

## DAY 1

12:00 pm	<b>Meet Your Staff TeamMate!</b> NFHS Credentialing Road Map
12:15 pm	Warm-ups
12:30 pm	Safety Seminar (S) & Stunt Class
1:30 pm	Game Day Class & All-American Cheer
2:30 pm	<b>Spirit Session w/ Staff TeamMate:</b> Game Day Coaching
3:00 pm	<b>BREAK</b>
3:30 pm	Unity/Friday Night Lights Routine
4:30 pm	Pyramid Class
5:30 pm	Unity Routine
6:00 pm	<b>Spirit Session w/ Staff TeamMate:</b> Material Review
6:30 pm	Spirit Awards & Dismiss

## DAY 2

9:00 am	Warm-ups & Team Up for St. Jude (B)
9:30 am	Choose Your Challenge
10:30 am	Stunt Class (A)
11:30 am	<b>Spirit Session w/ Staff TeamMate:</b> Game Day Coaching
12:00 pm	<b>LUNCH</b>
1:00 pm	<i>Spirit In U Contract</i> & Leadership Activity (L)
1:30 pm	Additional Stunt or Pyramid Class
2:30 pm	<b>Spirit Session w/ Staff TeamMate:</b> Material Review
3:00 pm	Game Day Evaluation
3:30 pm	All-American Tryouts (R)
4:00 pm	Spirit Awards & Dismiss

**Choose Your Challenge Options:**

- Street Routine
- Sideline Routine
- Basket Toss Class
- Single Base Stunt Class
- Spirit Raising Props