



# 2024 Showtime Dance Camp

NFHS KEY: C-Crowd Leader B-Ambassador R- Spirit Raiser S-Safety A-Athlete E-Entertainer L-Leadership

## DAY 1

- 9:00am Camp registration begins  
**LUNCH IS NOT PROVIDED**
- 12:00pm Camp registration ends
- 12:30pm Arrive to main meeting area
- 1:00pm Staff Show Off & Red Carpet & Warm-Ups
- 1:30pm **Coaches Welcome & Consultation**  
Pom Quarter Break Routine
- 2:30pm Friday Night Lights Team Routine
- 4:00pm Staff TeamMate Time:  
Friday Night Lights Coaching  
Team Routine Session 1
- 4:30pm **DINNER**
- 6:30pm Fight Song Evaluation/  
Home Routine Showcase
- 7:30pm **Coaches Goal Setting**  
Performance Routine A
- 8:30pm Gold Games & Spirit Awards
- 9:00pm All Camp Meeting

## DAY 2

- 7:00am **\*BREAKFAST**
- 8:00am All American Routine
- 8:30am **Coaches Check-In/  
USA Legacy Speaker**  
Warm-Ups & Technique
- 9:00am Hip Hop Quarter Break Routine
- 10:00am Performance Routine B
- 11:00am Staff TeamMate Time:  
Friday Night Lights Coaching  
Team Routine Session 2
- 11:30am **LUNCH**
- 12:45pm Master Class with Guest  
Choreographer
- 2:15pm Game Day Class & Game Day  
Evaluation Demonstration
- 3:15pm Performance Routine A2
- 4:15pm Team Up for St. Jude, Pin It  
Forward, Spirit Awards
- 4:30pm **DINNER**
- 6:30pm Free Time  
**Coaches Camp Assessment**

## DAY 3

- 7:00am **\*BREAKFAST**
- 8:00am All American Routine
- 8:30am **Coaches Check-In/  
USA Legacy Speaker**  
Warm-Ups & Technique
- 9:30am Jazz Quarter Break Routine
- 10:30am Performance Routine B2
- 11:30am **LUNCH**
- 1:15pm Game Day Evaluation
- 2:15pm Choose Your Challenge
- 3:15pm Staff TeamMate Time:  
Friday Night Lights Coaching  
Team Routine Session 3
- 3:45pm Dance Showstopper Prelims  
All American Tryouts
- 4:45pm **DINNER**
- 6:30pm Class Competition & Spirit Awards
- 7:30pm USA Dance Party
- 8:00pm Free Time

## DAY 4

- 7:00am **\*BREAKFAST**
- 8:30am **Coaches Wrap Up**  
Warm-Ups & Review
- 9:00am Staff TeamMate Time:  
Friday Night Lights Coaching
- 9:30am Friday Night Lights Showdown
- 10:30am Dance Showstopper Coaching
- 10:45am Dance Showstopper Final  
Showdown
- 11:30am Senior Spotlight & Pin It  
Forward
- 12:00pm Show n' Tell & Final Awards  
**LUNCH IS NOT PROVIDED**

Friends and family are invited to camp on Day 4 beginning at 9:15 am.

Day 4 will end at approximately 12:30 pm depending on the camp size.

Class times and offerings may vary by camp location.

**\*BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your State Director to inquire about a specific location.**