

# VARSITY RECREATIONAL CHEER DIVISIONS

This document contains the competitive recreational cheer division offerings for the 2024-2025 season.

The age grid provides a list of divisions that may be offered by an Event Producer. An Event Producer does not have to offer every division listed.

**All Recreational teams must classify as one of the following:**

**AFFILIATED**

The program must be affiliated with, report to, and be governed by an organization such as; YMCA, Boys and Girls Club, City/County Parks and Recreational Program, American Youth Cheer, Pop Warner Association, or other community run program not associated with All Star. Each team must cheer for a sport during the 2024-2025 cheer season

**NON-AFFILIATED**

Organization may be independent of town/city organization/clubs. Team does not necessarily cheer for a supported, sports program. Team is not affiliated with an All Star program.

**CLASSIFICATIONS**

At the beginning of the season a program must classify if they are Affiliated or Non-Affiliated. This must be verified before the first competition. Once the team's affiliation has been declared, it may not change unless authorized by the Varsity Scoring division. An Affiliated team may move into a Non-Affiliated division if they are the only team in the Affiliated division.

Affiliated and Non-Affiliated Recreational cheerleading organizations can register teams in Traditional and/ or Performance divisions.

**TRADITIONAL**

Routines must consist of Cheer & Music combination.

Routine Max: 2:30 minutes

Music Max: 1:30 minutes

**PERFORMANCE**

Routine Max: 2:30 minutes

Traditional and Performance routines may be performed on a spring or foam floor. Check with your event producer to determine what type of floor will be used at the competition.

# PERFORMANCE RECREATIONAL

## AFFILIATED AND NON AFFILIATED

### DIVISIONS FOR 2024-2025

DIVISION	BIRTH YEARS	GENDER	# OF PARTICIPANTS	ROUTINE STRUCTURE	COMPETITIVE SURFACE
<b>RECREATIONAL LEVEL 1</b>					
10-18 Years Old	6/1/2005-2014	F/M	5-36 members	2:30 Minute Maximum Routine Time	Spring or Foam Floor
14Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2011 and Later	F/M	5-36 members		Spring or Foam Floor
10Y	2013 and Later	F/M	5-36 members		Spring or Foam Floor
8Y	2015 and Later	F/M	5-36 members		Spring or Foam Floor
6Y	2017 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 2.1 (LEVEL 2 BUILDING SKILLS, LEVEL 1 TUMBLING SKILLS)</b>					
10-18 Years Old	6/1/2005-2014	F/M	5-36 members	2:30 Minute Maximum Routine Time	Spring or Foam Floor
12Y	2011 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 2</b>					
10-18 Years Old	6/1/2005-2014	F/M	5-36 members	2:30 Minute Maximum Routine Time	Spring or Foam Floor
14Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2011 and Later	F/M	5-36 members		Spring or Foam Floor
10Y	2013 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 3.1 (LEVEL 3 BUILDING SKILLS, LEVEL 1 TUMBLING SKILLS)</b>					
10-18 Years Old	6/1/2005-2014	F/M	5-36 members	2:30 Minute Maximum Routine Time	Spring or Foam Floor
14Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 3</b>					
10-18 Years Old	6/1/2005-2014	F/M	5-36 members	2:30 Minute Maximum Routine Time	Spring or Foam Floor
14Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2011 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 4.2 (LEVEL 4 BUILDING SKILLS, LEVEL 2 TUMBLING SKILLS)</b>					
10-18 Years Old	6/1/2005-2014	F/M	5-36 members	2:30 Minute Maximum Routine Time	Spring or Foam Floor
<b>RECREATIONAL LEVEL 4</b>					
10-18 Years Old	6/1/2005-2014	F/M	5-36 members	2:30 Minute Maximum Routine Time	Spring or Foam Floor
8-14 Years Old	2009-2016	F/M	5-36 members		Spring or Foam Floor

The age of the athlete will be **determined by the birth year** for the competitive season.

# TRADITIONAL RECREATIONAL

## AFFILIATED AND NON AFFILIATED

### DIVISIONS FOR 2024-2025

DIVISION	BIRTH YEARS	GENDER	# OF PARTICIPANTS	ROUTINE STRUCTURE	COMPETITIVE SURFACE
<b>RECREATIONAL LEVEL 1</b>					
10-18 Years Old	6/1/2005-2014	F/M	5-36 members	2:30 Minute Maximum with 1:30 Max Music	Spring or Foam Floor
14Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2011 and Later	F/M	5-36 members		Spring or Foam Floor
10Y	2013 and Later	F/M	5-36 members		Spring or Foam Floor
8Y	2015 and Later	F/M	5-36 members		Spring or Foam Floor
6Y	2017 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 2.1 (LEVEL 2 BUILDING SKILLS, LEVEL 1 TUMBLING SKILLS)</b>					
10-18 Years Old	6/1/2005-2014	F/M	5-36 members	2:30 Minute Maximum with 1:30 Max Music	Spring or Foam Floor
12Y	2011 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 2</b>					
10-18 Years Old	6/1/2005-2014	F/M	5-36 members	2:30 Minute Maximum with 1:30 Max Music	Spring or Foam Floor
14Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2011 and Later	F/M	5-36 members		Spring or Foam Floor
10Y	2013 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 3.1 (LEVEL 3 BUILDING SKILLS, LEVEL 1 TUMBLING SKILLS)</b>					
10-18 Years Old	6/1/2005-2014	F/M	5-36 members	2:30 Minute Maximum with 1:30 Max Music	Spring or Foam Floor
14Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 3</b>					
10-18 Years Old	6/1/2005-2014	F/M	5-36 members	2:30 Minute Maximum with 1:30 Max Music	Spring or Foam Floor
14Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2011 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL OPEN – ONLY OFFERED AT UCA SCHOOL EVENTS</b>					
10-18 Years Old	6/1/2005-2014	F/M	5-36 members	2:30 Minute Maximum with 1:30 Max Music	Spring or Foam Floor
14Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2011 and Later	F/M	5-36 members		Spring or Foam Floor
10Y	2013 and Later	F/M	5-36 members		Spring or Foam Floor
8Y	2015 and Later	F/M	5-36 members		Spring or Foam Floor
6Y	2017 and Later	F/M	5-36 members		Spring or Foam Floor

The age of the athlete will be **determined by the birth year** for the competitive season.

# RECREATIONAL DIVISIONS

EXHIBITION AND CHEERABILITIES - DIVISIONS FOR 2024-2025					
DIVISION	BIRTH YEARS	GENDER	# OF PARTICIPANTS	ROUTINE STRUCTURE	COMPETITIVE SURFACE
<b>RECREATIONAL EXHIBITIONS</b>					
18 & Younger	6/1/2005 and Later	F/M	5-36 members	2:30 Minute Maximum	Spring or Foam Floor
<b>CHEERABILITIES EXHIBITIONS</b>					
Any Age	Any	F/M	5-36 members	2:30 Minute Maximum	Spring or Foam Floor

The age of the athlete will be **determined by the birth year** for the competitive season.

2024-2025 AGE GRID							
BIRTH YEARS	DIVISION						
	6Y	8Y	10Y	12Y	14Y	8-14Y	10-18Y
2017 AND LATER	X	X	X	X	X		
2016		X	X	X	X	X	
2015		X	X	X	X	X	
2014			X	X	X	X	X
2013			X	X	X	X	X
2012				X	X	X	X
2011				X	X	X	X
2010					X	X	X
2009					X	X	X
2008							X
2007							X
2006							X
2005							X