



# 2024 Elite Camp Song/Pom Schedule

## DAY 1

9:00am	Camp registration begins
	<b>LUNCH IS NOT PROVIDED</b>
12:00pm	Camp registration ends
12:30pm	Arrive to main meeting area
1:00pm	Opening Rally & Warm Ups
1:30pm	<b>Coaches Welcome</b> NFHS Credentialing Intro & Game Day Material
2:30pm	Team Routine
3:30pm	Pom Quarter Break Routine
4:30pm	<b>DINNER</b>
6:30pm	Fight Song Evaluation/ Home Routine Showcase
7:30pm	<b>Coaches Goal Setting</b> Performance Routine A
8:30pm	Gold Games & Spirit Awards
9:00pm	All Camp Meeting

## DAY 2

7:00am	<b>*BREAKFAST</b>
8:00am	All American Routine
8:30am	<b>Coaches Check-In/</b> Warm-Ups & Unity Routine
9:00am	Team Routine Session 2
9:45am	Ready, Set, GOLD!
10:30am	Staff TeamMate Time: Game Day Evaluation Demonstration & Game Day Coaching
11:30am	<b>LUNCH</b>
1:00pm	<b>Coaches Camp Assessment</b> Choose Your Challenge
2:00pm	Performance Routine B
3:00pm	Performance Routine A2
4:00pm	Hip Hop Quarter Break Routine
4:15pm	Team Up for St. Jude, Pin It Forward, Spirit Awards
	<b>DINNER</b>
6:30pm	Free Time

## DAY 3

7:00am	<b>*BREAKFAST</b>
8:00am	All American Routine
8:30am	<b>Coaches Check-In/</b> Warm-Ups & Unity Routine
9:00am	Team Technique
10:00am	Performance Routine B2
11:00am	Team Routine Session 3
11:30am	<b>LUNCH</b>
1:00pm	Choose Your Challenge & Captain's Corner
2:00pm	Jazz Quarter Break Routine
3:00pm	Performance Routine A & B Review & Evaluations
4:00pm	All American Audition Dance Star Prelims
4:30pm	<b>DINNER</b>
6:30pm	Go For Gold Rally & Spirit Awards
7:30pm	USA Dance Party
8:00pm	Free Time

## DAY 4

7:00am	<b>*BREAKFAST</b>
8:30am	<b>Coaches Wrap Up</b> Warm-Ups & Unity Routine
9:00am	Technique
9:30am	Team Routine Evaluation
10:30am	Dance Star Prep
10:45am	Dance Star Finals
11:30am	TeamMaker, Senior Spotlight & Pin It Forward
12:00pm	Closing Rally & Final Awards
	<b>LUNCH IS NOT PROVIDED</b>
	Friends and family are invited to camp on Day 4 beginning at 9:30 am.
	Day 4 will end at approximately 12:30 pm depending on the camp size.
	Class times and offerings may vary by camp location.
	<b>*BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your State Director to inquire about a specific location.</b>