



2026 USA Your Way Song/Pom Camp Schedule

DAY 1

9:00 am	Camp Registration begins
	LUNCH IS NOT PROVIDED
12:00 pm	Camp Registration Ends
12:30 pm	Arrive to main meeting area
1:00 pm	Opening Rally & Warm-ups (R & S) TI
1:30 pm	Coaches Welcome Meet Your Staff TeamMate! NFHS Credentialing Road Map
2:30 pm	Pom Quarter Break Routine (R)
3:30 pm	Performance Routine A1 (A)
4:30 pm	DINNER
6:30 pm	Optional Fight Song Evaluation/ Home Routine Showcase TI
7:30 pm	Coaches Goal Setting Performance Routine A2
8:00 pm	Unity Games TI
8:30 pm	Unity Routine (E) TI
9:00 pm	Spirit Awards & All Camp Meeting TI

DAY 2

7:00 am	*BREAKFAST
8:30 am	Coaches Check-in & Camp Assessment Warm-ups & Unity Routine TI
9:00 am	Team Technique (S)
9:30 am	Performance Routine B1 (A)
10:30 am	Hip Hop Quarter Break Routine (R)
11:30 pm	LUNCH
1:00 pm	Performance Routine B2
2:00 pm	Choose Your Challenge (A)
3:00 pm	<i>Spirit In U Contract, Team Up For St. Jude (B) & Pin It Forward</i>
3:30 pm	<i>Spirit Night/Class Competition (R) TI</i>
4:00 pm	Spirit Awards & USA Dance Party TI
4:30 pm	DINNER
6:30 pm	Free time/Optional open practice

DAY 3

7:00 am	*BREAKFAST
8:30 am	Coaches Wrap-up Warm-ups & Unity Routine TI
9:00 am	All American Tryouts (E)
9:45 am	Material Review
10:30 am	Performance Routine A & B Evaluation (E)
11:30 am	NFHS Certificate Ceremony & TeamMaker TI
12:00 pm	Pin It Forward & Senior Spotlight
12:30 pm	Closing Rally & Final Awards TI
	LUNCH IS NOT PROVIDED
	TI Combo Classes
	Friends and family are invited to camp on Day 3 beginning at 10:15 am
	Day 3 will end at approximately 12:30 pm depending on the camp size
	Class times and offerings may vary by camp location
	The number of meals included may vary by location. (Breakfast, Lunch and Dinner) Please refer to online camp listings for more information.

