

# 2021 - 2022 VARSITY ALL STAR

# Scoring Rubric

UK VERSION



VARSITY  
ALL STAR

The below divisions will utilize the following rubrics:

L6: International Open, International Open NT &  
International Global

L7: International Open, International Open NT

Referred to as AS-DIV3 on the following documents.

## STUNT DIFFICULTY

*STUNT SKILLS WILL ONLY RECEIVE FULL CREDIT IF THEY SHOW CONTROL THROUGH THE POP OR TRANSITION TO ANOTHER SKILL.*

2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement
2.5 - 3.0	LOW	4 different level appropriate skills performed by Most of the team, 2 of which are Elite level appropriate
3.0 - 3.5	MID	4 different level appropriate skills performed by Most of the team, 3 of which are Elite level appropriate
3.5 - 4.0	HIGH	4 different Elite level appropriate skills performed by Most of the team

## ADDITIONAL INFORMATION

For Level 7 Stunts: All Level 6 & 7 Level appropriate skills will be considered Level Appropriate for scoring purposes (at least 2 different Level 7 skills are required to score in High range).

L6- All pyramid skills that are Level Appropriate in L5 will be given Level Appropriate credit.

Skills that are not required to be synchronized may be cumulative to meet a difficulty requirement.

### BODY POSITIONS

- Lib and platform are not considered body positions
- Body positions include: Stretch, bow and arrow, arabesque, scale, scorpion.

## DIFFICULTY DRIVERS

- Degree of difficulty
- Percent of team participation (Maximizing stunt groups based on the number of athletes)
- Combination of skills (level and non-level appropriate)
- Pace of skills performed

## BUILDING QUANTITY CHART

# OF ATHLETES	NUMBER OF GROUPS	
	MAJORITY	MOST
5 - 11	1	1
12 - 15	1	2
16 - 19	2	3
20 - 23	3	4
24 - 30	4	5
31 - 38	5	6

## PYRAMID DIFFICULTY

2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement
2.5 - 3.0	LOW	2 different level appropriate skills and 2 structures performed by Most of the team
3.0 - 3.5	MID	3 different level appropriate skills and 2 structures performed by Most of the team
3.5 - 4.0	HIGH	4 different level appropriate skills and 2 structures performed by Most of the team

## TOSS DIFFICULTY

1.0	Less than a Majority of the team performs a toss
1.5	Majority of the team performs a level appropriate toss
2.0	Majority of the team performs a level appropriate toss rippled or synchronized in the same section

Same Section - Single portion of the routine where skills from a skill set (Stunts, Pyramids, Tosses, Standing Tumbling, Running Tumbling, Jumps) are performed.

## STUNT DIVISION EXPECTATIONS

*MUST BE PERFORMED BY GROUPS OF 3 OR MORE ATHLETES. RIPPLED OR SYNCHRONIZED IN THE SAME SECTION WITHOUT RECYCLING ATHLETES.*

NON-TUMBLING (10-30)		INTERNATIONAL OPEN/GLOBAL (10-24)	
1.0	1-4 groups perform a level appropriate skill	1.0	1-3 groups perform a level appropriate skill
1.2	5 groups perform a level appropriate skill	1.2	4 groups perform a level appropriate skill
1.4	6 groups perform a level appropriate skill	1.4	5 groups perform a level appropriate skill
1.6	7 groups perform a level appropriate skill	1.6	6 groups perform a level appropriate skill
1.8	6 groups perform an ELITE level appropriate skill	1.8	5 groups perform an ELITE level appropriate skill
2.0	7 groups perform an ELITE level appropriate skill	2.0	6 groups perform an ELITE level appropriate skill



## JUMP DIFFICULTY

**JUMPS MUST USE A WHIP APPROACH TO BE CONSIDERED CONNECTED.**

**WHIP APPROACH- CONTINUOUS MOVEMENT THROUGH SWING, CONNECTING 2 OR MORE JUMPS.**

0.5	Skills performed do not meet 1.0 requirement
1.0	Most of the team performs 1 advanced jump
1.5	Most of the team performs 2 connected advanced jumps. Must be synchronized and include a variety.
2.0	Most of the team performs 3 connected advanced jumps or 2 connected advanced jumps, plus 1 additional advanced jump. Must be synchronized and include a variety.

## TUMBLING/JUMP QUANTITY CHART

# OF ATHLETES	MAJORITY	MOST
5 - 9	4	5
10 - 15	6	7
16 - 19	8	9
20 - 25	10	13
26 - 30	14	16
31 - 38	15	18

## DIFFICULTY DRIVERS

- Degree of difficulty
- Percent of team participation
- Combination of skills
- Synchronization of passes
- Variety of passes

## STANDING TUMBLING DIFFICULTY

**SAME SECTION - SINGLE PORTION OF THE ROUTINE WHERE SKILLS FROM A SKILL SET ARE PERFORMED.**

2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement
2.5 - 3.0	LOW	Most of the team performs a level appropriate pass
3.0 - 3.5	MID	Majority of the team performs an Elite level appropriate pass
3.5 - 4.0	HIGH	Most of the team performs an Elite level appropriate pass in the same section

## RUNNING TUMBLING DIFFICULTY

2.0 - 2.5	BELOW	Skills performed do not meet Low range requirement
2.5 - 3.0	LOW	Majority of the team performs a level appropriate pass
3.0 - 3.5	MID	Most of the team performs a level appropriate pass
3.5 - 4.0	HIGH	Majority of the team performs an Elite level appropriate pass

## JUMPS

- Variety - at least 2 different jumps. Performing the same jump with different legs doesn't constitute as variety. (i.e. left/right hurdler).
- Jump skills must land on feet to be considered level appropriate and receive difficulty credit (i.e. jumps that land on knee(s) or seat, etc. would not count).
- Basic Jumps: Spread Eagle, Tuck Jump
- Advanced Jumps: Pike, Right/Left Hurdlers (front or side), Toe Touch

## ADDITIONAL INFORMATION

- Tumbling passes must land on feet to be considered level appropriate and receive difficulty credit (i.e. jump 3/4 front flip to seat, back hand-springs which lands in a prone position, etc. would not count).
- Jumps within a pass will not break up the pass (i.e. Toe Touch BHS Toe Touch BHS Full is 1 pass).
- T-Jumps are not considered a jump and will break up a pass into two separate passes.
- L6 & L7- Standing Tumbling skills ending in a layout that are LEGAL in L5 will not receive level appropriate credit (i.e. BHS-BHS-Layout).



# 2021 - 2022 ALL STAR SCORING SYSTEM - OVERALL

## STUNT CREATIVITY

0.5 - 1.0	<p>Stunt skills incorporate visual, unique or innovative ideas. This includes level and non-level appropriate skills.</p> <p>This may include: Entries • Transitions • Dismounts</p>
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## PYRAMID CREATIVITY

0.5 - 1.0	<p>Pyramid skills incorporate visual, unique or innovative ideas. This includes level and non-level appropriate skills.</p> <p>This may include: Entries • Transitions • Dismounts</p>
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## ROUTINE COMPOSITION

1.0 - 2.0	<p>A team's ability to demonstrate the following throughout the routine:</p> <p>Precise spacing • Formations • Transitions</p> <p>This also includes innovative, visual and intricate ideas, as well as, any additional skills performed to enhance the overall appeal.</p>
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## DANCE

1.0 - 2.0	<p>A team's ability to demonstrate a high level of energy and entertainment value which may incorporate:</p>	<p><b>DIFFICULTY:</b> Visual elements • Variety of levels • Formation changes • Footwork • Floorwork • Partner work • Pace</p>
		<p><b>EXECUTION:</b> Technique • Perfection • Motion Strength/Placement • Synchronization</p>

## OVERALL IMPRESSION

1.0 - 2.0	<p>The judging panel's overall impression of the entire performance encompassing all category areas and including energy, genuine enthusiasm, showmanship, and eye contact. Facial expression will not be considered when scoring this category and teams that wear masks while performing will not be penalized.</p> <p>*Overall Impression will include and take into consideration appropriate athletic impression throughout the routine.</p>
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# 2021 - 2022 ALL STAR SCORING SYSTEM - EXECUTION

## EXECUTION - STUNT/PYRAMID & STANDING/RUNNING TUMBLING

4.0	<p>Athletes are expected to demonstrate excellent technique when performing each skill. A team's execution will be determined by all athletes performing the skill.</p> <ul style="list-style-type: none"> <li>• Scores will start at a 4.0 and may be reduced by .1, .2 or .3 based on the lack of technical execution of each driver</li> <li>• .1 - Minor technique issues by the team, not just 1 athlete in Tumbling or 1 athlete in Stunts/Pyramid</li> <li>• .2 - Multiple technique issues by the team</li> <li>• .3 - Widespread technique issues by the team</li> <li>• No more than .3 will be taken off for a single driver.</li> <li>• Stylistic differences will not factor into a teams' Execution score.</li> </ul>
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## EXECUTION - TOSS & JUMPS

2.0	<p>Athletes are expected to demonstrate excellent technique when performing each skill. A team's execution will be determined by all athletes performing the skill.</p> <ul style="list-style-type: none"> <li>• Scores will start at a 2.0 and may be reduced by .1, .2 or .3 based on the lack of technical execution of each driver</li> <li>• .1 - Minor technique issues by the team, not just 1 athlete in Jumps or 1 athlete in Tosses</li> <li>• .2 - Multiple technique issues by the team</li> <li>• .3 - Widespread technique issues by the team</li> <li>• No more than .3 will be taken off for a single driver.</li> <li>• Stylistic differences will not factor into a teams' Execution score.</li> </ul>
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## STUNT/PYRAMID DRIVERS

*Each driver may include, but is not limited to, the below examples:*

<b>Top Person</b>	<ul style="list-style-type: none"> <li>• Body control</li> <li>• Uniform flexibility</li> <li>• Motion placement</li> <li>• Legs straight/locked and toes pointed</li> </ul>
<b>Bases/Spotters</b>	<ul style="list-style-type: none"> <li>• Stability of the stunt</li> <li>• Solid stance</li> <li>• Positioned shoulder width apart</li> <li>• Feet stationary</li> </ul>
<b>Transitions</b>	<ul style="list-style-type: none"> <li>• Entries</li> <li>• Dismounts</li> <li>• Speed/control/flow from skill to skill</li> </ul>
<b>Synchronization*</b>	<ul style="list-style-type: none"> <li>• Timing</li> </ul>

\*Teams that do not perform at least 1 level appropriate skill/transition by 2 or more groups in Stunts and Pyramids will automatically receive .3 off for Synchronization.

## TOSS DRIVERS

*Each driver may include, but is not limited to, the below examples:*

<b>Top Person</b>	<ul style="list-style-type: none"> <li>• Body control</li> <li>• Consistent execution of skill/trick</li> <li>• Legs straight/toes pointed</li> <li>• Arm placement</li> </ul>
<b>Bases/Spotters</b>	<ul style="list-style-type: none"> <li>• Using arms/legs to throw together</li> <li>• Solid stance</li> <li>• Timing</li> <li>• Arms up to catch high</li> <li>• Legs used to absorb catch</li> <li>• Group positioned no more than shoulder width apart</li> <li>• Controlled</li> <li>• Cradle</li> </ul>
<b>Height</b>	<ul style="list-style-type: none"> <li>• Relative to the size of the athletes performing the toss</li> </ul>

Teams that only perform 1 toss will automatically receive .3 off for any driver that constitutes a reduction, regardless of the severity of the issue.

## STANDING/RUNNING TUMBLING DRIVERS

*Each driver may include, but is not limited to, the below examples:*

<b>Approach</b>	<ul style="list-style-type: none"> <li>• Arm placement into a pass/skill</li> <li>• Swing/prep</li> <li>• Chest placement</li> <li>• Flow from skill to skill in a pass</li> <li>• Connection of pass/skills</li> </ul>
<b>Body Control</b>	<ul style="list-style-type: none"> <li>• Head placement</li> <li>• Arm/shoulder placement in skills</li> <li>• Hips</li> <li>• Leg placement in skills</li> <li>• Pointed toes</li> </ul>
<b>Landings</b>	<ul style="list-style-type: none"> <li>• Controlled</li> <li>• Legs/feet together</li> <li>• Chest placement</li> <li>• Finished pass/skill</li> <li>• Incomplete twisting skills</li> </ul>
<b>Synchronization*</b>	<ul style="list-style-type: none"> <li>• Timing</li> </ul>

\*Teams that do not perform at least 1 level appropriate pass synchronized in a group will automatically receive .3 off for Synchronization.

## JUMP DRIVERS

*Each driver may include, but is not limited to, the below examples:*

<b>Arm Placement</b>	<ul style="list-style-type: none"> <li>• Approach</li> <li>• Consistent entry</li> <li>• Swing/prep</li> <li>• Arm position within jump(s)</li> </ul>
<b>Leg Placement</b>	<ul style="list-style-type: none"> <li>• Straight legs</li> <li>• Pointed toes</li> <li>• Hip placement/rotation</li> <li>• Hyperextension</li> <li>• Height</li> <li>• Legs/feet together</li> <li>• Chest placement</li> <li>• Landings</li> </ul>
<b>Synchronization</b>	<ul style="list-style-type: none"> <li>• Timing</li> </ul>



# 2021 - 2022 ALL STAR SCORING SYSTEM - TOSSES

9.1.21

## LEVEL 6

NON - TWISTING	TWISTING
PIKE HITCH KICK • PIKE KICK PRETTY GIRL PIKE SWITCH KICK • HITCH KICK KICK	BALL DOUBLE FULL • PIKE DOUBLE FULL • KICK DOUBLE FULL TOE TOUCH DOUBLE FULL • DOUBLE UP TOE TOUCH • HITCH KICK DOUBLE FULL SWITCH KICK DOUBLE FULL • KICK FULL KICK FULL

## LEVEL 7

NON - TWISTING	TWISTING
TUCK • X-OUT • PIKE • LAYOUT	LAYOUT FULL • LAYOUT DOUBLE FULL • X-OUT FULL SPLIT FULL • ARABIAN 1 1/2 • PIKE OPEN DOUBLE FULL



# 2021 - 2022 ALL STAR SCORING SYSTEM - TUMBLING

9.1.21

## LEVEL 6 & 7

STANDING TUMBLING SKILLS	RUNNING TUMBLING SKILLS
JUMP BACK TUCK	CARTWHEEL FULL • ROUND OFF FULL • ROUND OFF BHS FULL • FRONT WALKOVER THROUGH TO FULL SIDE AERIAL/FRONT AERIAL/ONODI THROUGH TO FULL • FRONT FULL
<p style="text-align: center;"><b>ELITE LEVEL APPROPRIATE</b></p> STANDING FULL • JUMP FULL • BHS FULL • JUMP BHS FULL • BHS SERIES TO FULL JUMP BHS SERIES TO FULL • BHS WHIP TO BHS SERIES TO FULL • BHS SERIES TO DOUBLE FULL JUMP BHS SERIES TO DOUBLE FULL • BHS WHIP TO BHS SERIES TO DOUBLE FULL. BHS WHIP FULL • BHS WHIP DOUBLE FULL	<p style="text-align: center;"><b>ELITE LEVEL APPROPRIATE</b></p> FRONT HANDSPRING FRONT FULL • PUNCH FRONT STEP OUT TO FULL • ROUND OFF BHS WHIP TO FULL ROUND OFF ARABIAN ROUND OFF BHS FULL • ROUND OFF BHS FULL BHS SERIES TO FULL. • ROUND OFF DOUBLE FULL ROUND OFF BHS DOUBLE FULL • FRONT WALKOVER THROUGH TO DOUBLE FULL PUNCH FRONT STEP OUT TO DOUBLE FULL • ROUND OFF BHS WHIP TO DOUBLE FULL ROUND OFF ARABIAN ROUND OFF BHS DOUBLE FULL • ROUND OFF BHS FULL BHS SERIES TO DOUBLE FULL ROUND OFF BHS DOUBLE FULL BHS SERIES TO DOUBLE FULL • ROUND OFF WHIP FULL ROUND OFF WHIP DOUBLE FULL • ROUND OFF BHS FULL TO WHIP TO DOUBLE FULL

*This document includes examples of level appropriate skills. Coaches are still responsible for ensuring that any skills performed in their routine are compliant with the IASF Safety Rules. Please check back as this document may be updated throughout the season.*