



COVID-19 COMPETITION RULES (Updated 8.23.2022)

Below, you will find the guidance that we believe is necessary for each identified group to follow in order to conduct a safe and enjoyable competition. For additional information on COVID signs and symptoms, education and safety tips, [click here](#).

COMPETITION VENUE/FACILITY

- Follow applicable state/county/city COVID-19 rules, restrictions, orders and guidance for open businesses.
- Establish a designated holding area for any person(s) to go to if feeling ill or to isolate while coordinating exit from facility or transport offsite.

ORGANIZATION (GYM, STUDIO, SCHOOL, ETC.)

- These COVID-19 Competition Rules are, where applicable to coaches, gym owners and athletes, incorporated into the Varsity Spirit Competition Rules and Regulations.
- It is the Organization's sole responsibility to ensure its compliance with all state/county/city orders applicable to the Organization, including but not limited to health, safety and distancing requirements and travel restrictions.
- A coach or other authorized adult must be always present with their team(s) and be responsible for recognizing when a performer should be removed from the competition for signs/symptoms of COVID-19 or violation of rules.
- Additional rules/guidelines may be communicated prior to each competition. Examples include spectator capacity limitations, mask requirements, crowd and traffic flow management, and other measures to provide a safe environment. The Organization must ensure any additional rules/guidelines are provided to all athletes/coaches/parents/spectators.

ALL PERSONS IN ATTENDANCE (VARSITY PERSONNEL, ATHLETES, COACHES, SPECTATORS, ETC.)

- Anyone who has symptoms of COVID-19 must remain home and follow the [CDC guidelines regarding isolation](#).
- Anyone who develops symptoms while at competition must immediately inform Varsity personnel and comply with the procedure for removal from the competition area.
- Anyone with pre-existing conditions and/or a compromised immune system should speak with their doctor and get clearance from their doctor before attending the competition.
- Athletes, coaches and Varsity personnel should be self-aware of symptoms of COVID-19 as listed by the CDC.
- Masks are optional regardless of vaccination status, except where required by state, local or venue guidelines. If masks are required, the following mask exceptions apply:
 - Masks are not required while actively eating.
 - Athletes are not required to wear masks when stunting, tumbling or engaging in vigorous physical activity, unless otherwise required by state, local or venue guidance. Should state, local or venue guidance require masks be worn by athletes during stunting, tumbling or other vigorous physical activity masks should not impede vision or movement.
 - Not required if wearing one presents a safety hazard.

VARSITY SPIRIT PERSONNEL

- Will adhere to the COVID-19 Competition Rules and Varsity Brands policies related to COVID-19.
- Will be trained on COVID-19 protocols in place and have name and contact info for designated COVID-19 point of contact for the competition.
- Spotting/safety procedures should not be minimized due to social distancing.

Safety is our priority for your competition experience. We are deeply committed to the safety and well-being of our athletes, coaches and spectators. We are prepared to administer a competition that will meet the state and local guidelines related to COVID-19 at the time of the event. While the final details and schedule of any competition could require up to the day adjustments, and all guidelines are subject to change based on state and local guidance, please be assured that Varsity Spirit is committed to delivering the same quality of competition experience for which we are known. We appreciate your understanding of the flexibility this will require.