

VARSITY UNIVERSITY - ATLANTA

JUNE 28 - 29, 2019

| | THURSDAY |
|----------------|---------------------|
| By Appointment | USASF Credentialing |

| FRIDAY | | | | | | | | | | |
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| By Appointment | USASF Credentialing | | | | | | | | | |
| 9:00am - 11:00am | Varsity University Tumblethon benefiting St. Jude! (Ballroom C & D) | | Hands On - Amilia (Ballroom E) | USASF - Robin Glik (Chastain) | The All Star Message - (Tuxedo) | | Developing Your Personal Coaching Philosophy - Logan Rebstock (East & West Paces) | | | |
| 9:00am - 11:00am 9:00am - 12:00am | Registration | | | | | | | | | |
| | | | | | | | | | | |
| 12:30pm - 1:15pm | Orientation (Ballroom A & B) | | | | | | | | | |
| 1:15pm - 1:30pm | Class Change | | | | | | | | | |
| Rooms | Ballroom C | Ballroom D | Ballroom E | Tuxedo | Chastain | West Paces | East Paces | Habersham | | |
| 1:30pm - 3:00pm | Mechanics of Stunting - Corey Rickett | Elite Tumbling - Robbie Gregory | Professional Leadership & Time Management - Stacy Rowe | Small Gyms, Big Dreams - Megan Primrose | Coaches Under 30 - Sydney Collins & Kyleigh Garrison | Goal Setting - Tanya Roesel | Making the Most out of Your Summer - Jason Larkins | Strength and Conditioning - Logan Rebstock | | |
| 3:00pm - 3:30pm | Coffee Break | | | | | | | | | |
| 3:30pm - 5:30pm | VAS Scoring (Ballroom A & B) | | | | | | | | | |
| 7:00pm - 9:30pm | Varsity University Tailgate | | | | | | | | | |

| SATURDAY | | | | | | | | | | |
|-----------------|--|---|--|--|---|--|---|--|--|--|
| Rooms | Ballroom C | Ballroom D | Ballroom E | Tuxedo | Chastain | West Paces | East Paces | Habersham | | |
| 9:00am-10:30am | Levels 4,5 & 6 Stunting - Corey Rickett | Coaching Through Mental Blocks - Dr. Russell Kennedy | 8:30am - 10:30am 180 Pro Business Breakfast - Are You Maxing Out Your Score? (Ballroom A & B) | Scoring Q& A-D2 - (9:00am-9:40am) | Preparing for Fullouts - Jason Larkins (9:00am-9:40am) | Mark Ups & Vendor License - Tanya Rosel (9:00am-9:40am) | Using Analytics to Increase Production & Development - Logan Rebstock (9:00am-9:40am) | Power Barre® - Ingrid Caruso (9:00am-9:40am) | | |
| | | | | Scoring Q& A-D1 - (9:50am-10:30am) | No Space, No Problem - Megan Primrose (9:50am-10:30am) | Jumps & Flex - Stephanie Broadbeck (9:50am-10:30am) | Round Table - Logan/TanyaB/Jason (9:50am-10:30am) | Social Media - Rebecca Bass (9:50am - 10:30am) | | |
| 10:30am-10:45am | Class Change | | | | | | | | | |
| 10:45am-12:15pm | Levels 1 & 2 Stunting - Corey Rickett | Standing Tumbling - Robbie Gregory | All Star Budgeting & Parent Communication - Sean Timmons | Jumps and Flex - Stephanie Broadbeck (10:45am - 11:25am) | End of Season Events (10:45am - 11:25am) | No Space, No Problem - Megan Primrose (10:45am-11:25am) | Embrace the Chaos - Sally Green (10:45am-11:25am) | Motivating Your Athletes - Dr. Russell Kennedy (10:45am - 11:25am) | | |
| | | | | Power Barre® - Ingrid Caruso (11:35am-12:15pm) | Using Analytics to Increase Production & Development - Logan Rebstock (11:35am-12:15pm) | Preparing for Fullouts - Jason Larkins (11:35am-12:15am) | Choreography - Jamie & Stephanie H. (11:35am-12:15pm) | Mental Health & Eating Disorders - Dr. Russell Kennedy (11:35am-12:15pm) | | |
| 12:15pm-1:30pm | | Lunch Break | | | | | | | | |
| 1:30pm- 3:00pm | Level 3 Stunting - Corey Rickett | Running Tumbling - Robbie Gregory | SWOT Analysis & Sailboat Problem Solving - Stacy Rowe & Amilia | Basket Tosses- Stephanie Broadbeck (1:30pm-2:10pm) | Spring Cleaning - Jason Larkins (1:30pm-2:10pm) | Becoming the CEO of Your Program - Tanya Rosel (1:30pm-2:10pm) | Broken Windows - Sally Green (1:30pm-2:10pm) | Advanced Sports Psychology - Dr. Russell Kennedy (1:30pm-2:10pm) | | |
| | | | | Jumps and Flex - Stephanie Broadbeck (2:20pm-3:00pm) | End of Season Events (2:20pm-3:00pm) | Round Table - Logan Rebstock & Tanya Rosel (2:20 pm-3:00pm) | Developing Coaching Talent from Within - Megan Primrose (2:20pm-3:00pm) | Coach Leadership - Dr. Russell Kennedy (2:20pm-3:00pm) | | |
| 3:00pm-3:15pm | | Class Change | | | | | | | | |
| 3:15pm-4:00pm | "Show Me That Again" - Corey Rickett | Hands On - Using What You Have - Robbie Gregory | Customer Journey Mapping - Amilia | Follow Your Passion - What is YOUR Why? - Jason Larkins | Small Gym Success - Megan Primrose | | What to Do When the Unexpected Happens - Sean Timmons | Low Budget Marketing - Sally Green | | |
| 4:15pm-5:00pm | | Graduation (Ballroom A & B) | | | | | | | | |