

NFHS KEY: C – Crowd Leader      B – Ambassador

## R – Spirit Raiser

S – Safety

A – Athlete




E – Entertainer

L – Leadership





# DAY 1

9:00 am	Camp registration begins
	<b>LUNCH IS NOT PROVIDED</b>
12:00 pm	Camp registration ends
12:30 pm	Arrive to main meeting area
1:00 pm	Opening Rally & Warm-ups <b>II</b>
1:30 pm	<b>Coaches Welcome</b> <b>Meet Your Staff TeamMate!</b> NFHS Credentialing Road Map
2:00 pm	USA Routine
2:30 pm	Safety Seminar (S) & Stunt Class
3:30 pm	<b><i>Together Time w/ Staff TeamMate!</i></b> Custom Choreography
4:30 pm	<b>DINNER</b>
6:30 pm	Optional Fight Song Evaluation Home Routine Showcase <b>II</b>
7:30 pm	<b>Coaches Goal Setting</b> All-American Cheer
8:00 pm	Unity Games <b>II</b>
8:30 pm	Unity Routine (E) <b>II</b>
9:00 pm	Spirit Awards & All Camp Meeting <b>II</b>

# DAY 2

7:00 am	<b>*BREAKFAST</b>
8:30 am	<b>Coaches Check-in &amp; Camp Assessment</b> Warm-ups & Unity Routine 
9:00 am	<i>We Go(al) Together &amp;</i> Leadership Activity (L)
9:30 am	Choose Your Challenge 1 (C) <input type="checkbox"/> Band Chant A & Sideline Cheers <input type="checkbox"/> Crowdgetters A & B <input type="checkbox"/> Hip Hop Dance <input type="checkbox"/> Stunts
10:30 am	Pyramid Class (A)
11:30 am	<b>LUNCH</b>
1:00 pm	Staff TeamMate Time: USA Routine Coaching
2:00 pm	Choose Your Challenge 2 (R) <input type="checkbox"/> Band Chant B & Basketball Cheers <input type="checkbox"/> Fight Song <input type="checkbox"/> Timeout Dance <input type="checkbox"/> Stunts
3:00 pm	Team Up for St. Jude (B) & Pin It Forward
3:30 pm	Class Yell (R) & <i>We Go Together Rally</i> 
4:00 pm	Spirit Awards & USA Dance Party 
4:30 pm	<b>DINNER</b>
6:30 pm	Free Time/Optional Open Practice

## DAY 3

7:00 am	<b>*BREAKFAST</b>
8:30 am	<b>Coaches Wrap-up</b> Warm-ups & Unity Routine 
9:00 am	All-American Tryout
10:00 am	<b>Together Time w/ Staff TeamMate:</b> USA Routine Coaching
10:30 am	USA Routine Evaluation
11:30 am	NFHS Certificate Ceremony & TeamMaker 
12:00 pm	Pin It Forward & Senior Spotlight
12:30 pm	Closing Rally & Final Awards 
<b>LUNCH IS NOT PROVIDED</b>	
 Combo Classes	
Friends and family are invited to camp on Day 3 beginning at 10:15 am	
Day 3 will end at approximately 12:30 pm depending on the camp size	
Class times and offerings may vary by camp location	
<b>*BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your State Director to inquire about a specific location.</b>	