2023 Showtime Dance Camp

NFHS KEY: C-Crowd Leader B-Ambassador R- Spirit Raiser S-Safety A-Athlete E-Entertainer L-Leadership

DAY 1

9:00am	Camp registration begins
	LUNCH IS NOT PROVIDED
12:00pm	Camp registration ends
12:30pm	Arrive to main meeting area
1:00pm	Staff Show Off & Red Carpet & Warms Ups
1:30pm	Coaches Welcome & Consultation Pom Quarter Break Routine
2:30pm	Team Performance Routine A1
3:30pm	Staff TeamMate Time: Friday Night Lights Coaching Team Performance Routine A
4:30pm	**DINNER**
6:30pm	Fight Song Evaluation/ Home Routine Showcase
7:30pm	Coaches Goal Setting Hip Hop Quarter Break Routine
8:30pm	Unity Games & Spirit Awards
9:00pm	All Camp Meeting

DAY 2

7:00am	***BREAKFAST**
8:30am	Coaches Check-In/ USA Legacy Speaker Warm-Ups & Review
9:00am	Team Technique
9:30am	Performance Routine B1
10:30am	Staff TeamMate Time: Friday Night Lights Coaching Team Performance Routine A2
11:30am	**LUNCH**
12:45pm	Master Class with Guest Choreographer
2:15pm	Game Day Class & Game Day Evaluation Demonstration
3:15pm	Game Day Coaching and Quarter Break Routines Review
4:00pm	Team Up for St. Jude, Pin It Forward, Spirit Awards
4:30pm	**DINNER**
6:30pm	Free Time Coaches Camp Assessment

DAY 3

7:00am	***BREAKFAST**
8:30am	Coaches Check-In/ USA Legacy Speaker Warm-Ups & Review
9:00am	Team Technique
9:30am	Band Chants/Sidelines & Quarter Break Routine Review
10:00am	Dance Showstopper Prelims
10:30am	Staff TeamMate Time: Friday Night Lights Coaching Team Performance Routine A3
11:30am	**LUNCH**
1:00pm	Technique Tips
1:15pm	Game Day Evaluation
2:15pm	Performance Routine B2
3:30pm	Choose Your Challenge
4:30pm	**DINNER**
6:30pm	Class Competition & Spirit Awards
7:30pm	USA Dance Party
8:00pm	Free Time

DAY 4

7:00am	***BREAKFAST**
8:30am	Coaches Wrap Up Warm-Ups & Review
9:00am	Staff TeamMate Time: Friday Night Lights Coaching
9:30am	Friday Night Lights Showdown
10:30am	Dance Showstopper Coaching
10:45am	Dance Showstopper Final Showdown
11:30am	Senior Spotlight & Pin It Forward
12:00pm	Show n' Tell & Final Awards
	LUNCH IS NOT PROVIDED

Friends and family are invited to camp on Day 4 beginning at 9:15 am.

Day 4 will end at approximately 12:30 pm depending on the camp size.

Class times and offerings may vary by camp location.

***BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your State Director to inquire about a specific location.**