



# 2026 Elite Cheer Camp Schedule

## DAY 1

7:00 am	Camp registration begins <b>LUNCH IS NOT PROVIDED</b>
12:00 pm	Camp registration ends
12:30 pm	Arrive to main meeting area
1:00 pm	Opening Rally & Warm-ups <b>T</b>
1:30 pm	Coaches Welcome <b>Meet Your Staff TeamMate!</b> NFHS Credentialing Road Map
2:00 pm	USA Routine
2:30 pm	Safety Seminar (S) & Stunt Class
3:30 pm	<b>Spirit Session w/ Staff TeamMate:</b> Custom Choreography
4:30 pm	<b>DINNER</b>
6:30 pm	Optional Fight Song Evaluation/Home Routine Showcase <b>T</b>
7:30 pm	<b>Coaches Goal Setting</b> All-American Cheer
8:00 pm	Unity Games <b>T</b>
8:30 pm	Unity Routine (E) <b>T</b>
9:00 pm	Spirit Awards & All Camp Meeting <b>T</b>

## DAY 2

7:00 am	<b>*BREAKFAST</b>
8:30 am	<b>Coaches Check-in</b> Warm-ups & Unity Routine <b>T</b>
9:00 am	Stunt Class (A) & <b>STUNT OFF ROUND 1</b>
10:30 am	Game Day Class (C) & Evaluation Demonstration <b>T</b>
11:30 am	<b>LUNCH</b>
1:00 pm	<b>Coaches Camp Assessment</b> Choose Your Challenge
2:00 pm	Group A – <b>Spirit Session w/ Staff TeamMate:</b> Pyramid Class Group B – <i>The Spirit In U Contract</i> , Leadership Activity (L), & Team Up for St. Jude (B)
3:00 pm	Group A – <i>The Spirit In U Contract</i> , Leadership Activity (L), & Team Up for St. Jude (B) Group B – <b>Spirit Session w/ Staff TeamMate:</b> Pyramid Class
4:00 pm	Pin It Forward & Spirit Awards
4:30 pm	<b>DINNER</b>
6:30 pm	Free time/Optional open practice

## DAY 3

7:00 am	<b>*BREAKFAST</b>
8:30 am	<b>Coaches Check-in</b> Warm-ups & Unity Routine <b>T</b>
9:00 am	Stunt Class & <b>STUNT OFF ROUND 2</b>
10:30 am	Spirit Raising Props
11:00 am	<b>Spirit Session w/ Staff TeamMate:</b> Game Day Coaching <b>T</b>
11:30 am	<b>LUNCH</b>
1:00 pm	<b>JUMP OFF &amp;</b> All-American Tryout
2:00 pm	<b>Spirit Session w/ Staff TeamMate:</b> Game Day Coaching <b>T</b>
2:30 pm	Game Day Evaluation <b>T</b>
3:30 pm	<b>Spirit Session w/Staff TeamMate:</b> USA Routine Coaching
4:30 pm	<b>DINNER</b>
6:30 pm	<i>Spirit Night/Class Competition (R)</i> <b>T</b>
7:00 pm	Spirit Awards & USA Dance Party <b>T</b>
7:30 pm	Free time

## DAY 4

7:00 am	<b>*BREAKFAST</b>
8:30 am	<b>Coaches Wrap-up</b> Warm-ups Unity Routine <b>T</b>
9:00 am	<b>Spirit Session w/ Staff TeamMate:</b> USA Routine Coaching
9:30 am	USA Routine Evaluation
10:30 am	<b>STUNT OFF FINALS</b>
11:00 am	Spirit Star!
11:30 am	NFHS Certificate Ceremony & TeamMaker <b>T</b>
12:00 pm	Pin It Forward & Senior Spotlight
12:30 pm	Closing Rally & Final Awards <b>T</b>
	<b>LUNCH IS NOT PROVIDED</b> <b>T</b> Combo Classes Friends and family are invited to camp on Day 4 beginning at 9:15 am. Day 4 will end at approximately 12:30 pm depending on the camp size. Class times and offerings may vary by camp location. <b>*BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your State Director.</b>

