

USA HIGH SCHOOL DANCE DIVISIONS for 2023-2024

How to qualify for USA Dance Nationals: If your team competes in any of the divisions listed under “Qualifying Divisions”, and you would like to compete at USA Dance Nationals, you must first pre-qualify at a USA Dance Regional or Classic to be placed in either the Open or Championship division at Nationals. For qualifying divisions, teams who receive an average score of 85 points or greater (excluding penalties) for a given routine will qualify for (and must compete in) the “Championship” division at Dance Nationals. Teams who score an 84.9 or below for a given routine will qualify for (and must compete in) the “Open” division at Dance Nationals. Only the judges’ scores can determine the qualification into the “Open” or “Championship” divisions.

Qualifying Divisions	
Dance	X-Small (2-5) Small (5-10) Medium (11-17) Large (18+)
Contemporary	Small (5-10) Medium (11-17) Large (18+)
Hip Hop	Small (5-10) Medium (11-17) Large (18+)
Lyrical	Small (5-10) Medium (11-17) Large (18+)
Jazz	Small (5-10) Medium (11-17) Large (18+)
Military	Small (5-14) Large (15+)
Dance/Pom	Small (5-10) Medium (11-17) Large (18+)
Prop	5+
Kick	5+
All-Male	5+
Novelty/Musical Theater	5+
Character Dance	5+

Non-Qualifying Divisions	
Co-Ed	5+
Dance/Drill	5+
JV Dance	5+
JV Hip Hop	5+
JV Dance/Pom	5+
JV Jazz	5+
Solo	1

Non-Qualifying Divisions - Jr High	
Jr High Dance	5+
Jr High Hip Hop	5+
Jr High Dance/Pom	5+
Jr High Jazz	5+

At Regionals/Classics a high school can compete 7 routines per team and 3 solos per school.

At Nationals a high school can compete 7 routines per team, 1 solo champion and 2 super dancer per school.

At Regionals/Classics/Nationals - If a school has a separate JV team, up to 7 additional team performances are permitted for the JV team.

At Solo Classics - Unlimited number of soloists per school. Jr High Solo is only offered at a Solo Classic.

A school can compete in either Novelty/Musical Theater or Character Dance, but may not enter both.