t association united spirit association unit



2025 Stunt Home Camp Schedule

NFHS KEY: C-Crowd Leader B-Ambassador R- Spirit Raiser S-Safety A-Athlete E-Entertainer L-Leadership

DAY 1

12:00 pm	Meet Your Staff TeamMate! NFHS Credentialing Road Map
12:15 pm	Warm-ups
12:30 pm	All-American Cheer (C)
1:00 pm	Safety Seminar (S) & Stunt Class
2:30 pm	Unity/Friday Night Lights Routine
3:00 pm	BREAK
3:30 pm	Pyramid Class
4:30 pm	Together Time w/ Staff TeamMate: Custom Choreography
5:30 pm	We Go(al) Together & Leadership Activity (L)
6:00 pm	Unity Games
6:30 pm	Spirit Awards & Dismiss

DAY 2

9:00 am	Warm-ups & Material Review
9:30 am	Stunt Class (A)
10:30 am	Choose Your Challenge (E)
11:30 am	Staff TeamMate Time: Unity/FNL Routine Coaching
12:00 pm	LUNCH
1:00 pm	Unity/FNL Routine Evaluation
1:30 pm	Stunt Class
2:30 pm	Team Up For St. Jude (B)
3:00 pm	All-American Tryouts (R)
3:30 pm	Material Review
4:00 pm	Spirit Awards & Dismiss

Choose Your Challenge Options:

- ☐ Street Routine
- Sideline Routine
- □ Basket Toss Class
- □ Single Base Stunt Class