Youth	2013-2018	Female/Male	5-38 Members
5	Junior	2010-2017	Female/Male	5-38 Members
5	Senior	6/1/06-2013	Female/Male	5-38 Members
5	Senior Coed	6/1/06-2013	Female/Male (1 of More)	5-38 Members
5	Senior Open	5/31/08 & Before	Female/Male	5-24 Members
5	Senior Open Coed	5/31/08 & Before	Female/Male (1 of More)	5-24 Members
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6	Junior	2010-2017	Female/Male	5-38 Members
6	Limited Senior XSmall*	6/1/06-2012	Female/Male	5-16 Members
6	Limited Senior XSmall Coed*	6/1/06-2012	Female/Male (1 - 2)	5-16 Members
6	Senior XSmall*	6/1/06-2012	Female/Male	5-16 Members
6	Senior XSmall Coed*	6/1/06-2012	Female/Male (1 - 2)	5-16 Members
6	Limited Senior Small*	6/1/06-2012	Female/Male	17-22 Members
6	Limited Senior Small Coed*	6/1/06-2012	Female/Male (1 - 5)	5-22 Members
6	Senior Small*	6/1/06-2012	Female/Male	17-22 Members
6	Senior Small Coed*	6/1/06-2012	Female/Male (1 - 5)	5-22 Members
6	Senior Medium*	6/1/06-2012	Female/Male	23-30 Members
6	Senior Medium Coed*	6/1/06-2012	Female/Male (1 - 8)	5-30 Members
6	Senior Large*	6/1/06-2012	Female/Male	31-38 Members
6	Senior Large Coed*	6/1/06-2012	Female/Male (1 - 19)	5-38 Members

\*Indicates Worlds Eligible Division



# 2025 - 2026 UCA All Star National Championship Divisions



## All Star Cheer Elite Tier International Divisions Offered at UCA

Level	Division	Eligibility by Birth Year	Gender	Team Size
1	U16	2009-2014	Female/Male	16-30 members
1	U18	2007-2012	Female/Male	16-30 members
2	U16	2009-2014	Female/Male	16-30 members
2	U18	2007-2012	Female/Male	16-30 members
3	U16	2009-2014	Female/Male	16-30 members
3	U18	2007-2012	Female/Male	16-30 members
3	U18 Coed	2007-2012	Female/Male (1 of More)	16-30 members
4	U16	2009-2014	Female Only	16-30 members
4	U16 Coed	2009-2014	Female/Male (1 of More)	16-30 members
4	U18	2007-2012	Female Only	16-30 members
4	U18 Coed	2007-2012	Female/Male (1 of More)	16-30 members
6	U18 NT*	2007-2012	Female Only	16-30 members
6	U18 Coed NT*	2007-2012	Female/Male (1 - 20)	16-30 members
6	International Open*	5/31/08 & Before	Female Only	16-24 members
6	International Open Small Coed*	5/31/08 & Before	Female/Male (1 - 4)	16-24 members
6	International Open Large Coed*	5/31/08 & Before	Female/Male (5 - 16)	16-24 members
6	International Open NT*	5/31/08 & Before	Female Only	16-30 members
6	International Open Coed NT*	5/31/08 & Before	Female/Male (1 - 20)	16-30 members
7	International Open*	5/31/08 & Before	Female Only	16-24 members
7	International Open Small Coed*	5/31/08 & Before	Female/Male (1 - 4)	16-24 members
7	International Open Large Coed*	5/31/08 & Before	Female/Male (5 - 16)	16-24 members
7	International Open NT*	5/31/08 & Before	Female Only	16-30 members
7	International Open Coed NT*	5/31/08 & Before	Female/Male (1 - 20)	16-30 members

*\*Indicates Worlds Eligible Division*



# 2025 - 2026 UCA All Star National Championship Divisions



### All Star Cheer PREP Tier Divisions Offered at UCA (Compete Saturday)

Level	Division	Eligibility by Birth Year	Gender	Team Size
1.1	Tiny	2018-2020	Female/Male	5-30 Members
1.1	Mini	2016-2019	Female/Male	5-30 Members
1.1	Youth	2013-2018	Female/Male	5-30 Members
1.1	Junior	2010-2017	Female/Male	5-30 Members
1.1	Senior	6/1/06-2014	Female/Male	5-30 Members
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2.1	Mini	2016-2019	Female/Male	5-30 Members
2.1	Youth	2013-2018	Female/Male	5-30 Members
2.1	Junior	2010-2017	Female/Male	5-30 Members
2.1	Senior	6/1/06-2014	Female/Male	5-30 Members
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2.2	Mini	2016-2019	Female/Male	5-30 Members
2.2	Youth	2013-2018	Female/Male	5-30 Members
2.2	Junior	2010-2017	Female/Male	5-30 Members
2.2	Senior	6/1/06-2014	Female/Male	5-30 Members
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3.1	Youth	2013-2018	Female/Male	5-30 Members
3.1	Junior	2010-2017	Female/Male	5-30 Members
3.1	Senior	6/1/06-2014	Female/Male	5-30 Members
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3.2	Youth	2013-2018	Female/Male	5-30 Members
3.2	Junior	2010-2017	Female/Male	5-30 Members
3.2	Senior	6/1/06-2014	Female/Male	5-30 Members

### All Star Cheer NOVICE Tier Divisions Offered at UCA (Compete Saturday)

Level	Division	Eligibility by Birth Year	Gender	Team Size
1 w/Restrictions	Tiny	2018-2022	Female/Male	3 + Members
1 w/Restrictions	Mini	2016-2019	Female/Male	5 + Members
1 w/Restrictions	Youth	2013-2018	Female/Male	5 + Members
1 w/Restrictions	Junior	2010-2017	Female/Male	5 + Members
1 w/Restrictions	Senior	6/1/06-2014	Female/Male	5 + Members
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2 w/Restrictions	Mini	2016-2019	Female/Male	5 + Members
2 w/Restrictions	Youth	2013-2018	Female/Male	5 + Members
2 w/Restrictions	Junior	2010-2017	Female/Male	5 + Members
2 w/Restrictions	Senior	6/1/06-2014	Female/Male	5 + Members
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3 w/Restrictions	Youth	2013-2018	Female/Male	5 + Members
3 w/Restrictions	Junior	2010-2017	Female/Male	5 + Members
3 w/Restrictions	Senior	6/1/06-2014	Female/Male	5 + Members

### All Star Cheer CheerAbilities

Level	Division	Eligibility by Birth Year	Gender	Team Size
1 w/Restrictions	CheerABILITIES Novice	2020 or before	Female/Male	5 + Members
2 w/Restrictions	CheerABILITIES Elite	2020 or before	Female/Male	5 + Members
2 w/Restrictions	CheerABILITIES Exhibition	2020 or before	Female/Male	5 + Members



# 2025 - 2026 UCA All Star National Championship Divisions



### IASF Divisions Offered at UCA

#### IASF Divisions are only offered for Non US Teams

Level	Division	Birth Year	Gender	Team Size
1	IASF U6	2019 - 2021	Female/Male	16-30 members
1	IASF U8	2017 - 2021	Female/Male	16-30 members
2	IASF U8	2017 - 2021	Female/Male	16-30 members
2	IASF Open NT	2010 or earlier	Female/Male	16-30 members
2	IASF Open Coed NT	2010 or earlier	1-20 Males	16-30 members
3	IASF Open	2010 or earlier	Female/Male	16-30 members
3	IASF Open NT	2010 or earlier	Female	16-30 members
3	IASF Open Coed NT	2010 or earlier	1-20 Males	16-30 members
4	IASF Open	2010 or earlier	Female	16-30 members
4	IASF Open Small Coed	2010 or earlier	1-4 Males	16-30 members
4	IASF Open Large Coed	2010 or earlier	5-8 Males	16-30 members
4	IASF Open NT	2010 or earlier	Female	16-30 members
4	IASF Open Coed NT	2010 or earlier	1-20 Males	16-30 members
5	IASF Open	2010 or earlier	Female/Male	16-30 members
5	IASF Open Small Coed	2010 or earlier	1-4 Males	16-30 members
5	IASF Open Large Coed	2010 or earlier	5-8 Males	16-30 members
6	IASF Open	2010 or earlier	Female	16-30 members
6	IASF Open Small Coed	2010 or earlier	1-4 Males	16-30 members
6	IASF Open Large Coed	2010 or earlier	5-8 Males	16-30 members
6	IASF Open NT	2010 or earlier	Female	16-30 members
6	IASF Open Coed NT	2010 or earlier	1-20 Males	16-30 members
7	IASF Open	2009 or earlier	Female	16-24 members
7	IASF Open Small Coed	2009 or earlier	1-4 Males	16-24 members
7	IASF Open Large Coed	2009 or earlier	5-16 Males	16-24 members
7	IASF Open NT	2009 or earlier	Female	16-24 members
7	IASF Open Coed NT	2009 or earlier	1-20 Males	16-24 members

### DIVISIONS

UCA will adhere to the USASF guidelines for splitting competition divisions. Divisions will be split into Division I and Division II at the UCA All Star National Championship. Divisions will be evaluated periodically through the season. Please visit [www.usasf.net](http://www.usasf.net) for specific breakdowns and changes.

### CROSSOVERS UCA ALL STAR COMPETITIONS & NATIONALS

An all star cheerleader is limited to crossing over to 2 (two) additional cheer teams from their gym during the competition. Crossovers at the UCA All Star National Championship will be allowed between most levels given the following restriction: Level 1 athletes will not be allowed to crossover to Levels 5, 6 or 7. UCA will attempt to ensure teams with crossovers do not have overlapping performances.

An All Star Dancer is limited to performing in up to six (6) performances at the UDA All Star National Championship. Dancers may only represent one program. US dance programs will not be allowed to crossover to cheer divisions. International dance programs will be allowed to crossover to cheer divisions and will still be allowed up to six (6) performances. UCA/UDA will attempt to ensure teams with crossovers do not have overlapping performances.

### RULES AND REGULATIONS

All athletes and coaches attending the UCA All Star National Championship must be a rostered, listed on their official event roster and follow all of the rules and regulations of the event.