



2018 - 2019

**UCA All Star Divisions and
NEW Recreational Divisions**



All Star Elite Divisions offered at UCA

Level	Division	Age	Age as of (date)	Female/Male	Number on Team
1	Tiny	5-6 years old	31-Aug-18	Female/Male	5-30 Members
1	Mini	5-8 years old	31-Aug-18	Female/Male	5-30 Members
1	Youth	5-11 years old	31-Aug-18	Female/Male	5-30 Members
1	Junior	5-14 years old	31-Aug-18	Female/Male	5-30 Members
1	Senior	11-18 years old	31-Aug-18	Female/Male	5-30 Members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
2	Mini	5-8 years old	31-Aug-18	Female/Male	5-30 Members
2	Youth	5-11 years old	31-Aug-18	Female/Male	5-30 Members
2	Junior	5-14 years old	31-Aug-18	Female/Male	5-30 Members
2	Senior	11-18 years old	31-Aug-18	Female/Male	5-30 Members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
3	Youth	5-11 years old	31-Aug-18	Female/Male	5-30 Members
3	Junior	5-14 years old	31-Aug-18	Female/Male	5-30 Members
3	Senior	11-18 years old	31-Aug-18	No Males	5-30 Members
3	Senior Coed	11-18 years old	31-Aug-18	1 or more Males	5-30 Members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
4	Youth	8-11 years old	31-Aug-18	Female/Male	5-30 Members
4	Junior	8-14 years old	31-Aug-18	Female/Male	5-30 Members
4	Senior	11-18 years old	31-Aug-18	No Males	5-30 Members
4	Senior Coed	11-18 years old	31-Aug-18	1 or more Males	5-30 Members
4	Senior Open	14 years & older	31-Dec-19	Female/Male	5-24 Members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
4.2	Senior	11-18 years old	31-Aug-18	Female/Male	5-30 Members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
5R	Youth	9-11 years old	31-Aug-18	Female/Male	5-38 Members
5R	Junior	9-14 years old	31-Aug-18	Female/Male	5-38 Members
5R	Senior	11-18 years old	31-Aug-18	Female/Male	5-38 Members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
5	Junior	9-14 years old	31-Aug-18	No Males	5-38 Members
5	Junior Coed	9-14 years old	31-Aug-18	1 or more Males	5-38 Members
5	Senior XSmall	13-18 years old	31-Aug-18	No Males	5-16 Members
5	Senior Small	13-18 years old	31-Aug-18	No Males	17-22 Members
5	Senior Medium	13-18 years old	31-Aug-18	No Males	23-30 Members
5	Senior Large	13-18 years old	31-Aug-18	No Males	31-38 Members
5	Senior XSmall Coed	13-18 years old	31-Aug-18	1-2 Males	5-16 Members
5	Senior Small Coed	13-18 years old	31-Aug-18	1-5 Males	5-22 Members
5	Senior Medium Coed	13-18 years old	31-Aug-18	1-8 Males	5-30 Members
5	Senior Large Coed	13-18 years old	31-Aug-18	1-19 Males	5-38 Members
5	Senior Open	14 years & older	31-Dec-19	No Males	5-24 Members
5	Senior Open Small Coed	14 years & older	31-Dec-19	1-4 Males	5-24 Members
5	Senior Open Large Coed	14 years & older	31-Dec-19	5-12 Males	5-24 Members



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All Star International Divisions Offered at UCA

Level	Division	Age	Age as of (date)	Female/Male	Number on Team
1	International Junior	10-16 years old	Age during 2019	Female/Male	16-24 members
1	International Senior	14-18 years old	Age during 2019	Female/Male	16-24 members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
2	International Junior	10-16 years old	Age during 2019	Female/Male	16-24 members
2	International Senior	14-18 years old	Age during 2019	Female/Male	16-24 members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
3	International Junior	10-16 years old	Age during 2019	Female/Male	16-24 members
3	International Senior	14-18 years old	Age during 2019	No males	16-24 members
3	International Senior Coed	14-18 years old	Age during 2019	Female/Male	16-24 members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
4	International Junior	10-16 years old	Age during 2019	No Males	16-24 members
4	International Junior Coed	10-16 years old	Age during 2019	Female/Male	16-24 members
4	International Senior	14-18 years old	Age during 2019	No Males	16-24 members
4	International Senior Coed	14-18 years old	Age during 2019	Female/Male	16-24 members
4	International Open	14 years & older	31-Dec-19	No Males	16-24 members
4	International Open Coed	14 years & older	31-Dec-19	Female/Male	16-24 members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
5	International Senior (Provisional)	14-18 years old	Age during 2019	No Males	16-24 members
5	International Senior Coed (Provisional)	14-18 years old	Age during 2019	1-8 Males	16-24 members
5	International Open NT (Non-Tumbling) (Provisional)	14 years & older	31-Dec-19	No Males	16-30 members
5	International Open Coed NT (Non-Tumbling) (Provisional)	14 years & older	31-Dec-19	1-20 Males	16-30 members
5	International Open	14 years & older	31-Dec-19	No Males	16-24 members
5	International Open Small Coed 4	14 years & older	31-Dec-19	1-4 Males	16-24 members
5	International Open Large Coed 16	14 years & older	31-Dec-19	5-16 Males	16-24 members
5	International Global (Provisional)	14 years & older	31-Dec-19	No Males	16-24 members
5	International Global Coed (Provisional)	14 years & older	31-Dec-19	1-16 Males	16-24 members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
6	International Open NT (Non-Tumbling) (Provisional)	17 years & older	31-Dec-19	Female/Male	16-30 members
6	International Open	17 years & older	31-Dec-19	No Males	16-24 members
6	International Open Small Coed 4	17 years & older	31-Dec-19	1-4 Males	16-24 members
6	International Open Large Coed 16	17 years & older	31-Dec-19	5-16 Males	16-24 members



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**UCA All Star Divisions and
NEW Recreational Divisions**



All Star PREP Divisions Offered at UCA (will compete on Saturday at IASC and 2 day events)

Level	Division	Age	Age as of (date)	Female/Male	Number on Team
1.1	Tiny	5-6 years old	31-Aug-18	Female/Male	5-30 Members
1.1	Mini	5-8 years old	31-Aug-18	Female/Male	5-30 Members
1.1	Youth	5-11 years old	31-Aug-18	Female/Male	5-30 Members
1.1	Junior	5-14 years old	31-Aug-18	Female/Male	5-30 Members
1.1	Senior	10-17 years old	31-Aug-18	Female/Male	5-30 Members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
2.1	Mini	5-8 years old	31-Aug-18	Female/Male	5-30 Members
2.1	Youth	5-11 years old	31-Aug-18	Female/Male	5-30 Members
2.1	Junior	5-14 years old	31-Aug-18	Female/Male	5-30 Members
2.1	Senior	10-17 years old	31-Aug-18	Female/Male	5-30 Members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
3.1	Youth	5-11 years old	31-Aug-18	Female/Male	5-30 Members
3.1	Junior	5-14 years old	31-Aug-18	Female/Male	5-30 Members
3.1	Senior	10-17 years old	31-Aug-18	Female/Male	5-30 Members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
3.2	Youth	5-11 years old	31-Aug-18	Female/Male	5-30 Members
3.2	Junior	5-14 years old	31-Aug-18	Female/Male	5-30 Members
3.2	Senior	10-17 years old	31-Aug-18	Female/Male	5-30 Members

All Star NOVICE Divisions Offered at UCA (will compete on Saturday at IASC and 2 day events)

Level	Division	Age	Age as of (date)	Female/Male	Number on Team
1	Tiny (w/Restrictions)	3-6 years old	31-Aug-18	Female/Male	5-30 Members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
1	Mini	5-8 years old	31-Aug-18	Female/Male	5-30 Members
1	Youth	5-11 years old	31-Aug-18	Female/Male	5-30 Members
1	Junior	5-14 years old	31-Aug-18	Female/Male	5-30 Members
1	Senior	10-17 years old	31-Aug-18	Female/Male	5-30 Members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
2	Mini	5-8 years old	31-Aug-18	Female/Male	5-30 Members
2	Youth	5-11 years old	31-Aug-18	Female/Male	5-30 Members
2	Junior	5-14 years old	31-Aug-18	Female/Male	5-30 Members
2	Senior	10-17 years old	31-Aug-18	Female/Male	5-30 Members
Level	Division	Age	Age as of (date)	Female/Male	Number on Team
3	Youth	5-11 years old	31-Aug-18	Female/Male	5-30 Members
3	Junior	5-14 years old	31-Aug-18	Female/Male	5-30 Members
3	Senior	10-17 years old	31-Aug-18	Female/Male	5-30 Members

All Star CheerAbilities (formerly Special Needs)

Level	Division	Age	Age as of (date)	Female/Male	Number on Team
Up to Level 2	CheerABILITIES	Any Age	Not applicable	Female/Male	Unlimited



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UCA All Star Divisions and NEW Recreational Divisions



NEW Recreational Cheer Divisions Offered at UCA (will compete on Saturday at IASC and 2 day events)

Rec Team does not necessarily cheer for a supported, sports program. The team performs at random events throughout the season. A list of events, or games in which they cheer for other teams outside their organization and why they are Rec, will need to be submitted for approval of participation. Teams must submit a verification form allowing Varsity to confirm approval of participation

Organization may be independent of town/city organization/clubs.

Team must provide a roster with birthdates as well as copies of athlete's birth certificates. Roster must be updated for each event and provided at check in. Team members must fulfill the age requirement for the division that they are entering on/before August 31, 2018

Organization is completely independent from All Star. All Star organizations are not permitted to register a club recreation team in competition

All team members are required to fill out a medical form/waiver. Teams must also agree to adhere to all event producer rules and regulations, as well as music guideline

Teams will be scored on the Varsity All Star Score Sheet

CLUB - PERFORMANCE RECREATION

LEVEL 1

Table with 6 columns: Level, Age Group, Gender, Members, Routine Time, and Location. Rows include Senior, Junior, Youth, Pee Wee, Mini, and Tiny.

LEVEL 2

Table with 6 columns: Level, Age Group, Gender, Members, Routine Time, and Location. Rows include Senior, Junior, Youth, Pee Wee, and Mini.

LEVEL 3

Table with 6 columns: Level, Age Group, Gender, Members, Routine Time, and Location. Rows include Senior, Junior, and Youth.

LEVEL 3.1

Table with 6 columns: Level, Age Group, Gender, Members, Routine Time, and Location. Rows include Senior, Junior, Youth, and Pee Wee.

LEVEL 4

Table with 6 columns: Level, Age Group, Gender, Members, Routine Time, and Location. Rows include Senior and Junior.

For additional Youth & Recreation guidelines please go to https://www.varsity.com/all-star/competitions/youth-rec/



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SPLITTING OF DIVISIONS

UCA will adhere to the USASF / IASF guidelines for splitting competition divisions. Please visit www.usasf.net for specific breakdowns.

AGE ELIGIBILITY REQUIREMENTS

The age of the competitor as of August 31, 2018 will be the age used for competition purposes throughout the 2018-19 season for all divisions. Open divisions: The USASF member database will calculate the age on December 31, 2019. For all International Divisions the eligible age for the athletes will be determined by the calendar year - January 1st to December 31st for its age cut off date. Background checks are an eligibility requirement for "adult" athletes on open and international teams. Adults are athletes who are at least 21 years old as of December 31, 2019.

CROSSOVERS AT UCA ALL STAR COMPETITIONS & NATIONALS

An all star cheerleader is limited to crossing over to 2 (two) additional cheer teams from their gym during the competition. Crossovers at the UCA International All Star Championship will be allowed between most levels given the following restrictions: Level 1 teams will not be allowed to crossover to Levels 4, 5 or 6. UCA will attempt to ensure teams with crossovers do not have overlapping performances during the preliminary and finals schedule.

1-888- CheerUCA *uca.varsity.com*

***UCA International All Star Championship - Orlando, FL
March 9-10, 2018***