

VARSITY SPIRIT CONSTITUTION CHECKLIST



CONSTITUTION CHECKLIST

State team purpose and structure

Include your goals, leadership framework, and designation of teams (JV/VA)

Describe tryout process

Eligibility requirements:

- GPA
- Class attendance
- School standing

Outline team commitments:

- Practice schedule
- Major season dates (competitions, games, fundraisers)
- Summer commitments (camp)

Consequences

Detail your system here (strikes, demerits, grounds for team dismissal)

Athlete expectations:

- Detail absence/tardy policy
- Appearance/uniform expectations
- Preparedness
- Community involvement
- Communication policy
- Social media policy

Parent responsibilities:

- Communication process
- Conduct guidelines
- Monetary requirements/fundraising

Signature section

Creating your team constitution is one of the most challenging aspects as a coach. To aide you in this process, Varsity Spirit has created several resources exclusively for you. We have included a **fillable constitution** that can serve as a basic version to get you going.