TEAM ROSTER WITH EMERGENCY CONTACT AND INFORMATION

Keep a copy of this form for each of your teams in the gym and on hand when traveling to events. When emergencies happen, be prepared and know what you need to communicate to medical professionals. Be sure to list the full names of your athletes and their emergency contacts. Set a calendar reminder to keep this document updated as phone numbers may change

ATHLETE	EMERGENCY#	EMERGENCY CONTACT	SPECIAL CONDITION