

# VIRTUAL COMPETITION INFORMATION GUIDE



The USA is proud to continue to offer virtual competition options for teams trying to qualify for a USA Nationals event. Two different styles of events will be offered for the 2025-2026 season. A Virtual Qualifier where teams are evaluated and Virtual Regionals where teams compete against one another. Both types are scored by a USA trained judging panel.

## Event Dates and Deadlines

Please note registration deadlines are firm and cannot be changed or extended. Payment must be paid in full and digital waivers submitted by the registration deadline date in order to participate.

- **USA Virtual Spirit Qualifier (Cheer, Song/Pom & Song/Jazz)**
  - Registration Deadline: 10/22/2025
  - Email Instruction: 10/27/2025
  - Video Capture Window: 10/29/2025 – 11/2/2025
  - Event on Varsity TV (Subscription Required): 11/4/2025
  - Score Sheets Emailed & Results Posted: 11/7/2025
- **USA Virtual Dance Regional II**
  - Registration Deadline: 11/26/2025
  - Email Instruction: 12/01/2025
  - Video Capture Window: 12/03/2025 – 12/07/2025
  - Event on Varsity TV (Subscription Required): 12/9/2025
  - Score Sheet Emailed & Results Posted: 12/12/2025
- **USA Virtual Spirit Regional I (Cheer, Song/Pom & Song/Jazz)**
  - Registration Deadline: 11/26/2025
  - Email Instruction: 12/01/2025
  - Video Capture Window: 12/03/2025 – 12/07/2025
  - Event on Varsity TV (Subscription Required): 12/9/2025
  - Score Sheet Emailed & Results Posted: 12/12/2025
- **USA Virtual Spirit Regional II (Cheer, Song/Pom & Song/Jazz)**
  - Registration Deadline: 12/24/2025
  - Email Instruction: 1/05/2026
  - Video Capture Window: 1/07/2026 – 1/11/2026
  - Event on Varsity TV (Subscription Required): 1/13/2026
  - Score Sheet Emailed & Results Posted: 1/16/2026
- **USA Virtual Dance Regional I**
  - Registration Deadline: 1/28/2026
  - Email Instruction: 2/02/2026
  - Video Capture Window: 2/04/2025 – 2/08/2026
  - Event on Varsity TV (Subscription Required): 2/10/2026
  - Score Sheet Emailed & Results Posted: 2/13/2026

## Qualifying Virtual Events

### Virtual Spirit Qualifier

This event in November will give priority to teams in areas where USA does not hold a regional competition. Prior approval through the USA must be granted in order to participate. Routines will be only **evaluated** for Nationals qualification. Teams will not be ranked or placed. Routine videos will not be shared publicly.

## Virtual Regionals

Teams compete against one another, and their routine videos and results are shared via Varsity TV. All performers receive a participation ribbon. Regional awards are sent to top teams in each division.

## How Will a Virtual Event Work?

Shortly after the registration deadline passes, teams will receive an email from CheerMatch with app download instructions and login information/passwords as well as video recording instructions and FAQs. For coaches who are new to the platform, you may request a “test” capture after receiving your login instructions. We recommend using this option to familiarize yourself with the recording process prior to initiating capture for your competition performance(s).

Once the event begins, teams will have a 5-day video capture window to record their video and submit it to CheerMatch. Teams will be given **TWO (2)** capture opportunities. The coach will select (1) of these captures to be submitted for scoring. You can film on any desired date during the capture window, but your performance must be captured directly within the CheerMatch (Varsity Compete) app.

All routines will be judged with sound and available for Varsity TV subscriber viewing with sound for 48 hours once the event goes live. After 48 hours, the routines will be available without sound for Varsity TV subscribers. After 5 days, routines will be available on demand, free of charge without sound for the duration of the competition season. **To view the videos on the event day, you need an active Varsity TV subscription.**

Additionally, teams will receive an invitation to join the event BAND. It is critical that at least one member of your staff join the BAND, and remain a member through the duration of the event. Tips, reminders and updates will be shared via the event BAND.

## Where Can We View the Results from the Virtual Events?

Results will be available on Varsity TV (full rankings are free to view, even if you do not have a subscription) on the Monday after the event. Score sheets will be sent to all coaches after results are posted on Varsity TV.

## Digital Rosters/Waivers for Virtual Events

Team rosters will be required for teams to participate in each Virtual Competition. All teams will be required to submit the team roster through the submission upload form on Monday the week of the event upload.

A virtual waiver form will need to be submitted per athlete once per event.

<https://www.myvarsity.com/s/virtualeventwaiver>. Coaches can check to see athlete waivers in their myVarsity portal.

**Please note that each registration has a unique link, so if you have multiple squads competing in the competition, make sure to use the appropriate link for each squad.**

## How do people watch the event?

To view the videos on the event day, you need an active Varsity TV subscription.

### **What kind of video do I need to submit?**

Teams must submit a video recording of their routine taken in their practice facility. Videos must be one take, with sound—edited footage will not be accepted. All 4 corners of the floor should be visible when possible and athletes must perform on a NFHS approved surface. The program must own rights to this video and consent to it being posted on Varsity TV for use in the Virtual Competition.

There is no need to purchase additional equipment or internet services for your program – simply film on your phone! Make sure that you are closely following the video sent from CheerMatch with further instructions to ensure you are submitting the video properly.

### **What should my team wear?**

Teams may submit videos in their practice wear or uniforms. Please keep in mind that all NFHS Rules and Standards on uniforms must be maintained, or a deduction will be assessed, and your video will not be available on Varsity TV.

### **How will teams be scored?**

For Competitive Events, once routine videos are filmed and uploaded, a Varsity Spirit certified judging panel will score the routines in our Simple Score system. Score sheets will be emailed to coaches the day following judging.

### **Can I compete at a live event and record that same routine for a virtual event the following weekend?**

No, routines must be filmed in your practice facility and may not be used for multiple events, live or virtual.

### **Can I compete in more than one virtual event in a weekend and use the same routine for both?**

While you may compete at more than one virtual event in a weekend, you will need to film separate routines and submit your performances for scoring using one of the two capture links provided by CheerMatch for that specific event.

### **Disqualification**

Any team that does not adhere to the terms and procedures of these "Rules and Regulations" will be subject to disqualification from the competition, will automatically forfeit any right to any prizes or awards presented by the competition, and may also forfeit the opportunity to participate in a competition or the following year.

### **Questions**

For further questions please contact, [USACompetitions@varsity.com](mailto:USACompetitions@varsity.com) or [support@cheermatch.com](mailto:support@cheermatch.com)

*Varsity Spirit reserves the right to amend this document at any time.*