



## 2025 - 2026 Divisions College Cheerleading and Dance Team National Championship



Updated 4/24/2025

### COLLEGE PERFORMANCE DIVISIONS

Division IA	NCAA I-FBS	• Female/Male	• 7-20 team members
Division I	NCAA I-FCS & NCAA I	• Female/Male	• 7-20 team members
Open	NCAA II, NCAA III, Jr College & NAIA	• Female/Male	• 7-20 team members

*2025-2026 season dance team size may not have less than seven (7) members and may not exceed twenty (20) members.*

*See Competition / Championship Rules and Regulations for additional guidelines. Regional Teams who participate in the competition will have the opportunity to compete in two of the three categories (Pom, Jazz, Hip Hop). Dance teams are allowed to compete in two traditional categories and one game day division. Teams may not compete in one traditional category and two game day divisions.*

*The minimum number of dancers a team may compete with at regionals is five (5). The minimum at nationals is seven (7). A minimum of 25% of the dancers must be the same in both routines. If dancing different numbers in each routine, 25% will be based on the largest number of dancers in the routine performed. The maximum number of dancers allowed for the UCA/UDA College Cheerleading and Dance Team National Championship will be twenty (20) members.*

*All team members must be registered full time students of their college or university and official members of the school's spirit squad. There is no maximum number of participants for a regional competition.*

### GAME DAY DANCE TEAM DIVISIONS

Division IA Dance Game Day	NCAA I-FBS	• Female/Male	• 7-30 team members
Division I Dance Game Day	NCAA I-FCS & NCAA I	• Female/Male	• 7-30 team members
Open Dance Game Day	NCAA II, NCAA III, Jr College & NAIA	• Female/Male	• 7-30 team members

### GAME DAY LIVE DIVISIONS (Dance Team & Band)

Division IA Game Day Live	NCAA I-FBS	• Female/Male	• 30 dance team members & 30 band members max
Open Game Day Live	NCAA I, NCAA I-FCS, NCAA II, NCAA III, Jr College & NAIA	• Female/Male	• 30 dance team members & 30 band members max

### SPIRIT PROGRAM GAME DAY DIVISIONS (Cheer Team & Dance Team)

Division IA Spirit Program Game Day	NCAA I-FBS	• Female/Male	• 30 dance team members & 30 cheer members max
Open Spirit Program Game Day	NCAA I, NCAA I-FCS, NCAA II, NCAA III, Jr College & NAIA	• Female/Male	• 30 dance team members & 30 cheer members max

### SPIRIT PROGRAM GAME DAY LIVE DIVISIONS (Cheer, Dance & Band)

Division IA Spirit Program Game Day Live	NCAA I-FBS	• Female/Male	• 30 cheer, 30 dance & 30 band member max
Open Spirit Program Game Day Live	NCAA I, NCAA I-FCS, NCAA II, NCAA III, Jr College & NAIA	• Female/Male	• 30 cheer, 30 dance & 30 band member max

*Pep Bands or Drumlines may be used in cheer and dance Game Day Live divisions and must be registered as participants for the event. Go to [uca.varsity.com](http://uca.varsity.com) for additional Pep Bands or drumlines guidelines.*

*Teams may add up to 2 (two) mascots in their routine. The mascot must enter the floor with the team and remain on the floor for the entire routine. Mascots should be used to raise crowd energy and participation. The mascot should not be involved in any stunts or skills with hip over head rotation and should position themselves away from skills being performed. The mascot will not count toward the number of participants allowed but may impact the overall impression score. See rules and regulations for additional guidelines.*

**For a complete copy of all Championship Rules and Regulations  
go to [uda.varsity.com](http://uda.varsity.com)**