

2025 USA Junior Nationals -- Practice Schedule for Sunday Hall D -- West Stage (Blue Backdrop)

Sunday, February 16th (Rev. 2/11/25)

Practice Area in Hall C (West Side Behind Stage Area) -- Convention Center

Practice time is scheduled according to your performance time. Approximately 30-40 minutes prior to performing, each team will have 8 minutes on the practice floor. USA staff will monitor the practice area to ensure that the schedule is being followed. Group stunts please check in at the time designated and you will have use of the practice floors for approximately 20 minutes before your performance.

Please be ready to take your pictures at your check-in time below, which is approximately 40-50 minutes prior to your performance time. Should crossover times between performances prevent you from having pictures done prior to your practice time, you may return later for your team photo.

Note that the check-in location for all teams for practice time is to the right of the stage in Hall C.

Only participants and coaches with a designated wristband/credential are permitted in the practice area. There is no practicing permitted in the any lobby area. Stunting/tumbling on non-matted surfaces is not permitted. Give yourself ample time to arrive at the appropriate practice location.

Keep all personal belongings with you and/or monitored at all times.

The times below are subject to change.

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Junior High Show Cheer Novice</u>	<u>Check-In Time</u>	<u>Performance Time</u>	<u>Group Stunt Advanced</u>	<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Situational Sideline/Cheer Junior High</u>
			(Awards -- Hall C -- 10:30 AM)			(Awards -- Hall C -- 1:30 PM)				(Awards -- Hall C -- 1:45 PM)
7:15 AM	7:35 AM	8:00 AM	Jehue Middle School	7:25 AM	8:03 AM	Canyon Lake Middle School #1	7:15 AM	7:35 AM	8:07 AM	Chaminade Middle School
7:25	7:45	8:10	The Alexander Dawson School	7:35	8:13	Canyon Lake Middle School #2	7:25	7:45	8:17	Village Christian School
			<u>Junior High Show Cheer Novice -- Cont.</u>			<u>Group Stunt Advanced -- Cont.</u>				<u>Elementary Show Cheer Novice</u>
										(Awards -- Hall C -- 10:45 AM)
7:35	7:55	8:20	Sonoran Trails Middle School	7:45	8:23	Alta Sierra Intermediate School	7:35	7:55	8:27	Staton Elementary School
7:45	8:05	8:30	Dartmouth Middle School	7:55	8:33	Rogich Middle School	7:45	8:05	8:37	Liddell Elementary School
7:55	8:15	8:40	Washington Academic Middle School	8:05	8:43	Greenspun Junior High School	7:55	8:15	8:47	Tri City Christian High School

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Junior High Show Cheer Novice -- Cont.</u>
8:05	8:25	8:50	Dolores Huerta Middle School
			<u>Junior High Show Cheer Novice -- Cont.</u>
8:15 AM	8:35 AM	9:00 AM	Canyon Lake Middle School
8:25	8:45	9:10	Dobson Academy Charter School
			<u>Co-Ed Jr. High Show Cheer Novice</u>
			(Awards -- Hall C -- 1:00 PM)
8:35	8:55	9:20	GV Christian School
8:45	9:05	9:30	Village Christian School
			<u>Jr. High Show Cheer Novice Non-Tumbling -- Small (5-19)</u>
			(Awards -- Hall C -- 12:30 PM)
8:55	9:15	9:40	Santiago Middle School
9:05	9:25	9:50	Sedway Middle School

<u>Check-In Time</u>	<u>Performance Time</u>	<u>Group Stunt Novice</u>
		(Awards -- Hall C -- 1:30 PM)
8:15	8:53	Village Christian School
		<u>Group Stunt Novice -- Cont.</u>
8:25 AM	9:03 AM	Sedway Middle School
8:35	9:13	Sonoran Trails Middle School
		<u>Group Stunt Novice -- Cont.</u>
8:45	9:23	Quail Valley Middle School #1
8:55	9:33	Quail Valley Middle School #2
		<u>Group Stunt Novice -- Cont.</u>
9:05	9:43	Imagine Prep at Surprise
9:15	9:53	Canyon Lake Middle School #1

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Elementary Show Cheer Novice -- Cont.</u>
8:05	8:25	8:57	River Bluff Elementary School
			<u>Elementary Show Cheer Novice -- Cont.</u>
8:15 AM	8:35 AM	9:07 AM	Herndon Barstow Elementary School
8:25	8:45	9:17	Saroyan Elementary School
			<u>Elementary Show Cheer Novice -- Cont.</u>
8:35	8:55	9:27	Garcia Elementary School
8:45	9:05	9:37	Bonner Elementary School
			<u>Elementary Show Cheer Advanced</u>
			(Awards -- Hall C -- 10:45 AM)
8:55	9:15	9:47	Vassiliadis Elementary School
9:05	9:25	9:57	Saint Mary's School

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Jr. High Show</u> <u>Cheer Novice</u> <u>Non-Tumbling --</u> <u>Small (5-19) --</u> <u>Cont.</u>
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9:15 AM	9:35 AM	10:00 AM	Brown Academy
9:25	9:45	10:10	Rio Vista Middle School

<u>Jr. High Show</u> <u>Cheer Novice</u> <u>Non-Tumbling --</u> <u>Small (5-19) --</u> <u>Cont.</u>

9:35	9:55	10:20	El Capitan Middle School
9:45	10:05	10:30	Lakewood Christian School

<u>Jr. High Show</u> <u>Cheer Novice</u> <u>Non-Tumbling --</u> <u>Small (5-19) --</u> <u>Cont.</u>

9:55	10:15	10:40	Imagine Prep at Surprise Clark
10:05	10:25	10:50	Intermediate School

<u>Jr. High Show</u> <u>Cheer Novice</u> <u>Non-Tumbling --</u> <u>Large (20-36)</u>

(Awards -- Hall C -- 12:30 PM)			
10:15	10:35	11:00 AM	Shandin Hills Middle School
10:25	10:45	11:10	Sawyer Middle School

<u>Check-In Time</u>	<u>Performance Time</u>	<u>Group Stunt</u> <u>Novice -- Cont.</u>
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9:25 AM	10:03 AM	Canyon Lake Middle School #2
9:35	10:13	Canyon Lake Middle School #3

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Band Chant Jr.</u> <u>High</u>
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(Awards -- Hall C -- 1:45 PM)			
9:35	9:55	10:23	Washington Academic Middle School
9:45	10:05	10:33	Edgewood Middle School

<u>Band Chant Jr.</u> <u>High -- Cont.</u>

9:55	10:15	10:43	Village Christian School
10:05	10:25	10:53	Luther Burbank Middle School

<u>Band Chant Jr.</u> <u>High -- Cont.</u>

10:15	10:35	11:03 AM	Bogle Jr. High School
10:25	10:45	11:13	Granite Ridge Intermediate School

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Traditional Rec</u> <u>Novice -- 10U</u> <u>(AFF)</u>
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(Awards -- Hall C -- 11:45 AM)			
9:15 AM	9:35 AM	10:07 AM	Oak Ridge Jr. Trojans
9:25	9:45	10:17	Woodcreek Jr. Timberwolves

<u>Traditional Rec</u> <u>Novice -- 10U</u> <u>(AFF) -- Cont.</u>

9:35	9:55	10:27	Whitney Jr. Wildcats
9:45	10:05	10:37	Rohnert Park Warriors

<u>Traditional Rec</u> <u>Novice -- 12U</u> <u>(AFF)</u>
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(Awards -- Hall C -- 12:10 PM)			
9:55	10:15	10:47	Heir Cheer
10:05	10:25	10:57	Woocreek Jr. Timberwolves

<u>Traditional Rec</u> <u>Novice -- 12U</u> <u>(AFF) -- Cont.</u>

10:15	10:35	11:07 AM	Rohnert Park Warriors
10:25	10:45	11:17	Windsor Knights Cheer

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Jr. High Show</u> <u>Cheer Novice</u> <u>Non-Tumbling --</u> <u>Large (20-36) --</u> <u>Cont.</u>	<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Band Chant Jr.</u> <u>High -- Cont.</u>	<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Traditional Rec</u> <u>Novice -- 14U</u> <u>(AFF)</u>
											(Awards -- Hall C -- 1:10 PM)
10:35 AM	10:55 AM	11:20 AM	El Roble Intermediate School	10:35 AM	10:55 AM	11:23 AM	Canyon Lake Middle School	10:35 AM	10:55 AM	11:27 AM	Yuba City Honkers
			<u>Junior High</u> <u>Show Cheer</u> <u>Intermediate</u>				<u>Band Chant Jr.</u> <u>High -- Cont.</u>				<u>Traditional Rec</u> <u>Novice -- 14U</u> <u>(AFF) -- Cont.</u>
			(Awards -- Hall C -- 1:45 PM)								
10:45	11:05	11:30	Sacred Hearts Academy	10:45	11:05	11:33	Sonoran Trails Middle School	10:45	11:05	11:37	Whitney Jr. Wildcats
			<u>Junior High</u> <u>Show Cheer</u> <u>Intermediate --</u> <u>Cont.</u>				<u>Fight Song Jr.</u> <u>High</u>				<u>Traditional Rec</u> <u>Novice -- 14U</u> <u>(AFF) -- Cont.</u>
							(Awards -- Hall C -- 1:45 PM)				
10:55	11:15	11:40	Alta Sierra Intermediate School	10:55	11:15	11:43	Reyburn Intermediate School	10:55	11:15	11:47	Petaluma Panthers
11:05	11:25	11:50	Glacier Point Middle School	11:05	11:25	11:53	Luther Burbank Middle School	11:05	11:25	11:57	Woodinville Jr. Cheer
11:15	11:35	12:00 PM	Bogle Jr. High School	11:15	11:35	12:03 PM	Chaminade Middle School	11:15	11:35	12:07 PM	Windsor Knights Cheer
			<u>Junior High</u> <u>Show Cheer</u> <u>Intermediate --</u> <u>Cont.</u>				<u>Fight Song Jr.</u> <u>High -- Cont.</u>				<u>Traditional Rec</u> <u>Advanced -- 14U</u> <u>(AFF)</u>
											(Awards -- Hall C -- 1:30 PM)
11:25	11:45	12:10	Kastner Intermediate School	11:25	11:45	12:13	Washington Academic Middle School	11:25	11:45	12:17	Oak Ridge Jr. Trojans
11:35	11:55	12:20	Reyburn Intermediate School	11:35	11:55	12:23	Rio Vista Middle School	11:35	11:55	12:27	Woodcreek Jr. Timberwolves

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Junior High Show Cheer Advanced Non-Tumbling</u>
		(Awards -- Hall C -- 1:30 PM)	
11:45 AM	12:05 PM	12:30 PM	Granite Ridge Intermediate School

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Junior High Show Cheer Advanced Non-Tumbling -- Cont.</u>
11:55	12:15	12:40	Luther Burbank Middle School

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Junior High Show Cheer Advanced</u>
		(Awards -- Hall C -- 1:30 PM)	
12:05	12:25	12:50	Rogich Middle School

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Fight Song Jr. High -- Cont.</u>
11:45 AM	12:05 PM	12:33 PM	Village Christian School

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Traditional Rec Advanced -- 14U (AFF) -- Cont.</u>
11:45 AM	12:05 PM	12:37 PM	Newburg Youth Cheer

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Traditional Rec Advanced -- 12U (AFF)</u>
		(Awards -- Hall C -- 1:15 PM)	
12:05	12:25	12:47	Oak Ridge Jr. Trojans

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Traditional Rec Advanced -- 10-18Y (AFF)</u>
		(Awards -- Hall C -- 1:20 PM)	
12:05	12:25	12:54	Heir Cheer

<u>Check-In/Photo Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>Co-Ed Junior High Show Cheer Intermediate</u>
		(Awards -- Hall C -- 1:30 PM)	
12:15 PM	12:35 PM	12:59 PM	Greenspun Junior High School