



**VARSITY
SPIRIT**

SIGNS & SYMPTOMS OF COVID-19

SYMPTOM	COVID-19	COMMON COLD	FLU	ALLERGIES
Fever or Chills	Common	Rare	Common	Sometimes
Dry Cough	Common	Mild	Common	Sometimes
Shortness of Breath	Common	No	No	Common
Headaches	Sometimes	Rare	Common	Sometimes
Aches & Pains	Sometimes	Common	Common	No
Sore Throat	Sometimes	Common	Common	No
Fatigue	Sometimes	Sometimes	Common	Sometimes
Diarrhea	Sometimes	No	Sometimes*	No
Congestion/Runny Nose	Sometimes	Common	Sometimes	Common
Sneezing	Sometimes	Common	No	Common
New Loss of Taste/Smell	Sometimes	Rare	Rare	Rare
Nausea/Vomiting	Sometimes	Rare	Sometimes	Rare

*Sometimes for children

*Sources: CDC, WHO, American College of Allergy, Asthma and Immunology
Please note: Information is evolving, and this list is not all inclusive

[Full list of COVID-19 Symptoms](#)

SIX PRECAUTIONS TO REDUCE SPREAD OF COVID-19

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth
- Wear a Face Mask.
- Maintain at least a 6-foot (2 meter) distance from others.
- Wash hands frequently with soap and water for at least 20 seconds.
- If you are sick, stay home.

[Click here for more CDC Tips for Personal/Social Activities](#)