

2026 USA Showtime Dance Camp Schedule

DAY 1

9:00am	Camp registration begins LUNCH IS NOT PROVIDED
12:00pm	Camp registration ends
12:30pm	Arrive to main meeting area Routine A Preview for Coaches & Captains
1:00pm	Staff Show Off, Red Carpet & Warm-ups (R & S) U
1:30pm	Meet your Staff TeamMate! NFHS Credentialing Road Map & <i>Spirit In U Contract</i>
2:00 pm	Friday Night Lights Routine (A) Coaches Welcome & Consultation
3:00 pm	Friday Night Lights Routine Coaching Session 1
4:00pm	Quarter Beak Routine #1
5:00 pm	DINNER
6:00 pm	Routine B Preview for Coaches & Captains
6:30pm	Optional Fight Song and Showtime USA Evaluation U
7:30pm	Performance Routine A1 (A) Coaches Goal Setting
8:30pm	Unity Games U
9:00pm	Spirit Awards & All Camp Meeting U

DAY 2

7:00 am	*BREAKFAST
8:30 am	Warm-Ups (S) Coaches Meeting
9:00 am	Technique (S)
10:00 am	Performance Routine B1 (A)
11:00 am	Quarter Break Routine #2
12:00 pm	LUNCH
1:00 pm	Officers/Captains Leadership Workshop 1 (L)
1:30 pm	Master Class with Guest Choreographer
3:00 pm	Performance Routine A2
3:45 pm	Spirit Session w/ Staff TeamMate Friday Night Lights Coaching Session 2 Coaches Workshop 1
4: 30 pm	Team Up for St. Jude (B), Pin It Forward, Spirit Awards
5:00 pm	DINNER
6:30 pm	Free Time/ Optional Open Practice

DAY 3

7:00 am	*BREAKFAST
8:30 am	Warm-Ups (S) Coaches Meeting
9:00 am	Team Technique (S)
10:00 am	Performance Routine B2
10:45 am	Choose Your Challenge (A)
11:30 am	LUNCH
1:00 pm	Spirit Session w/ Staff TeamMate Friday Night Lights Coaching Session 3 Coaches Workshop 2
1:45 pm	Performance Routine A & B Review
2:15 pm	Performance Routine A & B Evaluations/Showcase (E)
3:30 pm	All-American Tryouts
4:30 pm	DINNER
6:30 pm	Class Competition (R) U
7:00 pm	Spirit Awards & USA Dance Party U
7:30 pm	Free time

DAY 4

7:00 am	*BREAKFAST
8:30 am	Warm-Ups & Review U (S) Coaches Wrap Up
9:00 am	Spirit Session w/ Staff TeamMate Friday Night Lights Coaching Session 4
9:30 am	Friday Night Lights Showdown (E)
11:00 am	Dance Star
11:30 am	NFHS Certificate Ceremony & TeamMaker U
12:00 pm	Pin It Forward & Senior Spotlight U
12:30 pm	Final Awards U
	LUNCH IS NOT PROVIDED
	U Combo Classes
	Friends and family are invited to camp on Day 4 beginning at 9:15 am
	Day 4 will end at approximately 12:30 pm depending on the camp size
	Class times and offerings may vary by camp location
	*BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your state director.