



# 2025 Elite Song/Pom Camp Schedule

NFHS KEY: C-Crowd Leader

## B-Ambassador

## R- Spirit Raiser

## S-Safety

### A-Athlete

## E-Entertainer

## L-Leadership








# DAY 1

9:00am	Camp registration begins
<b>LUNCH IS NOT PROVIDED</b>	
12:00pm	Camp registration ends
12:30pm	<b>Routine A Preview for Coaches &amp; Captains</b> Arrive to main meeting area
1:00pm	Opening Rally & Warm-ups <b>1</b>
1:30pm	<b>Coaches Welcome</b> <b>Meet your Staff TeamMate!</b> NFHS Credentialing Road Map
2:00pm	Team Routine (A)
3:30pm	Pom Quarter Break Routine (R)
4:30pm	<b>DINNER</b> <b>Routine B Preview for Coaches &amp; Captains</b>
6:30pm	Optional Fight Song Evaluation/ Home Routine Showcase <b>1</b>
7:30pm	<b>Coaches Goal Setting</b> Performance Routine A1 (A)
8:00pm	Unity Games <b>1</b>
8:30 pm	Unity Routine (E) <b>1</b>
9:00 pm	Spirit Awards & All Camp Meeting <b>1</b>






# DAY 2

7:00 am	<b>BREAKFAST</b>
8:00 am	All-American (B)
8:30 am	<b>Coaches Check-In/</b> Warm-ups & Unity Routine <b>1</b>
9:00 am	<b><i>Together Time with Staff</i></b> <b>TeamMate:</b> Team Routine Coaching
10:00 am	Hip Hop Quarter Break Routine #1 (R)
10:30 am	Game Day Class (C) & Evaluation Demonstration <b>1</b>
11:00 am	<b>LUNCH</b>
1:00 pm	<b>Coaches Camp Assessment</b> Choose Your Challenge (A)
2:00 pm	Performance Routine A2
3:00 pm	Performance Routine B1
3:45 pm	Hip Hop Quarter Break Routine #2 (R)
4:15 pm	Pin It Forward & Spirit Awards <b>1</b>
4:30 pm	<b>DINNER</b>
6:30 pm	Free Time/Optional Open Practice

# DAY 3

7:00 am	<b>BREAKFAST</b>
8:00 am	All-American (B)
8:30 am	<b>Coaches Check-In/</b> Warm-ups & Unity Routine 
9:00 am	Team Technique (S)
9:30 am	Performance Routine B2
10:30 am	Group A – <b><i>Together Time w/ Staff</i></b> <b>TeamMate:</b> Game Day Coaching  Group B – Team Up for St. Jude (B)
11:00 am	Group A – Team Up for St. Jude (B) Group B – <b><i>Together Time w/ Staff</i></b> <b>TeamMate:</b> Game Day Coaching 
11:30 am	<b>LUNCH</b>
1:00 pm	Performance Routine A & B Review & Evaluations
2:00 pm	<b><i>Together Time w/ Staff</i></b> <b>TeamMate:</b> Game Day Coaching 
2:30 pm	Game Day Evaluation 
3:30 pm	All-American/Dance Star Prelims (E)
4:30 pm	<b>DINNER</b>
6:30 pm	Class Yell (R) & <i>We Go Together Rally</i> 
7:00 pm	Spirit Awards & USA Dance Party 
7:30 pm	Free Time

## DAY 4

7:00 am	<b>Breakfast</b>
8:30 am	<b>Coaches Wrap Up</b> Warm-ups & Unity Routine 
9:00 am	<b>Together Time w/ Staff TeamMate:</b> Team Routine Coaching (L)
9:30 am	Team Routine Evaluation (E)
10:30 am	Dance Star Prep
10:45 am	Dance Star Finals (E)
11:30 am	NFHS Certificate Ceremony & TeamMaker 
12:00 pm	Pin It Forward & Senior Spotlight 
12:30 pm	Closing Rally & Final Awards 
<b>LUNCH IS NOT PROVIDED</b>	
 Combo Classes	
Friends and family are invited to camp on Day 4 beginning at 9:15 am	
Day 4 will end at approximately 12:30 pm depending on the camp size	
Class times and offerings may vary by camp location	
*The number of meals included may vary by location. (Breakfast, Lunch and Dinner) Please refer to online camp listings for more information.	