



2026 Premier Resort Cheer Camp

DAY 1

9:00 am Camp registration begins
LUNCH IS NOT PROVIDED

12:00 pm Camp registration ends

12:30 pm Arrive to main meeting area

1:00 pm Opening Rally & Warm-ups **T**

1:30 pm Coaches Welcome
Meet Your Staff TeamMate!
NFHS Credentialing Road Map

2:00 pm USA Routine

2:30 pm Safety Seminar (S) & Stunt Class

3:30 pm **Spirit Session w/ Staff TeamMate:** Custom Choreography

4:30 pm **DINNER**

6:30 pm Optional Fight Song Evaluation/Home Routine Showcase **T**

7:30 pm **Coaches Goal Setting**
All-American Cheer

8:00 pm Unity Games **T**

8:30 pm Unity Routine (E) **T**

9:00 pm Spirit Awards & All Camp Meeting **T**

DAY 2

7:00 am ***BREAKFAST**

8:30 am **Coaches Check-in**
Warm-ups & Unity Routine **T**

9:00 am Stunt Class

10:30 am Game Day Class (C) & Evaluation Demonstration **T**

11:30 am **LUNCH**

1:00 pm **Coaches Camp Assessment**
Choose Your Challenge

2:00 pm Group A – **Spirit Session w/ Staff TeamMate:** Pyramid Class
Group B – *The Spirit In U Contract*, Leadership Activity (L), & Team Up for St. Jude (B)

3:00 pm Group A – *The Spirit In U Contract*, Leadership Activity (L), & Team Up for St. Jude (B)
Group B – **Spirit Session w/ Staff TeamMate:** Pyramid Class

4:00 pm Pin It Forward & Spirit Awards

4:30 pm **DINNER**

6:30 pm Free time/Optional Open Practice

DAY 3

7:00 am ***BREAKFAST**

8:30 am **Coaches Check-in**
Warm-ups & Unity Routine **T**

9:00 am Stunt Class

10:30 am Spirit Raising Props

11:00 am **Spirit Session w/ Staff TeamMate:** Game Day Coaching **T**

11:30 am **LUNCH**

1:00 pm All-American Tryout

2:00 pm **Spirit Session w/ Staff TeamMate:** Game Day Coaching **T**

2:30 pm Game Day Evaluation **T**

3:30 pm **Spirit Session w/ Staff TeamMate:** USA Routine Coaching

4:30 pm **DINNER**

6:30 pm **Spirit Night/Class Competition (R) T**

7:00 pm Spirit Awards & USA Dance Party **T**

7:30 pm Free Time

DAY 4

7:00 am ***BREAKFAST**

8:30 am **Coaches Wrap-up**
Warm-ups & Unity Routine **T**

9:00 am **Spirit Session w/ Staff TeamMate:** USA Routine Coaching

9:30 am USA Routine Evaluation

10:30 am NFHS Certificate Ceremony & TeamMaker **T**

11:00 am Pin It Forward & Senior Spotlight

11:30 am Closing Rally & Final Awards **T**

LUNCH IS NOT PROVIDED

T Combo Classes

Friends and family are invited to camp on Day 4 beginning at 9:15 am.

Day 4 will end at approximately 11:30 am depending on the camp size.

Class times and offerings may vary by camp location.

***BREAKFAST** is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your state director.

