



2025 Dance Camp - Utah

NFHS KEY:

C-Crowd Leader

B-Ambassador

R- Spirit Raiser

S-Safety

A-Athlete

E-Entertainer

L-Leadership

DAY 1

9:00am	Camp Registration begins LUNCH IS NOT PROVIDED
12:00pm	Camp Registration Ends
12:30pm	Arrive to main meeting area
1:00pm	Opening Rally (R) Warm-Ups & Conditioning
1:30pm	Camp Dance (A) Director/Coaches Meeting
2:30pm	Team Dance Routine (A)
4:00pm	Drill Downs (L)
4:30pm	DINNER
6:30pm	Showtime USA (E) Home Routine Showcase
7:00pm	Camp Dance Review & All American
7:30pm	Performance Routine A
8:30pm	Unity Games (B) Pin it Forward
9:00pm	All Camp Meeting

DAY 2

7:00am	BREAKFAST
8:30am	Warm-Ups & Conditioning (S) USA Camp Dance Review Director/Coaches Meeting
9:00am	Technique 1 (S)
10:00am	Performance Routine A2
11:00am	Quarter Break Routines (A)
11:30am	LUNCH
1:00pm	Officers/Captains Workshop (L)
1:30pm	Choose Your Challenge A)
2:30pm	Performance Routine B
3:30pm	Team Dance Routine Review
4:30pm	DINNER
6:30pm	Unity Workshop (B) Pin it Forward
7:00pm	USA Dance Party (R)

DAY 3

7:00am	BREAKFAST
8:30am	Warm-Ups & Conditioning (S) USA Camp Dance Review Director/Coaches Meeting
9:00am	Technique 2 (S)
10:00am	Performance Routine B2
11:00am	Team Dance Routine Review
11:30am	Performance Routine A Review
12:00pm	LUNCH
1:30pm	Performance Routine B Review
2:00pm	USA Spectacular (E) Performance Routine A & B Showcase Team Dance Showcase All American Supersensational Finals
4:00pm	Closing Awards Rally Friends and family are invited to camp on Day 3 at 2:00pm. Day 3 will end at approximately 4:30 depending on the size of the camp. The number of meals included may vary by location. (Breakfast, Lunch and Dinner) Please refer to online camp listings for more information.



