



# 2025 Home Camp Schedule

NFHS KEY: C-Crowd Leader

B-Ambassador

## R- Spirit Raiser

## S-Safety

A-Athlete

E-Entertainer

## L-Leadership

# DAY 1

12:00 pm	<b>Meet Your Staff TeamMate(s)!</b> NFHS Credentialing Road Map
12:15 pm	Warm-ups
12:30 pm	Safety Seminar (S) & Stunt Class
1:30 pm	Game Day Class & All-American Cheer
2:30 pm	<b><i>Together Time w/ Staff TeamMate:</i></b> Game Day Coaching
3:00 pm	<b>BREAK</b>
3:30 pm	Unity/Friday Night Lights Routine
4:30 pm	Pyramid Class
5:30 pm	Unity Games
6:00 pm	<b><i>Together Time w/ Staff TeamMate:</i></b> Material Review
6:30 pm	Spirit Awards & Dismiss

# DAY 2

9:00 am	Warm-ups & Team Up For St. Jude (B)
9:30 am	Choose Your Challenge (E)
10:30 am	Stunt Class (A)
11:30 am	<b><i>Together Time w/ Staff TeamMate:</i></b> Game Day Coaching (C)
12:00 pm	<b>LUNCH</b>
1:00 pm	<i>We Go(al) Together</i> & Leadership Activity (L)
1:30 pm	Add'l Stunt OR Pyramid Class
2:30 pm	<b><i>Together Time w/ Staff TeamMate:</i></b> Material Review
3:00 pm	Game Day Evaluation
3:30 pm	All-American Tryouts (R)
4:00 pm	Spirit Awards & Dismiss

## DAY 3

9:00 am	Warm-ups & Jump Class
9:30 am	Choose Your Challenge
10:30 am	Stunt Class
11:30 am	<b><i>Together Time w/ Staff TeamMate:</i></b> CYC Custom Choreography
12:00 pm	<b>LUNCH</b>
1:00 pm	<b><i>Together Time w/ Staff TeamMate:</i></b> CYC Custom Choreography cont.
1:30 pm	Choose Your Challenge
2:30 pm	Add'l Stunt OR Pyramid Class
3:30 pm	<b><i>Together Time w/ Staff TeamMate:</i></b> Material Review
4:00 pm	Spirit Awards & Dismiss

- Choose Your Challenge Options:
- ☐ Street Routine
  - ☐ Sideline Routine
  - ☐ Basket Toss Class
  - ☐ Single Base Stunt Class

