



2026 Premier Cheer Camp Schedule

DAY 1

7:00 am	Camp registration begins
	LUNCH IS NOT PROVIDED
12:00 pm	Camp registration ends
12:30 pm	Arrive to main meeting area
1:00 pm	Opening Rally & Warm-ups
1:30 pm	Coaches Welcome Meet Your Staff TeamMate! NFHS Credentialing Road Map
2:00 pm	USA Routine
2:30 pm	Safety Seminar (S) & Stunt Class
3:30 pm	Spirit Session w/ Staff TeamMate: Custom Choreography
4:30 pm	DINNER
6:30 pm	Optional Fight Song Evaluation/Home Routine Showcase
7:30 pm	Coaches Goal Setting All-American Cheer
8:00 pm	Unity Games
8:30 pm	Unity Routine (E)
9:00 pm	Spirit Awards & All Camp Meeting

DAY 2

7:00 am	*BREAKFAST
8:30 am	Coaches Check-in Warm-ups & Unity Routine
9:00 am	Stunt Class (A)
10:30 am	Game Day Class (C) & Evaluation Demonstration
11:30 am	LUNCH
1:00 pm	Coaches Camp Assessment Choose Your Challenge
2:00 pm	Group A – Spirit Session w/ Staff TeamMate: Pyramid Class Group B – <i>Spirit In U Contract</i> , Leadership Activity (L), & Team Up for St. Jude (B)
3:00 pm	Group A – <i>Spirit In U Contract</i> , Leadership Activity (L), & Team Up for St. Jude (B) Group B – Spirit Session w/ Staff TeamMate: Pyramid Class
4:00 pm	Pin It Forward
4:30 pm	DINNER
6:30 pm	Group A – Game Day Review Group B – Spirit Session w/ Staff TeamMate: USA Routine Coaching
7:30 pm	Group A – Spirit Session w/ Staff TeamMate: USA Routine Coaching Group B – Game Day Review
8:30 pm	Spirit Awards

DAY 3

7:00 am	*BREAKFAST
8:30 am	Coaches Check-in Warm-ups & Unity Routine
9:00 am	Stunt Class
10:30 am	Spirit Raising Props
11:00 am	Spirit Session w/ Staff TeamMate: Game Day Coaching
11:30 am	LUNCH
1:00 pm	All-American Tryout
2:00 pm	Spirit Session w/ Staff TeamMate: Game Day Coaching
2:30 pm	Game Day Evaluation
3:30 pm	Spirit Session w/ Staff TeamMate: USA Routine Coaching
4:30 pm	DINNER
6:30 pm	<i>Spirit Night/Class Competition (R)</i>
7:00 pm	Spirit Awards & USA Dance Party
7:30 pm	Free time

DAY 4

7:00 am	*BREAKFAST
8:30 am	Coaches Wrap-up Warm-ups & Unity Routine
9:00 am	Spirit Session w/ Staff TeamMate: USA Routine Coaching
9:30 am	USA Routine Evaluation
10:30 am	NFHS Certificate Ceremony & TeamMaker
11:00 am	Pin It Forward & Senior Spotlight
11:30 am	Closing Rally & Final Awards
	LUNCH IS NOT PROVIDED Combo Classes
	Friends and family are invited to camp on Day 4 beginning at 9:15 am
	Day 4 will end at approximately 11:30 am depending on the camp size
	Class times and offerings may vary by camp location
	*BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your State Director.

