2024 Dance+ Plus Team Camp

NFHS KEY: C-Crowd Leader B-Ambassador R- Spirit Raiser S-Safety A-Athlete E-Entertainer L-Leadership

DAY 1

9:00am	Camp Registration begins
	LUNCH IS NOT PROVIDED
12:00pm	Camp Registration Ends
12:30pm	Arrive to main meeting area Preview of A routines
1:00pm	**Director/Coaches Meeting** Opening Ceremonies & Warm-ups Warm-Ups & Conditioning Go for Gold Dance
2:00pm	USA Camp Dance
3:00pm	Choreography To Go: Team Routine 1
4:30pm	Drill Downs
5:00pm	**DINNER**
6:30pm	Showtime USA Home Routine Showcase
7:00pm	Performance Routine A
8:15pm	Camp Dance Review
8:45pm	Unity Workshop & Games Preview of B routines
	All Camp Meeting

DAY 2

7:00am	***BREAKFAST**
8:00am	All American Dance
8:30am	Warm-Ups & Conditioning USA Camp Dance Review
9:00am	**Director/Coaches Schedule Review** Team Technique
10:00am	Performance Routine B
11:15am	Quarter Break Routines
12:00pm	**LUNCH**
1:00pm	Officers/Captains Class
1:30pm	Performance Routine A2
2:30pm	**Director/Coaches Meeting** Choreography To Go:Team Routine 2
3:30pm	Choose Your Challenge
4:30pm	Team Building & Pin It Forward
5:00pm	**DINNER**
	Free Time at Resort / Fun Night in Knotts Berry Farm Park

DAY 3

7:00am	***BREAKFAST**
8:00am	All American Dance
8:30am	Warm-Ups & Conditioning USA Camp Dance Review
9:00am	Technique
10:00am	Performance Routine B2
11:00am	**Director/Coaches Schedule Review** Choreography To Go:Team Routine 3
12:00pm	**LUNCH**
1:00pm	Officers/Captain Class
1:30pm	**Director/Coaches Meeting** Performance Routine A3
2:30pm	All American Audition
3:30pm	Master Class Guest Choreographer
5:00pm	**DINNER**
6:30pm	Performance Routine A Evaluation
7:30pm	TeamMaker Unity Workshop & Goals Setting
8:00pm	Team Night! Team Building & Pin It Forward

DAY 4

7:00am	***BREAKFAST**
8:30am	Warm-Ups & Conditioning USA Camp Dance Review
9:00am	**Director/Coaches Meeting** Performance Routine B3
10:00am	Performance Routine B Showcase
10:30am	Choreography To Go:Team Routine Evaluation
11:30am	Friendship Boot Vote Final Drill Down All American Finalists Supersensational Finals ***Closing Awards Ceremony**

Friends and family are invited to camp on Day 4 beginning at 10:00 am.

Day 4 will end at approximately 12:00 pm depending on the camp size.

Class times and offerings may vary by camp location.

***BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your State Director to inquire about a specific location.**