



**Cheer Canada / USASF Age Grid Comparison Chart  
CheerAbilities & Rec/Novice**

All Age Ranges, Team Sizes & Gender Restrictions are the same between Cheer Canada & the USASF.

<b>CHEER CANADA CHEERABILITIES</b>				
<b>Level</b>	<b>Division</b>	<b>Age Range</b>	<b>Team Size</b>	<b>Gender</b>
<b>Modified 2</b>	CheerAbilities	Any Age	Unlimited	Mixed
<b>CHEER CANADA RECREATION</b>				
<b>Level</b>	<b>Division</b>	<b>Age Range</b>	<b>Team Size</b>	<b>Gender</b>
<b>NOVICE</b>	Tiny	3-6	5-30	Mixed
<b>NOVICE</b>	Mini	5-8	5-30	Mixed
<b>NOVICE</b>	Youth	5-11	5-30	Mixed
<b>NOVICE</b>	Junior	5-14	5-30	Mixed
<b>NOVICE</b>	Senior	11-18	5-30	Mixed