



2026 3-Day Song/Pom Home Camp Schedule

DAY 1

12:00 pm	Meet your Staff TeamMate! NFHS Credentialing Road Map
12:15 pm	Warm-ups & Technique (S)
1:00 pm	Quarter Break Routine – Style 1
1:45 pm	Performance Routine A1 (A)
3:00 pm	BREAK
3:30 pm	Quarter Break Routine – Style 2 or Unity Routine (C)
4:30 pm	Performance Routine A2 (A)
5:30 pm	Unity Games (L)
6:00 pm	Material Review (A)
6:30 pm	Spirit Awards & Dismiss

DAY 2

9:00 am	Warm-ups (S) Team Up for St. Jude (B)
9:30 am	Technique (S)
10:15 am	Quarter Break Routines Review
11:00 am	Performance Routine B1 (A)
12:00 pm	LUNCH
1:00 pm	Performance Routine B2 (A)
2:15 pm	All American Review
3:00 pm	All American Tryouts (R)
3:30 pm	Material Review (A)
4:00 pm	Spirit Awards & Dismiss

DAY 3

9:00 am	Warm-ups (S)
9:15 am	Technique (S)
10:15 am	Performance Routine A & B Review
11:15 am	Performance Routine A Evaluation (E)
12:00 pm	LUNCH
1:00 pm	Choose Your Challenge (A)
2:30 pm	Quarter Break Routines Review
3:30 pm	Routine Showcase (E)
4:00 pm	Spirit Awards & Closing

