



VARSITY UNIVERSITY - Dallas/Fort Worth

JULY 15 - 16, 2022



FRIDAY July 15th

10:00 am - 1:00 pm	Registration						
1:00pm- 1:30pm	Orientation (FW Ballroom 4 & 5)						
	FW Ballroom 4	FW Ballroom 5	FW Ballroom 1	FW Ballroom 2	FW Ballroom 3	FW Ballroom 6	FW Ballroom 7
1:30pm-3:00pm	Kenny Feely Building L1-7	Dr. Lamont Tyler CareNow Market Medical	Lark Wood Effective Communication for Leaders	Megan Gomarlo Small Gym Success	Lisa Aucoin Lessons From a Challenging Season	United Scoring System Understanding The Basics	Mandy Andrews How to Create Ownership in Tumbling to Build Confidence
3:00pm-3:15pm	Class Change						
3:15pm- 4:30pm	United Scoring System w/Stephanie Ammirati Harrod and Tyler Phillips (FW Ballroom 4 & 5)						
4:30pm-4:45pm	Class Change						
4:45pm-5:30pm	Kenny Feely & Lisa Aucoin Building the Perfect Pyramid	Justin Miller Always Breakdown Corrections (ABCs)	Peter Lezin Preparing to go Full Out for the First Time	Jennifer Long Preperation for High School Athletes Cheering in College	Rob Ulrich Gym Owners Turn your hobby into a Business.	Megan Gomarlo Reinventing Your Gym Culture	Power-Barre Clinic
7:00pm - 9:30pm	Varsity University Party						

SATURDAY July 16th

	FW Ballroom 4	FW Ballroom 5	FW Ballroom 1	FW Ballroom 2	FW Ballroom 3	FW Ballroom 6	FW Ballroom 7
9:00am-10:30am	Kenny Feely Building Drills and Fundamentals and How to Imporve Drives	Justin Miller Prehab and Warmup Culture	Damianne Albee & Justin Carrier The Summit Championships	Dr. Nichola StJames DAT Being Prepared - Emergency Action Planing for the Gym Atmosphere	Rob Ulrich Gym Owners Time to grow up you're a CEO.	Stephanie Ammirati Harrod w/Peter Lezin	Jenna Scheiner STUNT
			Lark Wood & Justin Carrier The League	Jennifer Long Helping Athletes Navigate the World of Social Media			Ingrid Caruso How to train an aesthetically fabulous flyer
10:30am-10:45am	Class Change						
10:45am-12:15pm	Kenny Feely Building L1-7	Justin Miller Always Breakdown Corrections (ABCs)	Lisa Aucoin Building a Season Long Staff & Training Program	Peter Lezin Common Mistakes in Stunts How to do we fix them?	Megan Gomarlo Customer Loyalty	Tyler Phillips w/Mandy Andrews	Dr. Nichola StJames DAT Mental Health Resilience
				Jennifer Long Helping Athletes Navigate the World of Social Media			Damianne Albee & Justin Carrier The Summit Championships
12:15pm-1:30pm	Lunch Break						
1:45pm- 3:00pm	Kenny Feely The Art of Twisting	Justin Miller Proprioception, Drill Engagement	Lisa Aucoin How to Mentor, Influence, Inspire & Reach the Next Generation	Peter Lezin Stunt Conditioning	Rob Ulrich Gym Owners Investing in your Staff	Mandy Andrews Tumbling Shapes	Jennifer Long Effects of the Pandemic on our Athletes
				Lark Wood & Justin Carrier The League			Dr. Nichola StJames DAT Reducing Chronic Injuries
3:00pm-3:15pm	Class Change						
3:15pm-4:30pm	Special Guest Speaker - Kevin Atlas (FW Ballroom 4 & 5)						
4:30pm-5:00pm	Graduation (FW Ballroom 4 & 5)						