



## **VARSITY SPIRIT CAMP RULES**

Any person attending camp must read and abide by the camp rules set forth by Varsity Spirit, as well as the rules of the camp location. Violation of these rules, and/or behavior that is deemed inappropriate, unsafe or disruptive, may result in the camp dismissal of an individual(s) and/or the entire squad. School officials may also be contacted pertaining to rule violations. Anyone dismissed from camp is not eligible for a refund.

### **GENERAL CAMP RULES**

- An authorized Adult in Charge (official coach, sponsor, school employee, parent authorized to be the team chaperone, etc), 21 years of age or older, must attend camp with participants (except Drum Majors).
- Participants must be in attendance and on time to all classes and camp functions.
- Walk in groups of two or more.
- Participants are always required to wear their camp identification (where applicable at certain locations and will be provided at check-in).
- Varsity Spirit is not responsible for lost or stolen items. Valuables should be left at home.
- The use of cameras, imaging, and digital devices by adults and/or minors is permitted only in areas where privacy is not expected.
- If an emergency occurs, contact the appropriate emergency number for your location and notify a member of Varsity Spirit/Varsity Camp Administration.
- Participants who must go to a clinic or hospital should contact a member of Varsity Spirit/Varsity Camp Administration prior to leaving camp.
- Participants may not leave camp for any reason, unless prearranged and signed out with Varsity Spirit/Varsity Camp Administration. An authorized adult must accompany any minor who leaves camp for any reason.
- An Adult in Charge is responsible for participants outside scheduled class times including but not limited to meals, pool/beach activities, practice outside of class time, free time activities, etc.

### **THE FOLLOWING IS PROHIBITED:**

- Bullying, initiations or hazing of any kind.
- Smoking, vaping and/or the use or possession of alcohol and/or other illegal substances.
- Fireworks, guns and/or other weapons.
- Cheering, chanting, stunting, tumbling or dancing in areas not specifically designated for instructional classes and practice.
- Jewelry of any kind during class at cheer camps.
- Running, horseplay or unnecessary noise in the dorm/hotel/dining facility.
- Use of glitter, silly string, confetti or any similar substance/material.

### **OVERNIGHT/HOTEL/RESORT CAMP RULES**

- All windows must remain closed in the air-conditioned dorms/hotels. In dorms/hotels without air-conditioning, windows may be left open but screens must be left on. Do not lean out of the windows.
- Hang signs only with the express permission of Camp Administration.



Participants may only ride in cars while at camp with prior approval by the Adult in Charge and Camp Administration.

- Any damage to the dorm/hotel will be charged to your group. Leave your room in the same condition as you found it, including the placement of furniture.
  
- Evening hours requirements:
  - 9:30 – in the dorm/hotel
  - 10:00 – on appropriate floor assigned to squad/team
  - 10:30 – in room assigned to participant
  - 11:00 – in bed and lights out
- Keep doors locked when you leave the room and when you are in the room. Do not prop doors open.
- No one of the opposite sex is allowed in the sleeping rooms.
- Lost or unreturned room keys/cards will be charged to the team/individual.
- For the safety and privacy of all camp attendees, participants should not fraternize with other groups not associated with camp.
- Participants may not go back to the dorm/hotel during classes without approval from the Adult in Charge, who must then notify Varsity Camp Administration.
- If an off-site facility is used for classes, the Adult in Charge is responsible for participants while traveling to and from off-site facility.