

2024 USA Spirit and Jr. Nationals/Collegiate Championships (Dance)
Practice Schedule for Sunday Hall D -- East Stage (Red Backdrop)
Sunday, February 18th (Rev. 2/13/24)
Practice Area in Hall C (West Side Behind Stage Area) -- Convention Center

Practice time is scheduled according to your performance time. Approximately 30-40 minutes prior to performing, each team will have 8 minutes on the practice floor. USA staff will monitor the practice area to ensure that the schedule is being followed.

Note that the check-in location for all teams for practice time is to the right of the stage in Hall C.

Only participants and coaches with a designated wristband are permitted in the practice area. There is no practicing permitted in the any lobby area. Stunting/tumbling on non-matted surfaces is not permitted. Give yourself ample time to arrive at the appropriate practice location.

Keep all personal belongings with you and/or monitored at all times.

The times below are subject to change.

<u>Check-In Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>JV Song/Pom Advanced -- Small (5-9)</u>	<u>Check-In Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>JV Song/Pom Intermediate</u>	<u>Check-In Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>JV Song/Pom Novice</u>
7:20 AM 7:30	7:35 AM 7:45	8:00 AM 8:10	Finalist #4 Finalist #3	7:20 AM 7:30	7:35 AM 7:45	8:03 AM 8:13	Finalist #3 Finalist #2	7:20 AM 7:30	7:35 AM 7:45	8:07 AM 8:17	Finalist #2 Finalist #1
			<u>JV Song/Pom Advanced -- Small (5-9) -- Cont.</u>				<u>JV Song/Pom Intermediate -- Cont.</u>				<u>Varsity Song/Pom Novice -- Small (5-7)</u>
7:40	7:55	8:20	Finalist #2	7:40	7:55	8:23	Finalist #1	7:40	7:55	8:27	Finalist #4
			<u>JV Song/Pom Advanced -- Small (5-9) -- Cont.</u>				<u>Varsity Song/Pom Intermediate -- Small (5-7)</u>				<u>Varsity Song/Pom Novice -- Small (5-7) -- Cont.</u>
7:50	8:05	8:30	Finalist #1	7:50	8:05	8:33	Finalist #4	7:50	8:05	8:37	Finalist #3
			<u>JV Song/Pom Advanced -- Large (12-23)</u>				<u>Varsity Song/Pom Intermediate -- Small (5-7) -- Cont.</u>				<u>Varsity Song/Pom Novice -- Small (5-7) -- Cont.</u>
8:00 8:10	8:15 8:25	8:40 8:50	Finalist #2 Finalist #1	8:00 8:10	8:15 8:25	8:43 8:53	Finalist #3 Finalist #2	8:00 8:10	8:15 8:25	8:47 8:57	Finalist #2 Finalist #1
			<u>Varsity Song/Pom Advanced -- Small (5-7)</u>				<u>Varsity Song/Pom Intermediate -- Small (5-7) -- Cont.</u>				<u>Pep Flag</u>
8:20 AM	8:35 AM	9:00 AM	Finalist #4	8:20 AM	8:35 AM	9:03 AM	Finalist #1	8:20 AM	8:35 AM	9:07 AM	Finalist #1
			<u>Varsity Song/Pom Advanced -- Small (5-7) -- Cont.</u>				<u>Freshman Song/Pom</u>				<u>Mascot</u>
8:30	8:45	9:10	Finalist #3	8:30	8:45	9:13	Finalist #2	8:30	8:45	9:17	Finalist #2
			<u>Varsity Song/Pom Advanced -- Small (5-7) -- Cont.</u>				<u>Freshman Song/Pom -- Cont.</u>				<u>Mascot -- Cont.</u>
8:40	8:55	9:20	Finalist #2	8:40	8:55	9:23	Finalist #1	8:40	8:55	9:27	Finalist #1
			<u>Varsity Song/Pom Advanced -- Small (5-7) -- Cont.</u>				<u>Varsity Song/Pom Intermediate -- Medium (8-11)</u>				<u>Varsity Song/Pom Novice -- Medium (8- 11)</u>
8:50	9:05	9:30 AM	Finalist #1	8:50	9:05	9:33 AM	Finalist #6	8:50	9:05	9:37	Finalist #2
			<u>Varsity Song/Pom Advanced -- Medium (8-11)</u>				<u>Varsity Song/Pom Intermediate -- Medium (8-11) -- Cont.</u>				<u>Varsity Song/Pom Novice -- Medium (8- 11) -- Cont.</u>
9:00	9:15	9:40	Finalist #7	9:00	9:15	9:43	Finalist #5	9:00	9:15	9:47	Finalist #1

Varsity Song/Pom Advanced -- Medium (8-11) -- Cont.			Varsity Song/Pom Intermediate -- Medium (8-11) -- Cont.			Varsity Song/Pom Novice -- Large (12-23)		
9:10 9:20 AM	9:25 9:35 AM	9:50 Finalist #6 10:00 AM Finalist #5	9:10 9:20 AM	9:25 9:35 AM	9:53 Finalist #4 10:03 AM Finalist #3	9:10 9:20 AM	9:25 9:35 AM	9:57 Finalist #2 10:07 AM Finalist #1
JUDGES BREAK								
Varsity Song/Pom Advanced -- Medium (8-11) -- Cont.			Varsity Song/Pom Intermediate -- Medium (8-11) -- Cont.			Varsity Jazz (Song/Pom) -- Small (5-7)		
9:50 10:00	10:05 10:15	10:30 Finalist #4 10:40 Finalist #3	9:50 10:00	10:05 10:15	10:33 Finalist #2 10:43 Finalist #1	9:50 10:00	10:05 10:15	10:37 Finalist #6 10:47 Finalist #5
Varsity Song/Pom Advanced -- Medium (8-11) -- Cont.			Varsity Song/Pom Intermediate -- Large (12-23)			Varsity Jazz (Song/Pom) -- Small (5-7) -- Cont.		
10:10 10:20 AM	10:25 10:35 AM	10:50 Finalist #2 11:00 AM Finalist #1	10:10 10:20 AM	10:25 10:35 AM	10:53 Finalist #4 11:03 AM Finalist #3	10:10 10:20 AM	10:25 10:35 AM	10:57 Finalist #4 11:07 AM Finalist #3
Varsity Song/Pom Advanced -- Large (12-23)			Varsity Song/Pom Intermediate -- Large (12-23) -- Cont.			Varsity Jazz (Song/Pom) -- Small (5-7) -- Cont.		
10:30 10:40	10:45 10:55	11:10 Finalist #3 11:20 Finalist #2	10:30 10:40	10:45 10:55	11:13 Finalist #2 11:23 Finalist #1	10:30 10:40	10:45 10:55	11:17 Finalist #2 11:27 Finalist #1
Varsity Song/Pom Advanced -- Large (12-23) -- Cont.			Jr. High Song/Pom			Jr. High All-In-One Dance		
10:50	11:05	11:30 Finalist #1	10:50	11:05	11:33 Saint Mary's School	10:50	11:05	11:37 Townsend Junior High School
Varsity Jazz (Song/Pom) -- Medium (8-11)			Jr. High Song/Pom -- Cont.			JV Jazz (Song/Pom)		
11:00 11:10	11:15 11:25	11:40 Finalist #7 11:50 Finalist #6	11:00 11:10	11:15 11:25	Alta Sierra 11:43 Intermediate School Sonoran Trails 11:53 Middle School	11:00 11:10	11:15 11:25	11:47 Finalist #3 11:57 Finalist #2
Varsity Jazz (Song/Pom) -- Medium (8-11) -- Cont.			Check- In/Photo Time	Practice Time	Performance Time	JV Jazz (Song/Pom) -- Cont.		
11:20 AM	11:35 AM	12:00 PM Finalist #5	11:20 AM	11:35 AM	12:03 PM Clark Intermediate School	11:20 AM	11:35 AM	12:07 PM Finalist #1
11:30	11:45	12:10 Finalist #4	11:30	11:45	12:14 Granite Ridge Intermediate School			
11:40	11:55	12:18 Finalist #3	11:40	11:55	12:22 Kastner Intermediate School			
11:40	11:55	12:26 Finalist #2	11:40	11:55	12:30 Reyburn Intermediate School			
11:50	12:05	12:34 PM Finalist #1	11:50	12:05	12:38 Townsend Junior High School			
			Varsity Jazz (Song/Pom) -- Large (12-23)					
			12:00	12:15	12:43 Finalist #3			
			12:00	12:15	12:48 Finalist #2			
			12:00	12:15	12:52 Finalist #1			

AWARDS -- High School and Junior High Divisions

<u>Check-In Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>2-Year College Pom</u>	<u>Check-In Time</u>	<u>Practice Time</u>	<u>Performance Time</u>	<u>4-Year College Jazz -- Division II/III</u>
1:50	2:05	2:30 PM	College of Southern Idaho	1:50	2:05	2:34 PM	California State University San Marcos
			<u>4-Year College Hip Hop</u>				<u>4-Year College Jazz -- Division II/III -- Cont.</u>
2:00	2:15	2:38	California State University Dominguez Hills	2:00	2:15	2:42	Southern New Hampshire University
2:10	2:25	2:46	Grand Canyon University	2:10	2:25	2:50	Sonoma State University
2:10	2:25	2:54	Northern Arizona University	2:20	2:35	2:58	California State University Monterey Bay
2:20	2:35	3:02 PM	Tamagawa University	2:20	2:35	3:06 PM	California Lutheran University
2:30	2:45	3:10	Southern Oregon University	2:30	2:45	3:14	Gustavus Adolphus University
2:40	2:55	3:18	Colorado State University Pueblo	2:40	2:55	3:22	Chapman University
2:40	2:55	3:26	University of Idaho	2:50	3:05	3:30	Arizona Christian University
2:50	3:05	3:34	California State University Monterey Bay	3:00	3:15	3:38	Saint Catherine University
3:00	3:15	3:42	Lutheran University	3:00	3:15	3:46	University of California Merced
			<u>4-Year College Hip Hop -- Cont.</u>				<u>4-Year College Jazz -- Division I</u>
3:10	3:25	3:50	Southern Utah University	3:10	3:25	3:54	Cal Poly San Luis Obispo
3:10	3:25	3:58 PM	Utah Tech University	3:20	3:35	4:02 PM	California Baptist University
			<u>4-Year College Pom</u>				<u>4-Year College Jazz -- Division I -- Cont.</u>
3:20	3:35	4:14	California State University San Marcos	3:30	3:45	4:18	Grand Canyon University
3:30	3:45	4:22	California State University Fresno	3:40	3:55	4:26	Northern Arizona University
3:40	3:55	4:30	Southern New Hampshire University	3:50	4:05	4:34	University of California San Diego
3:50	4:05	4:38	Nippon Sport University	4:00	4:15	4:42	Shobi University
4:00	4:15	4:46	California State University Chico	4:10	4:25	4:50	University of Oregon
4:10	4:25	4:54	California Baptist University	4:20	4:35	4:58	University of Idaho
4:20	4:35	5:02 PM	Tamagawa University	4:20	4:35	5:06 PM	Utah Tech University
			<u>4-Year College Pom -- Cont.</u>				<u>2-Year College Jazz</u>
4:30	4:45	5:10	University of California San Diego	4:30	4:45	5:14	College of Southern Idaho
			<u>4-Year College Pom -- Cont.</u>				<u>2-Year College Hip Hop</u>
4:40	4:55	5:18	Chuo University	4:40	4:55	5:22	Northeastern Oklahoma A & M College
4:40	4:55	5:26	Texas Women's University				
4:50	5:05	5:31	Southern Utah University				
4:50	5:05	5:36	University of California Merced				

AWARDS -- College Dance Divisions