

# VARSITY RECREATIONAL CHEER DIVISIONS

This document contains the competitive recreational cheer division offerings for the 2022-2023 season. The age grid provides a list of divisions that may be offered by an Event Producer. An Event Producer does not have to offer every division listed.

## All Recreational teams must classify as one of the following:

- **AFFILIATED**
  - The program must be affiliated with, report to, and be governed by an organization such as; YMCA, Boys and Girls Club, City/County Parks and Recreational Program, American Youth Cheer, Pop Warner Association, or other community run program not associated with All Star. Each team must cheer for a sport during the 2022-2023 cheer season.
- **NON-AFFILIATED**
  - Organization may be independent of town/city organization/clubs. Team does not necessarily cheer for a supported, sports program. Team is not affiliated with an All Star program.

## CLASSIFICATIONS

- At the beginning of the season a **team** must classify if they are Affiliated or Non-Affiliated. This must be verified before the first competition. Once the team's affiliation has been declared:
  - A Non-Affiliated team cannot move to an Affiliated division.
  - An Affiliated team can move to the Non-Affiliated division; however, any bids they have earned as an Affiliated team during the competitive season will be forfeited. The team will not be eligible to return to the Affiliated division during the remainder of that competitive season.

\*Exception – if a division is combined at an event, this will not change a team's affiliation.

Affiliated and Non-Affiliated Recreational cheerleading organizations can register teams in Traditional and/or Performance divisions.

- **TRADITIONAL**
  - Routines must consist of Cheer & Music combination.  
Routine Max: 2:30 minutes  
Music Max: 1:30 minutes
- **PERFORMANCE**
  - Routine Max: 2:30 minutes

Traditional and Performance routines may be performed on a spring or foam floor. Check with your event producer to determine what type of floor will be used at the competition.

# PERFORMANCE RECREATIONAL

## AFFILIATED AND NON AFFILIATED

PERFORMANCE RECREATIONAL - DIVISIONS for 2022-2023					
DIVISION	BIRTH YEARS	GENDER	# of PARTICIPANTS	ROUTINE STRUCTURE	COMPETITIVE SURFACE
<b>RECREATIONAL LEVEL 1</b>					
<b>10-18 Years Old</b>	6/1/2003-2012	F/M	5-36 members	<b>2:30 minute maximum routine time.</b>	Spring or Foam Floor
14Y	2007 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
10Y	2011 and Later	F/M	5-36 members		Spring or Foam Floor
8Y	2013 and Later	F/M	5-36 members		Spring or Foam Floor
6Y	2015 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 2.1 (Level 2 Building skills, Level 1 Tumbling skills.)</b>					
<b>10-18 Years Old</b>	6/1/2003-2012	F/M	5-36 members	<b>2:30 minute maximum routine time.</b>	Spring or Foam Floor
12Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 2</b>					
<b>10-18 Years Old</b>	6/1/2003-2012	F/M	5-36 members	<b>2:30 minute maximum routine time.</b>	Spring or Foam Floor
14Y	2007 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
10Y	2011 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 3.1 (Level 3 Building skills, Level 1 Tumbling skills.)</b>					
<b>10-18 Years Old</b>	6/1/2003-2012	F/M	5-36 members	<b>2:30 minute maximum routine time.</b>	Spring or Foam Floor
14Y	2007 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 3</b>					
<b>10-18 Years Old</b>	6/1/2003-2012	F/M	5-36 members	<b>2:30 minute maximum routine time.</b>	Spring or Foam Floor
14Y	2007 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 4.2 (Level 4 Building Skills, Level 2 Tumbling Skills)</b>					
<b>10-18 Years Old</b>	6/1/2003-2012	F/M	5-36 members	<b>2:30 minute maximum routine time.</b>	Spring or Foam Floor
<b>RECREATIONAL LEVEL 4</b>					
<b>10-18 Years Old</b>	6/1/2003-2012	F/M	5-36 members	<b>2:30 minute maximum routine time.</b>	Spring or Foam Floor
8-14 Years Old	2007-2014	F/M	5-36 members		Spring or Foam Floor

The age of the athlete will be **determined by the birth year** for the competitive season.

**For the 2023-2024 season, all "10-18 Years Old" divisions will become "12-18 Years Old" divisions.**

# TRADITIONAL RECREATIONAL

## AFFILIATED AND NON AFFILIATED

TRADITIONAL RECREATIONAL - DIVISIONS for 2022-2023					
DIVISION	BIRTH YEARS	GENDER	# of PARTICIPANTS	ROUTINE STRUCTURE	COMPETITIVE SURFACE
<b>RECREATIONAL LEVEL 1</b>					
<b>10-18 Years Old</b>	<b>6/1/2003-2012</b>	F/M	5-36 members	2:30 minute maximum with 1:30 max music.	Spring or Foam Floor
14Y	2007 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
10Y	2011 and Later	F/M	5-36 members		Spring or Foam Floor
8Y	2013 and Later	F/M	5-36 members		Spring or Foam Floor
6Y	2015 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 2.1 (Level 2 Building skills, Level 1 Tumbling skills.)</b>					
<b>10-18 Years Old</b>	<b>6/1/2003-2012</b>	F/M	5-36 members	2:30 minute maximum with 1:30 max music.	Spring or Foam Floor
12Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 2</b>					
<b>10-18 Years Old</b>	<b>6/1/2003-2012</b>	F/M	5-36 members	2:30 minute maximum with 1:30 max music.	Spring or Foam Floor
14Y	2007 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
10Y	2011 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 3.1 (Level 3 Building skills, Level 1 Tumbling skills.)</b>					
<b>10-18 Years Old</b>	<b>6/1/2003-2012</b>	F/M	5-36 members	2:30 minute maximum with 1:30 max music.	Spring or Foam Floor
14Y	2007 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL LEVEL 3</b>					
<b>10-18 Years Old</b>	<b>6/1/2003-2012</b>	F/M	5-36 members	2:30 minute maximum with 1:30 max music.	Spring or Foam Floor
14Y	2007 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
<b>RECREATIONAL OPEN – ONLY OFFERED AT UCA SCHOOL EVENTS</b>					
<b>10-18 Years Old</b>	<b>6/1/2003-2012</b>	F/M	5-36 members	2:30 minute maximum with 1:30 max music.	Spring or Foam Floor
14Y	2007 and Later	F/M	5-36 members		Spring or Foam Floor
12Y	2009 and Later	F/M	5-36 members		Spring or Foam Floor
10Y	2011 and Later	F/M	5-36 members		Spring or Foam Floor
8Y	2013 and Later	F/M	5-36 members		Spring or Foam Floor
6Y	2015 and Later	F/M	5-36 members		Spring or Foam Floor

The age of the athlete will be **determined by the birth year** for the competitive season.

**For the 2023-2024 season, all "10-18 Years Old" divisions will become "12-18 Years Old" divisions.**

# RECREATIONAL DIVISIONS

EXHIBITION AND CHEERABILITIES - DIVISIONS for 2022-2023					
DIVISION	BIRTH YEARS	GENDER	# of PARTICIPANTS	ROUTINE STRUCTURE	COMPETITIVE SURFACE
<b>RECREATIONAL EXHIBITIONS</b>					
18 & Younger	6/1/2003 and Later	F/M	5-36 members	2:30 minute maximum	Spring or Foam Floor
<b>CHEERABILITIES EXHIBITIONS</b>					
Any Age	Any	F/M	5-36 members	2:30 minute maximum	Spring or Foam Floor

The age of the athlete will be **determined by the birth year** for the competitive season.

**For the 2023-2024 season, all "10-18 Years Old" divisions will become "12-18 Years Old" divisions.**

2022-2023 AGE GRID							
BIRTH YEARS	DIVISIONS						
	6Y	8Y	10Y	12Y	14Y	8-14Y	10-18Y
2015 AND LATER	X	X	X	X	X		
2014		X	X	X	X	X	
2013		X	X	X	X	X	
2012			X	X	X	X	X
2011			X	X	X	X	X
2010				X	X	X	X
2009				X	X	X	X
2008					X	X	X
2007					X	X	X
2006							X
2005							X
2004							X
2003							X