



# 2024 Premier Resort Camp Song/Pom Schedule

## DAY 1

9:00 am	Camp Registration begins
	<b>LUNCH IS NOT PROVIDED</b>
12:00 pm	Camp Registration Ends
12:30 pm	Arrive to main meeting area
1:00 pm	Opening Rally & Warm-ups
1:30 pm	<b>Coaches Welcome</b> NFHS Credentialing Intro Game Day Material
2:30 pm	Quarter Break Routine - Pom
3:30 pm	Performance Routine A
4:30 pm	<b>DINNER</b>
6:30 pm	Fight Song Evaluation/ Home Routine Showcase
7:30 pm	<b>Coaches Goal Setting</b> Quarter Break Routine – Hip Hop
8:30 pm	Gold Games & Spirit Awards
9:00 pm	All Camp Meeting

## DAY 2

7:00 am	<b>*BREAKFAST</b>
8:00 am	All American Routine
8:30 am	<b>Coaches Check-In/</b> Warm-Ups & Unity Routine
9:00 am	Technique
9:30 am	Performance Routine B
10:30 am	Ready, Set, Gold!
11:00 am	Staff TeamMate Time: Game Day Material Review & Coaching
11:30 am	<b>LUNCH</b>
1:00 pm	<b>Coaches Camp Assessment</b> Choose Your Challenge & Captain's Corner
2:00 pm	Performance Routine A2
3:00 pm	Performance Routine B2
4:00 pm	Team Up for St. Jude, Pin It Forward & Spirit Awards
4:30 pm	<b>DINNER</b>
6:30 pm	Free Time

## DAY 3

7:00 am	<b>*BREAKFAST</b>
8:00 am	All American Routine
8:30 am	<b>Coaches Check-In/</b> Warm-Ups & Unity Routine
9:00 am	Team Technique
9:30 am	Quarter Break Routine - Jazz
10:30 am	Performance Routine B2
11:30 am	<b>LUNCH</b>
1:00 pm	Choose Your Challenge
2:00 pm	Performance Routines A & B Review & Evaluation
3:30 pm	Staff TeamMate Time: Game Day Evaluation Demonstration & Game Day Coaching
4:30 pm	<b>DINNER</b>
6:30 pm	Go For Gold Rally & Spirit Awards
7:00 pm	USA Dance Party
7:30 pm	Free Time

## DAY 4

7:00 am	<b>*BREAKFAST</b>
8:30 am	<b>Coaches Wrap-up</b> Warm-Ups & Unity Routine
9:00 am	Staff TeamMate Time: Game Day Coaching
9:30 am	Game Day Evaluation
10:30 am	All-American Audition
11:30 am	TeamMaker, Senior Spotlight & Pin it Forward
12:00 pm	Closing Rally & Final Awards
Friends and family are invited to camp on Day 4 beginning at 9:30 am	
Day 4 will end at approximately 12:30 pm depending on the camp size	
Class times and offerings may vary by camp location	
<b>*BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your State Director to inquire about a specific location.</b>	