

2026 USA Dance Team Elite Camp Schedule

DAY 1

9:00am	Camp registration begins LUNCH IS NOT PROVIDED
12:00 pm	Camp registration ends
12:30 pm	Routine A Preview for Coaches & Captains
1:00 pm	Opening Ceremonies (R)
1:15 pm	Meet your Staff TeamMate! NFHS Credentialing Road Map Coaches Welcome
1:30 pm	Warm-ups (S)
2:00 pm	Camp Dance (A)
3:00 pm	Choreography To Go: Team Routine 1 (A)
4:15 pm	All Camp Meeting
4:30 pm	Drill Downs (L)
5:00 pm	DINNER
6:30 pm	Showtime USA Evaluation (E)
7:00 pm	Performance Routine A1 (A)
8:15 pm	Camp Dance Review
8:45 pm	Unity Games

DAY 2

7:00 am	* BREAKFAST
8:00 am	Routine B Preview for Coaches & Captains
8:15 am	All-American Sign Up (B)
8:30 am	Warm-ups (S) Camp Dance Review (E) Coaches Meeting
9:00 am	Technique (S)
10:00 am	Performance Routine B1 (A)
11:15 am	Quarter Break Routines (C)
12:00 pm	LUNCH
1:00 pm	Officers Workshop 1 (L)
1:30 pm	Performance Routine A2
2:45 pm	Choreography To Go: Team Routine 2 (C) Coaches Workshop 1
3:45 pm	Choose Your Challenge (A)
4:45 pm	Team Up for St. Jude & Pin It Forward (B)
5:00 pm	DINNER
6:30 pm	Free Time/Open Rehearsal Time

DAY 3

7:00 am	* BREAKFAST
8:00 am	All-American Practice (B)
8:30 am	Warm-ups (S) Drill Down Review Coaches Meeting
9:00 am	Performance Routine B2
10:00 am	Master Class (A)
11:30 am	LUNCH
1:00 pm	Officers Workshop 1 (L)
1:30 pm	Choreography To Go: Team Routine 2 (C) Coaches Workshop 2
2:30 pm	All-American Audition (E)
3:45 pm	Unity Workshop
4:30 pm	DINNER
6:00 pm	Performance Routine A3
6:45 pm	Performance Routine A Evaluation (E)
7:45 pm	Unity Games/Class Competition (R)
8:15 pm	Pin It Forward (B)

DAY 4

7:00 am	*BREAKFAST
8:30 am	Warm-ups (S) Camp Dance Review (E) Coaches Meeting
9:00 am	Performance Routine B3
10:00 am	USA Spectacular (E) Routine B Showcase Choreography To Go: Team Routine Evaluation Final Drill Down Supersensational
12:00 pm	Closing Awards Ceremony LUNCH IS NOT PROVIDED Friends and family are invited to camp on Day 4 beginning at 10:00 am to watch the USA Spectacular. Doors will open just prior to start promptly at 10:00 am. Day 4 will end at approximately 12:00 pm depending on the camp size Class times and offerings may vary by camp location *BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your State Director.