



2025-2026 SPIRIT COMPETITIONS

COLLEGE SHOW CHEER

COLLEGE STUNT - SCORING RANGES

If "most" of team do not perform synchronized skill, score drops into the range directly below. Refer to Stunt Quantity Chart for clarification of "most." **Synchronized** – exact same skill(s) at the exact same time. ***Note:** required dismount only implemented here, not in pyramid section. ***Note:** All Girl teams and Small Co-ed teams have most of the same stunt skills and dismount requirements but will not compete against each other.

ALL GIRL/SMALL CO-ED	LARGE CO-ED	INTERMEDIATE ALL GIRL/SMALL CO-ED/LARGE CO-ED
6.0 - 7.0	6.0 - 7.0	6.0 - 7.0
Group stunts performed with incorporation of unique mounts, dismounts, and transitions.	Extended stunts performed with incorporation of unique mounts, dismounts, and transitions. Single base extended stunt (majority unassisted)	Beginning Stunts Skills. Shoulder stands, extensions, chair sits, etc.
7.0 - 8.0	7.0 - 8.0	7.0 - 8.0
Group stunt up to 1 ½ up to extended stunt OR Group stunt double up to extended stunt OR Released inversions to below extended level. Required Dismount: Flip or twist from the above skills. Additional Co-ed team requirement: Single base toss hands to extended (majority unassisted).	Group stunt inversions into extended one leg stunt OR Single based toss to extended stunt (majority unassisted). Required Dismount: Flip or twist from the above skills.	Extended single leg stunts performed with minimal incorporation of mounts, dismounts, and transitions. Extended Single leg stunts performed with some incorporations of braced inverting, twisting, unique mounts, dismounts, and transitions.
8.0 - 10.0	8.0 - 9.0	8.0 - 10.0
Group stunt inversions into extended one leg stunts OR Single based toss stunts that press or catch in extended stunt. Required Dismount: Flip or double twist from the above skills. Additional Co-ed team requirement: Unbraced rewinds OR inversion OR released toss full up to liberty or awesome.	Perform one of the skills below (majority unassisted): Unbraced rewinds OR inversions OR released toss full up to liberty variations OR cupie/awesome. Required Dismount: Flip or double twist from the above skills.	Advanced Stunt Skills performed with incorporation of multiple braced inverting/twisting/unique mounts, dismounts, and transitions (braced rewinds, full up to extended positions, braced inversions, etc.) Additional Co-ed team requirement: Unassisted toss single leg extended stunt and required single twist dismount.
	9.0 - 10.0	
	Perform one of the stunt sequence options listed in 8.0 – 9.0 AND All other stunts/stunt sections in the routine must be performed unassisted/unbraced by a majority of the partner stunts. Required Dismount: Flip or double twist from the above skills.	

TECHNIQUE/EXECUTION RANGES

3.5 – 4.0

Less than 50% of skills were executed with excellent precision and form.

4.0 – 4.5

50% of skills were executed with excellent precision and form.

4.5 – 5.0

75% or more of skills were executed with excellent precision and form.

STUNT COMPOSITION DRIVERS

Creativity

Percentage of Team Participation

Connection of Skills/Variety

Pace and Speed of Skills

Toss(es)*

***Intermediate Credit:** Partial: Single Skill - Full: 2 Trick Skill incl's a Twist

***Advanced Credit:** Partial: Flipping Toss -- Full: Flip/Twist combinations



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STUNT RANGE QUANTITY CHART

***NOTE:** Exceeding the required number of stunts in one or more stunt sections may positively impact "percentage of team participation" in the stunt composition score.

STUNT QUANTITY (most)*

# OF ATHLETES	# OF GROUPS NEEDED FOR RANGE
9	1
10	1
11	1
12	2
13	2
14	2
15	2
16	3
17	3
18	3
19	3
20	4
21	4
22	4
23	4
24	4
25	5
26	5
27	5
28	5
29	6
30	6
31	6
32	6
33	7
34	7
35	7
36	7

COED STUNT QUANTITY*

# OF MALE ATHLETES	COED STUNTS NEEDED
1	1
2	1
3	1
4	2
5	2
6	3
7	3
8	4
9	4
10	5
11	5
12	6
13	6
14	7
15	7
16	8
17	8
18	9

- When more than 1 coed skill is required, the skills must be synchronized.
- **Synchronized** = exact same skills at the exact same time.
- Skill(s) may be performed by male or female base.

**2025-2026 SPIRIT
COMPETITIONS****COLLEGE SHOW CHEER****TOSS QUANTITY CHART**

# OF ATHLETES	TOSS GROUPS NEEDED
5 TO 11	1
12 TO 17	2
18 TO 22	3
23 TO 30	4
31 TO 38	5