

2023 - 2024 UNITED SCORING SYSTEM

Scoring Rubric

# ALL PERFORMANCE RECREATION DIVISIONS



# 2023 - 2024 UNITED SCORING SYSTEM - BUILDING - PERFORMANCE RECREATION

### STUNT DIFFICULTY

STUNT SKILLS WILL ONLY RECEIVE FULL CREDIT IF THEY SHOW CONTROL

2.5	Skills performed do not meet 3.0 requirement
3.0	4 different level appropriate skills performed by MOST of the team
3.5	2 different level appropriate skills performed by MOST of the team at the same time rippled or synchronized without recycling athletes
4.0	3 different level appropriate skills performed by MOST of the team at the same time rippled or synchronized without recycling athletes
4.5	4 different level appropriate skills performed by MOST of the team at the same time rippled or synchronized without recycling athletes

### STUNT DRIVERS

Once a Stunt Difficulty score is determined, each stunt skill will be evaluated based on the following criteria: Degree of Difficulty & Max Participation. Each category has a maximum number of points, outlined in the charts below for a total of 1.5 points.

STUNT DEGREE OF DIFFICULTY (0 - 0.8)			
	Advanced skill by MOST	Elite skill by MOST	
Skill 1	0.1	0.2	
Skill 2	0.1	0.2	
Skill 3	0.1	0.2	
Skill 4	0.1	0.2	

STUNT MAX PARTICIPATION (0 - 0.7) (RIPPLED OR SYNCHRONIZED IN THE SAME SECTION WITHOUT RECYCLING ATHLETES)	
Level Appropriate Skill by MAX OR Advanced Skill by MOST	0.3
Advanced Skill by MAX OR Elite Skill by MOST	0.5
Elite Skill by MAX	

### **BUILDING QUANTITY CHART**

# OF	NUMBER OF GROUPS		
ATHLETES	MAJORITY	MOST	MAX
5 - 11	1	2	3
12 - 17	2	3	4
18 - 22	3	4	5
23 - 30	4	5	6
31 - 38	5	6	7

### PYRAMID DIFFICULTY

2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement
2.5 - 3.0	LOW	2 different level appropriate skills and 2 structures
3.0 - 3.5	MID	3 different level appropriate skills and 2 structures performed by MOST of the team
3.5 - 4.0	HIGH	4 different level appropriate skills and 2 structures performed by MOST of the team

### **PYRAMID DIFFICULTY DRIVERS**

Degree of Difficulty:

- Maximizing the number of groups performing each level appropriate transition
- Utilizing level appropriate stunts into structures/within sequence
- · Combination of skills (level and non-level appropriate)
- Pace & Connection of skills performed

### **TOSS DIFFICULTY**

1.0	Less than a MAJORITY of the team performs a toss
1.5	MAJORITY of the team performs a level appropriate toss
2.0	MAJORITY of the team performs a level appropriate toss rippled or synchronized in the same section* without recycling athletes

Same Section - Single portion of the routine where skills from a skill set are performed.

### **ADDITIONAL INFORMATION**

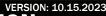
Skills that are not required to be synchronized may be cumulative to meet a difficulty requirement.

To receive credit for a structure in Pyramid Difficulty, 2 or more stunts must be connected by 2 or more top persons

L6- All pyramid skills that are Level Appropriate in L5 will be given Level Appropriate credit.

#### NODY POSITIONS

- · Lib and platform are not considered body positions
- . Body positions include: Stretch, bow and arrow, arabesque, scale, scorpion





# 2023 - 2024 UNITED SCORING SYSTEM - TUMBLING - PERFORMANCE RECREATION

TUMBLING/JUMP

JUMP DIFFICULTY JUMPS MUST USE A WHIP APPROACH TO BE CONSIDERED CONNECTED. WHIP APPROACH-CONTINUOUS MOVEMENT THROUGH SWING, CONNECTING 2 OR MORE JUMPS.		
0.5	Skills performed do not meet 1.0 requirement	
1.0	MOST of the team performs 1 advanced jump	
1.5	MOST of the team performs 2 connected advanced jumps. Must be synchronized and include a variety.  6U/8U: MOST of the team performs 2 advanced jumps. Must be synchronized, but DO NOT need to be connected or include a variety.	
2.0	MAX of the team performs 3 connected advanced jumps or 2 connected advanced jumps, plus 1 additional advanced jump. Must be synchronized and include a variety.  6U/8U: MAX of the team performs 3 advanced jumps. Must be synchronized, but DO NOT need to be connected or include a variety.	

QUANTITY CHART			
#OF ATHLETES	MAJORITY	MOST	MAX
5 - 11	5	6	10
12 - 17	6	7	12
18-22	9	10	18
23 - 30	11	12	22
31-38	15	16	30

### STANDING TUMBLING DRIVERS

Once a Standing Tumbling Difficulty score is determined, each skill/pass will be evaluated based it's Degree of Difficulty. Each category has a maximum number of points, outlined in the charts below for a total of 1 point.

STANDING TUMBLING DEGREE OF DIFFICULTY (0 - 1.0) (To receive credit for each Skill/Pass section below the skills performed must be DIFFERENT)			
	Level Appropriate by MAJORITY	Advanced/Elite by MAJORITY	
Skill/Pass 1	0.2	R 0.4	
	Advanced by MOST	Elite by MOST	
Skill/Pass 2	0.4	R 0.6	

### **RUNNING TUMBLING DRIVERS**

Once a Running Tumbling Difficulty score is determined, each skill/pass will be evaluated based it's Degree of Difficulty and Max Participation. Each category has a maximum number of points, outlined in the charts below for a total of 1 point.

# RUNNING TUMBLING DEGREE OF DIFFICULTY (0 - 0.5) Advanced by MOST Elite by MOST Skill/Pass 0.3 OR 0.5

RUNNING TUMBLING MAX PARTICIPATION (0 - 0.5) Skills/Passes are cumulative throughout the routine.	
Level Appropriate - Skill/Pass by MAX	0.3
Advanced/Elite Level Appropriate - Skill/Pass by MAX	0.5

### ADDITIONAL INFORMATION

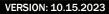
- Standing/Running Tumbling Difficulty and the Degree of Difficulty driver can be achieved by a cumulative approach
- Tumbling passes must land on feet to be considered level appropriate and receive difficulty credit (i.t., jump 3/4 front flip to seat, back handsprings which lands in a prone position, etc w. would not count).
- Jumps within a pass will not break up the pass (i.te., Toe Touch-BHS-Toe Touch-BHS is 1 pass in L3).
- T-Jumps are not considered a jump and will break up a pass into two separate passes.

### **JUMPS**

- · Variety at least 2 different jumps. Performing the same jump with different legs doesn't constitute as variety. (I.e. left/right hurdler)
- Jump skills must land on feet to be considered level appropriate and receive difficulty credit (i.e., jumps that land on knee(s) or seat, etc. would not count).
- · Basic Jumps: Spread Eagle, Tuck Jump
- · Advanced Jumps: Pike, Right/Left Hurdlers (front or side), Toe Touch, Double Nine

STAN	STANDING TUMBLING DIFFICULTY	
1.5	Skills performed do not meet 2.0 requirement	
2.0	Less than a MAJORITY of the team performs a level appropriate pass	
2.5	MAJORITY of the team performs a level appropriate pass	
3.0	MOST of the team performs a level appropriate pass	

RUNNING TUMBLING DIFFICULTY	
1.5	Skills performed do not meet 2.0 requirement
2.0	Less than a MAJORITY of the team performs a level appropriate pass
2.5	MAJORITY of the team performs a level appropriate pass
3.0	MOST of the team performs a level appropriate pass





# 2023 - 2024 UNITED SCORING SYSTEM - EXECUTION

### **EXECUTION - STUNT/PYRAMID & STANDING/RUNNING TUMBLING**

Athletes are expected to demonstrate excellent technique when performing each skill. A team's execution will be determined by all athletes performing the skill.

- Scores will start at a 4.0 and may be reduced by .1, .2 or .3 based on the lack of technical execution of each driver
- .1 Minor technique issues by the team, not just 1 athlete in Tumbling or 1 athlete in Stunts/ Pyramid
- .2 Multiple technique issues by the team
- .3 Widespread technique issues by the team
- No more than .3 will be taken off for a single driver.
- Stylistic differences will not factor into a teams' Execution score.

### **EXECUTION - TOSS & JUMPS**

Athletes are expected to demonstrate excellent technique when performing each skill. A team's execution will be determined by all athletes performing the skill.

- Scores will start at a 2.0 and may be reduced by .1, .2 or .3 based on the lack of technical execution of each driver
- .1 Minor technique issues by the team, not just 1 athlete in Jumps or 1 athlete in Tosses
- .2 Multiple technique issues by the team
- .3 Widespread technique issues by the team
- No more than .3 will be taken off for a single driver.
- Stylistic differences will not factor into a teams' Execution score.

STUNT/PYRAMID DRIVERS Each driver may include, but is not limited to, the below examples:		
Top Person	Body control     Uniform flexibility     Legs straight/locked and toes pointed	
Bases/Spotters	Stability of the stunt     Solid stance     Feet stationary	
Transitions	Entries     Dismounts     Control from skill to skill	
Synchronization*	Timing     *Teams that do not perform at least 1 level appropriate skill/transition by 2 or more groups in Stunts and Pyramids will automatically receive .3 off for Synchronization.	

TOSS DRIVERS Each driver may include, but is not limited to, the below examples:		
Teams that only perform 1 toss will automatically receive .3 off for any driver that constitutes a reduction, regardless of the severity of the issue.		
Straight ride tosses will ONLY affect a team's execution score in level 2.		
Top Person	Body control     Consistent execution of skill/trick     Legs straight/toes pointed     Arm placement	
Bases/Spotters	Using arms/legs to throw together (Timing)     Solid stance     Controlled     Cradle	
Height	Distance between top persons' feet and hands of the bases (The value deducted will not exceed 0.1)	

STANDING/RUNNING TUMBLING DRIVERS Each driver may include, but is not limited to, the below examples:		
Approach	Arm placement into a pass/skill     Swing/prep     Chest placement	
Body Control	Head placement     Arm/shoulder placement in skills     Hips     Leg placement in skills     Control from skill to skill in a pass     Pointed toes	
Landings	Controlled Chest placement Finished pass/skill Incomplete twisting skills	
Synchronization*	Timing     Teams that do not perform at least 1 level appropriate pass synchronized in a group (two or more athletes) will automatically receive .3 off for Synchronization.	

JUMP DRIVERS Each driver may include, but is not limited to, the below examples:			
Arm Placement	Approach     Consistent entry     Swing/prep     Arm position within jump(s)		
Leg Placement	Straight legs Pointed toes Hip placement/rotation/Hyperextension Height Legs/feet together Chest placement Landings		
Synchronization	Timing (The value deducted will not exceed 0.1)		



### 2023 - 2024 UNITED SCORING SYSTEM - OVERALL

### **FORMATIONS & TRANSITIONS**

1.0 - 2.0

A team's ability to demonstrate precise spacing and uniform movement.

The Formations & Transitions score will start at 2.0 and will be reduced .1 for EACH formation and transition that lacks precision.

### **ROUTINE CREATIVITY**

Routine Creativity is the average of 3 opinions supplied by the Building, Tumbling, and Overall Judge and is based on the team's incorporation of innovative, visual, and intricate ideas throughout the routine. Each judge is looking specifically at the skill sections that pertain to their respective categories and how they are composed, as defined below.

1.5 - 2.0

**Overall Judge:** Innovative, visual, and intricate ideas as well as any additional skills performed that enhance the overall appeal and flow of the routine. Overall judges scores encapsulate the entire routine from start to finish.

**Building Judge:** Incorporation of creative, innovative, and visual elements in the Entries, Transitions, and Dismounts of all Building skills. This includes both level and non-level appropriate skills. Pace/connection of skills will be considered.

Tumbling Judge: Incorporation of clear visual tumbling patterns that enhance the skills performed.

### **DANCE**

Dance will be evaluated as a team's ability to demonstrate a variety of difficulty elements with strong execution, based on the elements below.

0.5 - 1.0	DIFFICULTY ELEMENTS	Visual elements • Variety of levels • Formation changes • Footwork • Floorwork • Partner work • Pace
0.5 - 1.0	EXECUTION	Technique • Perfection • Motion Strength/Placement • Synchronization • Energy/Entertainment Value

### **SHOWMANSHIP**

1.0 - 2.0

Showmanship is an average of 3 scores provided by the Building, Tumbling, and Overall Judges based on the panel's impression of the entire performance encompassing all category areas focusing on the team's energy, genuine enthusiasm, confidence, eye contact, and facial expression.

This category is not skill based but will take into consideration appropriate athletic impression throughout the routine.