

2026 Premier Resort Cheer Camp

DAY 1

9:00 am	Camp registration begins
	LUNCH IS NOT PROVIDED
12:00 pm	Camp registration ends
12:30 pm	Arrive to main meeting area
1:00 pm	Opening Rally & Warm-ups 
1:30 pm	Coaches Welcome Meet Your Staff TeamMate! NFHS Credentialing Road Map
2:00 pm	USA Routine
2:30 pm	Safety Seminar (S) & Stunt Class
3:30 pm	Spirit Session w/ Staff TeamMate: Custom Choreography
4:30 pm	DINNER
6:30 pm	Optional Fight Song Evaluation/Home Routine Showcase 
7:30 pm	Coaches Goal Setting All-American Cheer
8:00 pm	Unity Games 
8:30 pm	Unity Routine (E) 
9:00 pm	Spirit Awards & All Camp Meeting 

DAY 2

7:00 am	*BREAKFAST
8:30 am	Coaches Check-in Warm-ups & Unity Routine 
9:00 am	Stunt Class
10:30 am	Game Day Class (C) & Evaluation Demonstration 
11:30 am	LUNCH
1:00 pm	Coaches Camp Assessment Choose Your Challenge
2:00 pm	Group A – Spirit Session w/ Staff TeamMate: Pyramid Class Group B – <i>Spirit DNA</i> , Leadership Activity (L), & Team Up for St. Jude (B)
3:00 pm	Group A – <i>Spirit DNA</i> , Leadership Activity (L), & Team Up for St. Jude (B) Group B – Spirit Session w/ Staff TeamMate: Pyramid Class
4:00 pm	Pin It Forward & Spirit Awards
4:30 pm	DINNER
6:30 pm	Free time/Optional Open Practice

DAY 3

7:00 am	*BREAKFAST
8:30 am	Coaches Check-in Warm-ups & Unity Routine 
9:00 am	Stunt Class
10:30 am	Spirit Raising Props
11:00 am	Spirit Session w/ Staff TeamMate: Game Day Coaching 
11:30 am	LUNCH
1:00 pm	All-American Tryout
2:00 pm	Spirit Session w/ Staff TeamMate: Game Day Coaching 
2:30 pm	Game Day Evaluation 
3:30 pm	Spirit Session w/ Staff TeamMate: USA Routine Coaching
4:30 pm	DINNER
6:30 pm	<i>Spirit Night/Class Competition (R)</i> 
7:00 pm	Spirit Awards & USA Dance Party 
7:30 pm	Free Time

DAY 4

7:00 am	*BREAKFAST
8:30 am	Coaches Wrap-up Warm-ups & Unity Routine 
9:00 am	Spirit Session w/ Staff TeamMate: USA Routine Coaching
9:30 am	USA Routine Evaluation
10:30 am	NFHS Certificate Ceremony & TeamMaker 
11:00 am	Pin It Forward & Senior Spotlight
11:30 am	Closing Rally & Final Awards 
	LUNCH IS NOT PROVIDED
	 Combo Classes
	Friends and family are invited to camp on Day 4 beginning at 9:15 am.
	Day 4 will end at approximately 11:30 am depending on the camp size.
	Class times and offerings may vary by camp location.
	*BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your state director.