



# 2024 Camp of Champs – Song/Pom

NFHS KEY: C-Crowd Leader B-Ambassador R- Spirit Raiser S-Safety A-Athlete E-Entertainer L-Leadership

## DAY 1

9:00am	Camp registration begins
	<b>LUNCH IS NOT PROVIDED</b>
12:00pm	Camp registration ends
12:30pm	Arrive to main meeting area
1:00pm	Staff Show Off & Red Carpet & Warm Ups
1:30pm	<b>Coaches Welcome &amp; Consultation</b> Pom Quarter Break Routine
2:30pm	Friday Night Lights Team Routine
4:00pm	Staff TeamMate Time: Friday Night Lights Coaching Team Routine Session 1
4:30pm	<b>DINNER</b>
6:30pm	Fight Song Evaluation/ Home Routine Showcase
7:30pm	<b>Coaches Goal Setting</b> Performance Routine A
8:30pm	Gold Games & Spirit Awards
9:00pm	All Camp Meeting

## DAY 2

7:00am	<b>*BREAKFAST</b>
8:00am	All American Routine
8:30am	<b>Coaches Check-In/</b> Warm-Ups & Technique
9:00am	Hip Hop Quarter Break Routine
10:00am	Performance Routine B
11:00am	Staff TeamMate Time: Friday Night Lights Coaching Team Routine Session 2
11:30am	<b>LUNCH</b>
12:45pm	Master Class with Guest Choreographer
2:15pm	Game Day Class & Game Day Evaluation Demonstration
3:15pm	Performance Routine A2
4:15pm	Team Up for St. Jude, Pin It Forward, Spirit Awards
4:30pm	<b>DINNER</b>
6:30pm	Free Time <b>Coaches Camp Assessment</b>

## DAY 3

7:00am	<b>*BREAKFAST</b>
8:00am	All American Routine
8:30am	<b>Coaches Check-In/</b> Warm-Ups & Technique
9:30am	Jazz Quarter Break Routine
10:30am	Performance Routine B2
11:30am	<b>LUNCH</b>
1:15pm	Game Day Evaluation
2:15pm	Choose Your Challenge
3:15pm	Staff TeamMate Time: Friday Night Lights Coaching Team Routine Session 3
3:45pm	Dance Showstopper Prelims All American Tryouts
4:45pm	<b>DINNER</b>
6:30pm	Class Competition & Spirit Awards
7:30pm	USA Dance Party
8:00pm	Free Time

## DAY 4

7:00am	<b>*BREAKFAST</b>
8:30am	<b>Coaches Wrap Up</b> Warm-Ups & Review
9:00am	Staff TeamMate Time: Friday Night Lights Coaching
9:30am	Friday Night Lights Showdown
10:30am	Dance Showstopper Coaching
10:45am	Dance Showstopper Final Showdown
11:30am	Senior Spotlight & Pin It Forward
12:00pm	Show n' Tell & Final Awards
	<b>LUNCH IS NOT PROVIDED</b>
	Friends and family are invited to camp on Day 4 beginning at 9:15 am.
	Day 4 will end at approximately 12:30 pm depending on the camp size.
	Class times and offerings may vary by camp location.
	<b>*BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your State Director to inquire about a specific location.</b>