



**VARSITY  
SPIRIT**

## SIGNS & SYMPTOMS OF COVID-19

SYMPTOM	COVID-19	COMMON COLD	FLU	ALLERGIES
<b>Fever or Chills</b>	Common	Rare	Common	Sometimes
<b>Dry Cough</b>	Common	Mild	Common	Sometimes
<b>Shortness of Breath</b>	Common	No	No	Common
<b>Headaches</b>	Sometimes	Rare	Common	Sometimes
<b>Aches &amp; Pains</b>	Sometimes	Common	Common	No
<b>Sore Throat</b>	Sometimes	Common	Common	No
<b>Fatigue</b>	Sometimes	Sometimes	Common	Sometimes
<b>Diarrhea</b>	Rare	No	Sometimes*	No
<b>Congestion/Runny Nose</b>	Rare	Common	Sometimes	Common
<b>Sneezing</b>	Sometimes	Common	No	Common
<b>New Loss of Taste/Smell</b>	Sometimes	Rare	Rare	Rare
<b>Nausea/Vomiting</b>	Sometimes	Rare	Sometimes	Rare

\*Sometimes for children

\*Sources: CDC, WHO, American College of Allergy, Asthma and Immunology  
Please note: Information is evolving, and this list is not all inclusive

### [Full list of COVID-19 Symptoms](#)

## SIX PRECAUTIONS TO REDUCE SPREAD OF COVID-19

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose and mouth
- Wear a Face Mask.
- Maintain at least a 6-foot (2 meter) distance from others.
- Wash hands frequently with soap and water for at least 20 seconds.
- If you are sick, stay home.

[Click here for more CDC Tips for Personal/Social Activities](#)