

# USA Nationals Dance

Friday March 22, 2024 Arena  
Final Schedule as of 3-20-2024

Practice time is scheduled according to your performance time. Approximately 25-35 minutes prior to performing, each team will have 8 minutes on the practice floor. USA staff will monitor the practice area to ensure that the schedule is being followed. If your team does not show at the practice area for your listed time it will be assumed that you will not be utilizing the practice space for the corresponding division.

| Practice Time                                 | Performance Time | Team Name |
|---|------------------|-----------|
| <b>Championship Contemporary Small (5-10)</b> |                  |           |

|         |          |                 |
|---------|----------|-----------------|
| 7:35 AM | 8:00 AM  | Poway           |
| 7:47 AM | 8:12 AM  | Glendale        |
| 7:59 AM | 8:24 AM  | Presentation    |
| 8:11 AM | 8:36 AM  | Beckman         |
| 8:23 AM | 8:48 AM  | Monta Vista     |
| 8:35 AM | 9:00 AM  | Rancho Bernardo |
| 8:47 AM | 9:12 AM  | San Marcos      |
| 8:59 AM | 9:24 AM  | El Camino       |
| 9:11 AM | 9:36 AM  | West Ranch      |
| 9:23 AM | 9:48 AM  | Esperanza       |
| 9:35 AM | 10:00 AM | Chino Hills     |

| Practice Time                              | Performance Time | Team Name |
|--|------------------|-----------|
| <b>Championship Hip Hop Medium (11-17)</b> |                  |           |

|         |         |                   |
|---------|---------|-------------------|
| 7:35 AM | 8:04 AM | Lynbrook          |
| 7:47 AM | 8:16 AM | NP3               |
| 7:59 AM | 8:28 AM | West Ranch        |
| 8:11 AM | 8:40 AM | Channel Islands   |
| 8:23 AM | 8:52 AM | Chino Hills       |
| 8:35 AM | 9:04 AM | Classical Academy |
| 8:47 AM | 9:16 AM | Oak Hills         |
| 8:59 AM | 9:28 AM | La Mirada         |
| 9:11 AM | 9:40 AM | Mission Hills     |
| 9:23 AM | 9:52 AM | Thousand Oaks     |

|   |  |  |
|---|--|--|
| <b>Championship Contemporary Medium (11-17)</b> |  |  |
|---|--|--|

|          |          |                 |
|----------|----------|-----------------|
| 9:43 AM  | 10:12 AM | Fountain Valley |
| 9:55 AM  | 10:24 AM | Beckman         |
| 10:07 AM | 10:36 AM | Rancho Bernardo |

| Practice Time                    | Performance Time | Team Name |
|----------------------------------|------------------|-----------|
| <b>Open Lyrical Small (5-10)</b> |                  |           |

|         |          |             |
|---------|----------|-------------|
| 7:35 AM | 8:08 AM  | Oak Ridge   |
| 7:47 AM | 8:20 AM  | Alta Loma   |
| 7:59 AM | 8:32 AM  | San Pasqual |
| 8:11 AM | 8:44 AM  | Don Lugo    |
| 8:23 AM | 8:56 AM  | Fernley     |
| 8:35 AM | 9:08 AM  | Agoura      |
| 8:47 AM | 9:20 AM  | Liberty     |
| 8:59 AM | 9:32 AM  | Lynbrook    |
| 9:11 AM | 9:44 AM  | Saratoga    |
| 9:23 AM | 9:56 AM  | Del Oro     |
| 9:35 AM | 10:04 AM | Pacifica    |

|   |  |  |
|---|--|--|
| <b>Championship Hip Hop Large (18+)</b> |  |  |
|---|--|--|

|          |          |                 |
|----------|----------|-----------------|
| 9:43 AM  | 10:16 AM | Homestead       |
| 9:55 AM  | 10:28 AM | Downey          |
| 10:07 AM | 10:40 AM | Channel Islands |

|                                |  |  |
|--------------------------------|--|--|
| <b>Open Dance Small (5-10)</b> |  |  |
|--------------------------------|--|--|

|          |          |                   |
|----------|----------|-------------------|
| 10:19 AM | 10:44 AM | Mountain House    |
| 10:31 AM | 10:56 AM | Eleanor Roosevelt |

|                                      |  |  |
|--------------------------------------|--|--|
| <b>Open Contemporary Large (18+)</b> |  |  |
|--------------------------------------|--|--|

|          |          |          |
|----------|----------|----------|
| 10:43 AM | 11:05 AM | Glendale |
|----------|----------|----------|

|  |  |  |
|--|--|--|
| <b>Championship Contemporary Large (18+)</b> |  |  |
|--|--|--|

|          |          |         |
|----------|----------|---------|
| 10:55 AM | 11:15 AM | Beckman |
|----------|----------|---------|

|          |          |           |
|----------|----------|-----------|
| 10:19 AM | 10:48 AM | Westview  |
| 10:31 AM | 11:00 AM | Oak Hills |

|          |          |            |
|----------|----------|------------|
| 10:43 AM | 11:10 AM | West Ranch |
|----------|----------|------------|

|          |          |        |
|----------|----------|--------|
| 10:55 AM | 11:19 AM | Troy   |
| 11:02 AM | 11:27 AM | Agoura |

|          |          |                 |
|----------|----------|-----------------|
| 10:19 AM | 10:52 AM | Fountain Valley |
| 10:31 AM | 11:04 AM | San Marcos      |

|          |          |                 |
|----------|----------|-----------------|
| 10:43 AM | 11:14 AM | Rancho Bernardo |
|----------|----------|-----------------|

|          |          |                 |
|----------|----------|-----------------|
| 10:55 AM | 11:23 AM | Temecula Valley |
| 11:02 AM | 11:31 AM | Esperanza       |

**LUNCH BREAK & AWARDS @ 12:30 PM**

(Open Contemporary Large, Dance Small & Lyrical Small; Championship Contemporary Small, Medium & Large, Hip Hop Medium & Large)

(OVER)

**Friday March 22, 2024 Arena Cont.**

|   |  |  |
|---|--|--|
| <b>Open Kick (5+)</b>                     | <b>Open Lyrical Medium (11-17)</b>         | <b>Championship Lyrical Small (5-10)</b> |
| 12:50 PM 1:15 PM Lassen                   | 12:50 PM 1:19 PM Vista Murrieta            | 12:50 PM 1:23 PM Westview                |
| 1:02 PM 1:27 PM South                     | 1:02 PM 1:31 PM Redwood                    | 1:02 PM 1:35 PM Beckman                  |
| <b>Championship Kick (5+)</b>             |  |  |
| 1:14 PM 1:39 PM Sonora                    | 1:14 PM 1:43 PM Classical Academy          | 1:14 PM 1:47 PM Aptos                    |
| 1:26 PM 1:51 PM Chalmette                 |  | 1:26 PM 1:56 PM Presentation             |
| <b>Championship Military Large (15+)</b>  | <b>Championship Lyrical Medium (11-17)</b> |  |
| 1:34 PM 2:01 PM Columbia                  | 1:34 PM 2:05 PM Poway                      | 1:34 PM 2:09 PM Rancho Bernardo          |
| 1:46 PM 2:13 PM NP3                       | 1:46 PM 2:17 PM Westlake                   | 1:46 PM 2:21 PM West Ranch               |
| 1:58 PM 2:25 PM Sonora                    | 1:58 PM 2:29 PM Mission Hills              | 1:58 PM 2:33 PM Esperanza                |
| 2:10 PM 2:37 PM Chalmette                 | 2:10 PM 2:41 PM Columbia                   | 2:10 PM 2:45 PM Chino Hills              |
| 2:22 PM 2:49 PM Borah                     | 2:22 PM 2:53 PM Westview                   | 2:22 PM 2:57 PM Valencia                 |
| <b>Dance/Drill (5+)</b>                   |  |  |
| 2:34 PM 3:01 PM South                     | 2:34 PM 3:05 PM Eleanor Roosevelt          | 2:34 PM 3:09 PM Troy                     |
| 2:46 PM 3:13 PM Sonora                    | 2:46 PM 3:17 PM Chino Hills                | 2:46 PM 3:21 PM Arlington                |
| 2:58 PM 3:25 PM Channel Islands           | 2:58 PM 3:29 PM Esperanza                  | 2:58 PM 3:33 PM Santa Margarita          |
|   |  | <b>Championship Dance Large (18+)</b>    |
| 3:10 PM 3:37 PM Winslow                   | 3:10 PM 3:41 PM San Clemente               | 3:10 PM 3:45 PM Thousand Oaks            |
|   | <b>Open Dance Medium (11-17)</b>           | <b>Championship Dance Medium (11-17)</b> |
| 3:22 PM 3:49 PM Glendale                  | 3:22 PM 3:53 PM Sonora                     | 3:22 PM 3:57 PM Poway                    |
| 3:34 PM 4:01 PM NP3                       | 3:34 PM 4:05 PM Centennial                 | 3:34 PM 4:09 PM Valencia                 |
| <b>Championship Military Small (5-14)</b> |  |  |
| 3:46 PM 4:13 PM South                     | 3:46 PM 4:17 PM Borah                      | 3:46 PM 4:21 PM San Clemente             |
|   |  | <b>Open Contemporary Medium (11-17)</b>  |
| 3:58 PM 4:25 PM Channel Islands           | 3:58 PM 4:29 PM Pacifica                   | 3:58 PM 4:33 PM Downey                   |
| <b>Open Dance Large (18+)</b>             |  |  |
| 4:06 PM 4:37 PM Agoura                    |  | 4:06 PM 4:41 PM Villa Park               |

**DINNER BREAK & AWARDS @5:30 PM**

( Dance Drill; Open Dance X-Small, Medium & Large, Kick, Lyrical Medium & Contemporary Medium; Championship Dance X-Small, Medium & Large, Kick, Military Small & Large, & Lyrical Small & Medium; Super Dancer Finalist & Solo Champion Semi-finalists Annoucement)

|   |                                 |  |
|---|---------------------------------|--|
| <b>Championship Jazz Medium (11-17)</b> | <b>Open Prop (5+)</b>           | <b>Championship Dance Small (5-10)</b> |
| 5:50 PM 6:15 PM Poway                   | 5:50 PM 6:19 PM Channel Islands | 5:50 PM 6:23 PM Presentation           |
|   | <b>Open Jazz Large (18+)</b>    |  |
| 6:02 PM 6:27 PM Beckman                 | 6:02 PM 6:31 PM Vista Murrieta  | 6:02 PM 6:35 PM Aptos                  |
| 6:14 PM 6:39 PM Chalmette               | 6:14 PM 6:43 PM Downey          | 6:14 PM 6:47 PM Thousand Oaks          |
| 6:26 PM 6:51 PM Rancho Bernardo         | 6:26 PM 6:55 PM San Dimas       | 6:26 PM 6:59 PM Agoura                 |

**(OVER)**

**Friday March 22, 2024 Arena Cont.**

| <b>Open Contemporary Small (5-10)</b>            |          |                   |  |          |                 |          |          |                 |
|--|----------|-------------------|--|----------|-----------------|----------|----------|-----------------|
| 6:38 PM  | 7:03 PM  | Presentation      | 6:38 PM                                  | 7:07 PM  | Mountain House  | 6:38 PM  | 7:11 PM  | Westlake        |
| 6:50 PM  | 7:15 PM  | El Camino         | 6:50 PM                                  | 7:19 PM  | Notre Dame      | 6:50 PM  | 7:23 PM  | Mission Hills   |
| 7:02 PM  | 7:27 PM  | West Ranch        | 7:02 PM                                  | 7:31 PM  | Bishop Amat     | 7:02 PM  | 7:35 PM  | Saugus          |
| 7:14 PM  | 7:39 PM  | Alta Loma         | 7:14 PM                                  | 7:43 PM  | Riverside Poly  | 7:14 PM  | 7:47 PM  | San Clemente    |
| 7:26 PM  | 7:51 PM  | Esperanza         | 7:26 PM                                  | 7:55 PM  | Redwood         | 7:26 PM  | 7:59 PM  | Santa Margarita |
| <b>Open Lyrical Large (18+)</b>                  |          |                   |  |          |                 |          |          |                 |
| 7:38 PM  | 8:03 PM  | Chino Hills       | 7:38 PM                                  | 8:07 PM  | Hamilton        | 7:38 PM  | 8:11 PM  | Downey          |
| 7:50 PM  | 8:15 PM  | Eleanor Roosevelt | 7:50 PM                                  | 8:19 PM  | Villa Park      | 7:50 PM  | 8:23 PM  | Riverside Poly  |
| <b>Championship Lyrical Large (18+)</b>          |          |                   |  |          |                 |          |          |                 |
| 8:02 PM  | 8:27 PM  | Saugus            | 8:02 PM                                  | 8:31 PM  | Pacifica        | 8:02 PM  | 8:35 PM  | Poway           |
| <b>Championship Hip Hop Small (5-10)</b>         |          |                   |  |          |                 |          |          |                 |
| 8:14 PM  | 8:39 PM  | San Clemente      | 8:14 PM                                  | 8:43 PM  | Lynbrook        | 8:14 PM  | 8:47 PM  | Beckman         |
| <b>Championship Dance/Pom Small (5-10)</b>       |          |                   |  |          |                 |          |          |                 |
| 8:26 PM  | 8:51 PM  | Presentation      | 8:26 PM                                  | 8:55 PM  | Fountain Valley | 8:26 PM  | 8:59 PM  | Temecula Valley |
| 8:38 PM  | 9:03 PM  | Aptos             | 8:38 PM                                  | 9:07 PM  | Valencia        | 8:38 PM  | 9:11 PM  | Westlake        |
| 8:50 PM  | 9:15 PM  | Oak Ridge         | 8:50 PM                                  | 9:19 PM  | San Clemente    | 8:50 PM  | 9:23 PM  | Troy            |
| 9:02 PM  | 9:27 PM  | Poway             | 9:02 PM                                  | 9:31 PM  | Presentation    | 9:02 PM  | 9:35 PM  | Arlington       |
| <b>Championship Jazz Large (18+)</b>             |          |                   |  |          |                 |          |          |                 |
| 9:14 PM  | 9:39 PM  | La Mirada         | 9:14 PM                                  | 9:43 PM  | Aptos           | 9:14 PM  | 9:47 PM  | Agoura          |
| 9:26 PM  | 9:51 PM  | Eleanor Roosevelt | 9:26 PM                                  | 9:55 PM  | Oak Ridge       | 9:26 PM  | 9:59 PM  | Troy            |
| 9:38 PM  | 10:03 PM | West Ranch        | 9:38 PM                                  | 10:08 PM | Downey          | 9:38 PM  | 10:12 PM | San Marcos      |
| <b>Championship Novelty/Musical Theater (5+)</b> |          |                   | <b>Open Novelty/Musical Theater (5+)</b> |          |                 |          |          |                 |
| 9:50 PM  | 10:16 PM | NP3               | 9:50 PM                                  | 10:21 PM | San Dimas       | 9:50 PM  | 10:26 PM | Valencia        |
| <b>Championship Prop (5+)</b>                    |          |                   |  |          |                 |          |          |                 |
| 10:02 PM   | 10:26 PM | Presentation      | 10:02 PM                                 | 10:31 PM | Thousand Oaks   | 10:02 PM | 10:36 PM | Channel Islands |
| 10:10 PM   | 10:41 PM | San Clemente      | 10:10 PM                                 | 10:46 PM | Saugus          |          |          |                 |

**AWARDS @11:00 PM**

(Open Novelty/Musical Theater, Prop, Jazz Large, Lyrical Large & Contemporary Small; Championship Novelty/Musical Theater, Prop, All Male, Dance Small, Jazz Medium & Large, Lyrical Large & Hip Hop Small)

Share your event photos with us on Instagram - @usa.danceprogram #usadance

Thank you for choosing the United Spirit Association!

UNITED SPIRIT ASSOCIATION • 5770 Warland Drive, Ste B, Cypress, CA 90630