

2026 USA Junior High Dance Team Camp Schedule

DAY 1

9:00 am	Camp registration begins
	LUNCH IS NOT PROVIDED
12:00 pm	Camp registration ends
12:30 pm	Arrive to main meeting area
1:00 pm	Opening Ceremonies (R)
1:15 pm	Warm-ups (S) Coaches Meeting
1:30 pm	Camp Dance (A)
2:30 pm	Performance Routine A1 (A)
3:45 pm	Drill Downs (L)
4:15 pm	All Camp Meeting
4:30 pm	DINNER
6:30 pm	Showtime USA (E) Home Routine Showcase
7:00 pm	Camp Dance Review
8:00 pm	Unity Games (L)
8:30 pm	Team Up for St. Jude Pin it Forward (B)

DAY 2

7:00 am	*BREAKFAST
8:30 am	Warm-ups (S) Drill Down Review Coaches Meeting
9:00 am	Technique 1 (S)
10:00 am	Performance Routine B1 (A)
11:30 am	LUNCH
12:30 pm	Officers/Captains Workshop (L)
1:00 pm	Performance Routine A2 Coaches Workshop
2:15 pm	Choose Your Challenge (A)
3:15 pm	Performance Routine B2
4:15 pm	Unity Workshop & Games Pin It Forward (B)
5:00 pm	DINNER
6:30 pm	Free Time/Open Rehearsal Time

DAY 3

7:00 am	*BREAKFAST
8:30 am	Warm-ups (S) Camp Dance Review (E) Coaches Meeting
9:00 am	Technique 2 (S)
9:30 am	Performance Routine A Review
10:15 am	Performance Routine B Review
11:00 am	USA Spectacular (E) Routine A & B Showcase Finals Drill Down Supersensational
12:00 pm	Closing Awards Ceremony
	LUNCH IS NOT PROVIDED
	Friends and family are invited to camp on Day 4 beginning at 11:00 am to watch the USA Spectacular. Doors will open just prior to start promptly at 11:00 am.
	Day 4 will end at approximately 12:00 pm depending on the camp size.
	Class times and offerings may vary by camp location.
	*Breakfast is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your state director.